



UWCM

University Women’s Club of Montreal

AUGUST 2024



Canadian Federation of University Women Annual General Meeting 2024 attendees in Edmonton. Circled in red are Leah Trineer, UWCM past president (back row) and Linda Sestock, the new CFUW President, past Lakeshore Club president, and former Quebec Council president. (UWCM president Emma Major was not pictured.)

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FROM THE PRESIDENT

Message from Emma Major

I hope everyone has enjoyed the summer break and found time for some well-deserved rest and inspiration. In July, I had the privilege of attending the CFUW Edmonton AGM. The conference was an incredible experience filled with powerful and inspiring speakers. The conference featured keynote addresses from experts like Dr. Patricia Makokis and Dr. Janice Makokis, who both offered profound insights into Indigenous knowledge and leadership. Workshops by the John Humphrey Centre for Peace and Human Rights, and talks by industry leaders like Jake Stika and Puneeta McBryan highlighted crucial issues ranging from human rights to gender equality in business. The closing keynote by Kathryn LeBlanc was another standout, leaving us all motivated to drive positive change in our communities. I encourage you to look up these amazing people and discover their stories.

The conference was not only educational but also an invaluable networking opportunity. On behalf of the UWCM, I engaged in discussions with representatives from various CFUW clubs across Canada, exploring potential collaborations and ways to strengthen our community initiatives. The networking lunch and informal interactions during breaks allowed for the exchange of ideas, resources, and best practices that I look forward to implementing within our club.

As we head into fall, I'm excited to bring these insights and connections back to UWCM. Our shared commitment to advocacy and leadership remains strong, and I look forward to working together as we launch into a new season of programming and events. Stay tuned for what's coming next!



A day at the
CFUW AGM.

*Photo credit:
Emma Major*

2024-2025 BOARD OF DIRECTORS

The 2024 Nominating Committee included Donna Jensen, Barbara Lewis and Sheila Mohammed.

President	Emma Major
Vice-President	vacant
Treasurer	Adèle Hébert
Secretary	Margarita Schultz (NEW)
Membership	Hannah Trineer-Roberts
Interest-Group Coordinator	Olga Shevchenko
Programme, Past President	Leah Trineer
Dinner Coordinator	Sheila Mohammed
Newsletter	Lorraine O'Donnell (NEW)
Communications	Dianne Theoret-Major
Members at large	Veronica de la Colina
	Barbara Lewis (NEW)
	Pilar Shephard-Cumming (NEW)
	Lynn Travers (NEW)

2024-2025 FOUNDATION TRUSTEES

Maya Bergeron-Métivier

(NEW)

Rahila Bootwala

(NEW)

Andrea de Gosztanyi

Donna Jensen

Zofia Laubitz

Leah Trineer



Click the button to donate! The Foundation accepts donations all year long.

CLUB DINNERS

Next Dinner - **September 18**

Reconnect with fellow members!

Our dinners generally take place on the third Wednesday of each month at [La Classe](#) restaurant, 2000 St. Catherine Street West. Doors open around 6:00 p.m. Each dinner features a special guest who gives a talk on a subject of interest to members. Price: \$30 each – CASH ONLY.

The La Classe website has this to say:

Carefully prepared by students of [LaSalle College's International School of Hotel Management and Tourism](#), under the supervision of a team of dedicated teachers, this bold mixture of haute cuisine and creative culinary techniques amazes guests by its authenticity and very affordable prices.

The next club dinner is **September 18**. Watch for the menu and other details!

For information, contact Sheila Mohammed.



Members enjoying a monthly dinner at La Classe.

Photos courtesy of Olga Shevchenko

SPECIAL OUTING: WINE TOUR, SEPT. 13

Ten members are now signed up! Will you join them?

Convener: Carly Pepler

Below is a message from Carly:

To all members -

Ten of us are planning to go on a wine tour of the Lac Brome area from 12:30 to 17:30 on Friday, **September 13**. The package includes minibus transport from and return to Knowlton, historical commentary on the bus, visits to 4 vineyards around Lac Brome, information or discussion sessions with owners and/or vintners, and wine tasting of 3 wines with snacks at each stop. The price is \$150. Vineyards normally charge \$20-\$30 per tasting (just for comparison, a 3-hour wine tour from Quebec City to Île d'Orléans is \$125). It is likely we will plan to have a meal in a restaurant in Knowlton at the end of the day.

If you are interested, please let Carly know.

What could be luckier than an outing on Friday the 13th!

Brome Lake Vineyard Tour

Sugar Hill Vineyard

Belle Alliance Vineyard

Domaine Val Brome

Vignoble Léon Courville

Treat yourself to a guided tour of wine tasting from four Knowlton vineyards and brush up on local history!

