



UWCM NEWSLETTER

April | 2024



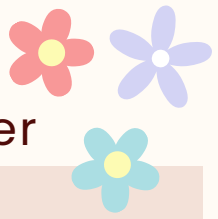
*Click on
these
icons!*



**THE UWCM
MEETING
ROOM**
Atwater Library
Club Room #7
1200 Atwater Ave.,
Westmount,
Québec H3Z 1X4

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PRESIDENT'S GREETINGS

Leah Trineer

Happy Spring!! Happy Earth Day!!

While the warm days are not quite here yet, there are so many signs that winter is over and we can begin to look forward to the nice weather ahead. April started out as it usually does, with a heavy wet snow on the 4th; three days later you would never know that it had snowed and the day after that we were able to sit on the ground to watch the **first eclipse to be seen in Montreal since 1932**. I do hope that you were all able to get a pair of eclipse glasses and find a spot to take it experience it. And what an amazing experience it was!! Not one that we will forget about anytime soon and one that we will forever remember where we were and who we were with. For those of us who are anxiously looking forward to getting back out on the golf course, this past weekend was the Masters' Golf Tournament, televised from Augusta, Georgia. To a golfer, this tournament is an indication that the start of the season is just around the corner.

Within the last week, you received an e-mail from me encouraging you to join me at the up-coming semi-annual meeting of the **Provincial Council** of the six CFUW clubs in Quebec on **April 27th**. Please look up this e-mail and consider attending. The meeting is being hosted by our sister club in the West Island, MLUWC, and they are looking forward to welcoming you. Whether you have been a member for a long time or only a year or two, coming together at this collective meeting will allow you the opportunity to meet so many wonderful members and hear about so many things that are going on in our clubs. The location and hosting responsibility of these meetings rotates between the six clubs and in October, it will be our turn. The last time we hosted was about six years ago; our last "turn" took place during COVID and had to be done entirely on ZOOM. I will be asking for volunteers to help with the planning and set-up in October and it would be helpful if some of you, who might be interested in helping, were able to attend this meeting and see how the day is organized.

April also brings us **Earth Day!!** A time to reflect on how each of us can make even small changes in our daily lives in the on-going goal to reduce, reuse, and recycle. It doesn't matter if it is the amount of water that we might waste while brushing our teeth, the amount of plastic that we use and how we can reduce or eliminate it, making sure that we compost and keep food waste out of our landfill sites, every little change we can make in our daily lives will makes a difference. With that in mind, I want to draw your attention to our guest speaker this month, **Lisa Mintz**, who will be speaking about **La Falaise**. We are all familiar with this escarpment that runs parallel to highway 20 but it has a fascinating history and a bright and exciting future; do plan to come. There is more about Lisa further in this Newsletter.

We also had the wonderful news during this past week that our fundraising tickets for the **Tribute to John Williams concert has SOLD OUT!!!!!!** Congratulations to the Foundation Committee and a huge thank-you to all the people who purchased tickets!!

May is our **Annual General Meeting** and our Nominating Committee has been busy filling the positions of the board members who are completing their term. I have been privileged to serve on the Board with such a dedicated group of members; some have been members for many years while others have only been a member for two or three years. For those of you who are relatively new to UWCM, you will find that serving on the Board is a great way to be involved while making new friendships. UWCM is a volunteer-based organization, with the continued support and involvement of our membership, there is no limit to what we can achieve.



DINNER AT LA CLASSE - APRIL

La Classe, April 24th at 6:30 pm

For reservations, please be in touch with Sheila Mohammed.

NOTE! You must make your reservation.

email



Dinner Meeting Dates:

- May 15th, 2024
- June 19th, 2024

APRIL MENU

ENTRÉE

1. MINISTRONE ALLA EMILIANA (GRISSINI)
2. GRAYLAX - ASSORTED PICKLED VEGETABLES, HORSE RADISH AND MASCARPONE CREAM, DILL GEL, SQUID INK TUILE
3. PAYSANNE SALADE POACHED EGG, LARDON, MIMOSA VINAIGRETTE

MAIN

1. BEEF BOURGUIGNON - SPATZLE, ROASTED CARROTS, PEARL ONIONS, MUSHROOMS, AND BACON
2. SNOW CRAB RAVIOLI NERO - SQUID INK RAVIOLI, HERBS, AND BLACK GARLIC
3. SALMON ROULADE - WHITEFISH MOUSSELINE, SUNCHOKE PUREE, GLAZED VEGETABLES AND RAPINI

DESSERT

1. CHOCOLATE VERRINE
2. LEMON AND RASPBERRY TARTELETTE KUMQUAT MARMALADE

APRIL 24TH AT 6:30PM.