Included is outstanding scenery, your bus transportation, our very own tour guide, 3 wines per vineyard to sample, a gourmet snack, a water bottle and your own wine glass charm! \$150/person

Dates available in 2024: May 24, June 21, July 19, August 16, September 13 and Oct 11 or by appointment for groups of 10 or more.

Call to book 450-243-6000

INTEREST GROUPS

We encourage anyone interested in creating or inspiring an interest group to do so. Want to join an existing interest group, start a new one, or learn more? Email with your name and contact information.

Book Club Buddies

- Each member selects a book to recommend to the group on a rotational basis.
- The group meets on the third Monday of the month from 4:00 to 5:30 in the Club Room at the Atwater Library.
- Next meeting: **September 16**.
- The current group is full. The convenor, Tanya Fitzpatrick, is starting a waiting list for a second group.
- For information, contact Tanya.



Coffee Klatch

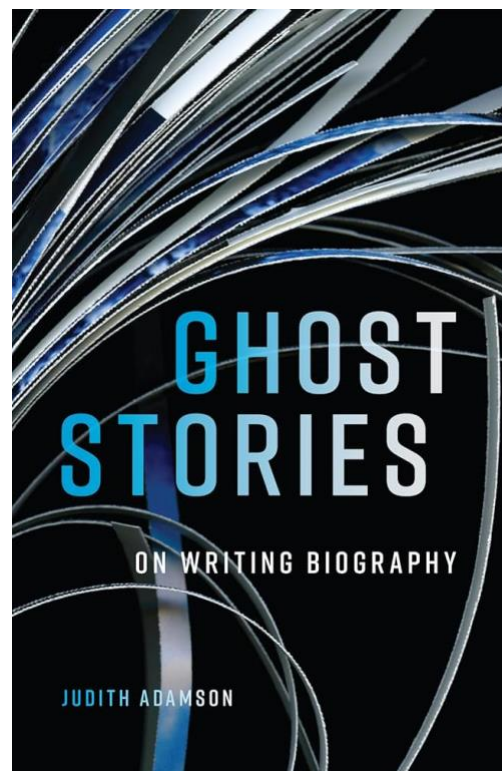
- This group meets on the second Friday morning of the month, anytime between 7:30 and 9:30 a.m. at Avenue G coffee shop on Greene Avenue (just south of Sherbrooke). Next meeting: **September 13**.
- For information: Leah Trineer.



INTEREST GROUPS (cont' d)

Library Lectures & Lunch

- This is different from other interest groups in that the organizer, Carly Pepler, has no list of participants, but she keeps our members aware of upcoming Atwater Library lectures.
- **The Atwater Library lecture series for September has been launched!** Here are the first two:
 - Thursday, **September 5**, from 12:30 to 1:30 pm, in person and by zoom: A LITERARY BIOGRAPHER'S MEMOIR – Montreal writer Judith Adamson discusses her new book [Ghost Stories: On Writing Biography](#) and shares stories about literary luminaries of the 20th century. To register and get the Zoom link, click [here](#).
 - Thursday, **September 12**, from 12:30 to 1:30 pm, in person and by zoom: PARIS CAFÉ CULTURE – Writer and part-time Parisian Lisa Pasold discusses the extraordinary, creative, revolutionary cafés of Paris. She will talk about how the café has inspired urban life and the work of leading thinkers and writers such as Diderot, Robespierre, George Sand and Mavis Gallant. To REGISTER and get the Zoom link, click [here](#).
 - To see the full series, click [here](#).
- **Carly provides lunch** for \$5 to interested Club participants following the lectures. Please let her know if you are planning to come.
- For more information: Carly Pepler.



Outdoor Ladies

- Convenor Zofia Laubitz comes up with a variety of fun activities around town. **There are none currently scheduled.**
- To join or for information, contact [Zofia_Laubitz](#).

INTEREST GROUPS (cont' d)

Museum Jaunters

- This group has guided tours with local museums.
- The most recent visit was to the [Bellefeuille Gallery](#) on July 25. Interest group co-convenor Pilar reports: "it was a great visit, we toured the gallery, and we had a guide, the curator who was fantastic explaining the collection. We were 8 people and after that we had lunch at an Iranian restaurant." She mentioned that they forgot to take pictures, no doubt because they were so busy enjoying themselves!



- The next visit takes place **September 5**. Adèle writes, "The gallery we are visiting is the Cosner Art Gallery, part of the Ritz Carlton Hotel, at 1260 Sherbrooke West. This tour of the Cosner Gallery will be presenting works by Quebec and Canadian Artists from private collections. A guide will explain the collection and answer questions. For those who would like to have lunch afterward, the University Club is close by; please let me know if you would like to join us for lunch after the viewing. Places are limited, so confirm as quickly as possible, to me or to Pilar."
- For information, contact the co-convenors: Adèle Hébert and Pilar Shephard-Cumming.

Women's Issues

- This group meets to discuss women's issues over dinner, generally on the last Thursday of the month.
- Next meeting: Thursday, **August 29** at the McGill University Faculty Club. Olga writes: "We are meeting at 6:00 pm for a cocktail, and around 6:45, we will go upstairs to the dining room. So, you may join us at any time convenient for you. And, please, don't forget that you may park at the back of the Faculty Club building for \$15. If you need more information about the parking, please let me know."
- For more information: Olga Shevchenko.

FROM OUR NETWORK



Canadian Federation of University Women
(CFUW)

Item 1: CFUW AGM

The CFUW annual general meeting took place on July 22-24 in Edmonton. Emma Major, President, and Leah Trineer, Past President, represented our Club. For an insider's view, see Emma's report on page 1.



CFUW Incoming Board

Left to right: Sheila Service, Linda Sestock, Karen Dunnett, Grace Hollett,
Barbara Gustafson, Susan Lane, Heather Oxman, Sandra Shaw
Not pictured: Anne Cordon

Photo courtesy of CFUW

FROM OUR NETWORK – CFUW News, cont'd

Item 2: Assembly in Ottawa – September 21st



CFUW is inviting all women to unite in peace by supporting our World Peace Day Assembly on Parliament Hill in Ottawa.

Even if you cannot be present in Ottawa, you can show your support by contributing a personal panel for peace. Your Pieces4Peace panel will be part of our display on the Hill.

Details for our International Day of Peace Assembly:

Our PEACE Assembly will start at 12:00 pm on **September 21st** at Parliament Hill in Ottawa. Peace panels will be displayed during the assembly.

Note from the editor: our last two newsletters featured information about the Pieces for Peace activity. For information on the Assembly and Pieces for Peace, click [here](#).

Image credit: [festivio](#) from [Pixabay](#).

FROM OUR NETWORK – CFUW News, cont'd

Item 3: Call for Participants

The August 16, 2024 *Club Action Newsletter* put out a call for action:

As you may have seen in the Club Action News and on our social-media platforms, it is that time of year when we are asking for an expression of interest from club members, from across Canada, to join a CFUW National Committee.

CFUW National needs your skills, knowledge and experience. Whether you are a new or experienced member, please consider applying for a position on one of our committees.

Let us know if you have a special skill that could be used to help CFUW nationally.

Are you a graphic artist, a lawyer who enjoys bylaws, an expert in education or Indigenous matters? Or are you someone who is passionate about a subject and willing to share your expertise with like-minded women?

Together, we can do great things.

*Linda Sestock
National President, CFUW
Présidente nationale, FCFDU*

Expression of Interest forms are to be sent to the executive director before the deadline of **September 6**. For information on CFUW committees, go to the Federation [home page](#) and click on "Committees" on the upper-right-hand menu.

Subscribe to the *Club Action* newsletter [here](#).



Infographic and citation from the CFUW Club Action Newsletter

FROM OUR NETWORK, cont'd



Graduate Women International (GWI) News

GWI at the UNHRC

From the GWI *Update Newsletter* of July 17:

Between 18 June and 12 July, GWI attended and participated in the HRC56 (editor's note: 56th session of the Human Rights Council). After celebrating its 105th anniversary on 11 July, this Special Edition of the GWI Update Newsletter serves as a reminder and a celebration of GWI's 77 years of active participation and collaboration within the UN since receiving special consultative status with the ECOSOC in 1947. This Special Edition highlights some of the key events and final resolutions of HRC56, which support GWI's advocacy work to advance the status of women and girls through safe access to quality, lifelong education and learning.

To read about GWI's actions at the UN, see its July 17 newsletter [here](#). To read about HRC56, click [here](#).

Upcoming world dates and events

GWI posted these upcoming dates and events in their recent newsletters:

- 31 August- Swiss National Federation Centenary, Bern, Switzerland
- 08 September- International Literacy Day
- 10 - 13 Sept 2025- GWI 35th General Assembly and Conference, Location: TBD



Subscribe to the GWI *Update Newsletter* [here](#).