PLEASE BRING CASH TO PAY FOR YOUR DINNER (\$30 TAX INCLUDED) WINE AND LIQUOR AVAILABLE BY DEBIT/CREDIT. FREE PARKING - FORT ENTRANCE ON P3 AVAILABLE. UPON EXIT, PRESS THE ASSISTANCE BUTTON AND SAY YOU HAD DINNER AT LA CLASSE

Reminders:

- Please bring cash to pay for your dinner (\$30 tax included)
- Wine and liquor at the bar with debit/ credit available.
- Special coffees cost extra.
- Parking is available under the LaSalle College, the entrance is on Fort Street. Parking is free and should be done on level P3. When you exit, notify the attendant by using the button indicated for assistance and mention that you were eating at La Classe.

DINNER AT LA CLASSE - APRIL SPEAKER

Lisa Mintz, Executive Director of urbaNature Education.



Lisa Mintz is an environmentalist, fundraiser, and community organizer. For approximately 10 years, she has played a significant role in saving green-spaces in Montreal. She is a founding member of Sauron's l'Anse a l'Orme which has succeeded in creating the largest municipal park in Canada, the Grand Parc de l'Ouest, in the West Island. She served many years in saving the Technoparc Saint Laurent wetlands and will be coming to speak to us about the important work being done with La Falaise Saint-Jacques .



 Dimanche Le 28 avril/ Sunday April 28, 2024 9:00- 12:00

 Quilles G Plus, 6510 Rue St-Jacques, Montréal, QC H4B 1T6, Canada

Rejoignez-nous à la Falaise St Jacques le 28 avril pour le Défi Nature Urbaine ! Nous cataloguerons la faune et la flore à l'aide de l'application iNaturalist ; aucune expérience n'est nécessaire, tout le monde peut venir profiter du plein air et participer à la science citoyenne ! Les photos que vous téléchargez peuvent être utilisées par les scientifiques qui cherchent à mieux protéger la faune et la flore.

Join us in the Falaise St Jacques on April 28 for the City Nature Challenge! We'll be cataloguing wildlife using the iNaturalist app; no experience necessary, everyone can come enjoy the outdoors and participate in citizen science! The photos you upload can be used by scientists researching how to better protect wildlife.

 **INSCRIVEZ-VOUS EN LIGNE / SIGN UP ONLINE**

DINNER AT LA CLASSE - MAY AGM

Save the date for our
UWCM Annual
General Meeting
May 15th

All proceeds from the
door prizes go towards
the UWCM Foundation.

See page 9 for the
CFUW resolutions we
are voting on.

INTEREST GROUPS



Each interest group that is active and would like to be included in the monthly newsletter must send their update to Emma Major by the last weekend of each month to be included in the proceeding month.

We encourage anyone interested in creating or inspiring an interest group to do so.

COFFEE KLATCH

This group **meets on the second Friday morning of the month, anytime between 7:30 and 9:30 A.M. at the Avenue G coffee shop** on Greene Avenue (just south of Sherbrooke).

OUTDOOR LADIES

Weather permitting, the next outing will be on **Sunday, April 28**, with a visit to Parc René-Lévesque in Lachine.

Be sure to email Zofia to be added to the email list if you are not on it already or if you require more information.

BOOK CLUB BUDDIES

The group meets on **the third Monday of the month between 3:30 and 5:30 in the Club Room at the Atwater Library.**

The next meeting is **May 13th.**

Each member selects a book to recommend to the group on a rotational basis. Currently, the group is full. If this is of interest in a second Book Club please let us know.

Although this group is full, if there is enough interest in forming another one please contact Olga Shevchenko

INTEREST GROUPS



WOMEN'S ISSUES GROUP

The next meeting of the Women's Issues interest group (dinner) will be held at the McGill Faculty Club.