FROM OUR NETWORK, cont'd



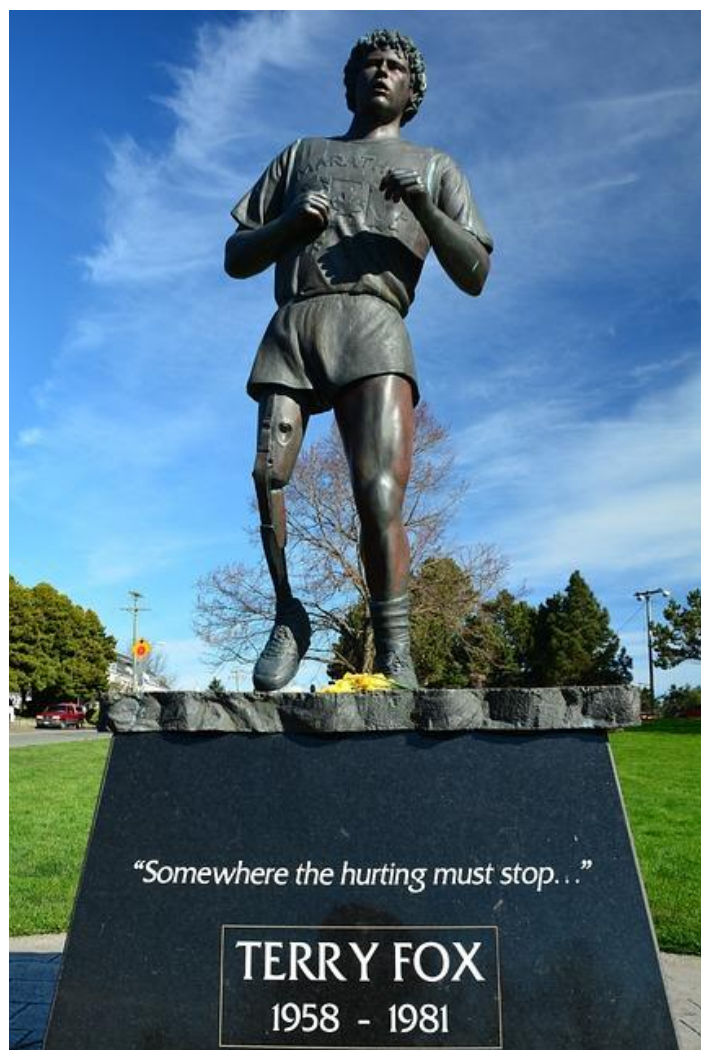
Montreal Council of Women (MCW)

Terry Fox Run - September 15

MCW is organizing a group to attend the Terry Fox Run to support cancer research. Details:

- The group is called MCW's Marvellous Mavens
- The Terry Fox Run is on September 15.
- Registration starts at 9:30am at the TMR Recreation Centre, 60 Roosevelt Ave.
- Information on the run is [here](#).
- To support or join the MCW group click [here](#).

Image credit: Jondolar Schnurr from Pixabay



FROM OUR NETWORK, cont'd



National Council of Women of Canada (NCWC)

The National Council of Women of Canada (NCWC) held its 131st Annual General Meeting on June 1. Highlights:

Board

- The NCWC announced its new Board of Directors for 2024-2025 that includes **Penny Rankin**, Past President of the Montreal Council of Women, and now V-P Communications, Heritage, Children & Youth.

Resolutions

- The NCWC membership has voted and approved the following Resolutions:
 - Human Trafficking for Sexual Purposes
 - Femicide as a Distinct Article in the Criminal Code of Canada
 - Refrigerants and Climate Change
 - Read the new approved Resolutions by clicking [link](#) that downloads a MS Word document to your computer.

Sign up for the NCWC newsletter [here](#).

BIRTHDAYS!



Image by [pepperlola](#) from [Pixabay](#)

CLUB CALENDAR

August

SUN	MON	TUE	WED	THU	FRI	SAT
				01	02	03
04	05	06	07	08	09 Coffee Klatch	10
11	12	13	14	15	16	17
18	19 Book Club	20	21 Board Meeting	22	23	24
25	26	27	28	29 Women's Issues	30	30

September

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04 Board Meeting	05 Museum Jaunters: Cosner Gallery Library Lecture & Lunch	06 CFUW committee expression of interest deadline	07
08	09	10	11	12 Library Lecture & Lunch	13 Coffee Klatch Wine tour	14
15 MCW at the Terry Fox Run	16 Book Club	17	18 Club Dinner	19	20	21 CFUW Peace Assembly
22	23	24	25	26 Women's Issues	27	28
29	30	30				

The UWCM meeting room

Atwater Library
Club Room #7
1200 Atwater Ave.,
Westmount, QC
H3Z 1X4

**Click on these icons
to stay in touch!**



Newsletter production

Editor: Lorraine O'Donnell

Copy editor: Donna Jensen

Hope you had a great summer!



Photo credit: [Sean Oulashin](#) on [Unsplash](#)