April 25th, Thursday, at 6 pm at the Faculty Club.

Please contact Olga Shevchenko to RSVP

YOU CAN STILL SIGN UP FOR THEM BY EMAILING UWCMTL@GMAIL.COM WITH YOUR NAME AND CONTACT INFORMATION.

THE SUBJECT LINE IS THE CLUB YOU WOULD LIKE TO JOIN.

PLEASE LET US KNOW IF THERE ARE ANY GROUPS THAT ARE NOT LISTED.



INTEREST GROUPS

ATWATER LIBRARY LECTURES AND LUNCH



The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. These events usually take place on Thursdays (but sometimes other days), from 12:30 to 1:30 pm. Located in room 7 after the lecture.

Below is a list of Atwater Library events scheduled for the next month or so. Click [HERE](#) for the whole list of this season's upcoming events.

A reminder that lunch will be served in the Clubroom for \$5. Please let Carly know if you plan to attend.

Thursday, April 25, 2024 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: EATING CONFUSION – [Dr. Joe Schwarcz](#), the popular author and Director of McGill University's Office for Science and Society, tackles the question "Eating: Is there a solution to the confusion?"

To REGISTER and get the Zoom link, click [here](#).

Thursday, May 2, 2024 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: FOOD in LITERATURE – [Nathalie Cooke](#) gives an illustrated presentation on [Canadian Literary Fare](#), the delicious 2023 book she co-wrote exploring "food voices in a wide range of Canadian fiction, drama, and poetry."

To REGISTER and get the Zoom link, click [here](#).

Thursday, May 9, 2024 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: WOMEN-LED CHARITIES IN MONTREAL – Historian Janice Harvey discusses her new book [Their Benevolent Design](#) celebrating "the remarkable ingenuity and independence of a group of Canadian women in shaping social aid and improving the grim realities of child poverty. (publisher McGill-Queen's University Press).

To REGISTER and get the Zoom link, click [here](#).



FOUNDATION NEWS

2024 Awards Ceremony at École Polytechnique

By: Donna Jensen

On March 21st, I was one of the 550 invited guests who attended the annual scholarship ceremony at the Bernard-Lamarre Amphitheatre of the Montréal Polytechnique . Bursary recipient Clemence Makinga Dienakwiza sat beside me in the audience where she informed me she was in her last semester earning her civil engineering degree. Clemence also proudly proclaimed she has secured a position at SNC-Lavalin after she graduates. I invited her to join us at a future club dinner and to think about joining our club.

Thanks are extended to Deborah Papillault, Major and Planned Donations Advisor, for making me feel so welcome. She and her team are to be congratulated on such a well-organized event. Over the course of the evening, nearly 400 scholarships from 90 donors were awarded to students for academic excellence, academic perseverance, community involvement and personal commitment to student life. These awards totalled more than \$1,400,000. In her email to me, Deborah reiterated how much our club's initiative and support is also at the heart of the mission of this local university.

As you may know, a generous bequest from the late Judge Anne-Marie Trahan (a past UWCM member and graduate of Université de Montréal) has enabled us to secure an endowment with the École Polytechnique. The UWCM Foundation and its members look forward to an ongoing association with this stalwart Montreal academic institution so that Anne-Marie's legacy and that of the UWCM prevails.

DIRECTORY UPDATES

New Member





cfuw fcfd

Username: viewonly

Password:

The link to the website for the members-only portal is [HERE](#).

As a member, you are welcome to access the exclusive side of the CFUW website. Please feel free to discover more information and details regarding international club news.

CFUW RESOLUTIONS

THESE RESOLUTIONS CAN BE FOUND ON THE CFUW WEBSITE OR BY [CLICKING HERE](#).

Resolution 1 – CFUW Advocacy Standing Committee / Comité de défense des intérêts de la FCFDU

English: [Archiving Select CFUW Adopted Resolutions I](#)

Français: [Archivage de certaines résolutions adoptées par la FCFDU I](#)

Resolution 2 – CFUW Advocacy Standing Committee / Comité de défense des intérêts de la FCFDU

English: [Archiving Select CFUW Adopted Resolutions II](#)

Français: [Archivage de certaines résolutions adoptées par la FCFDU II](#)

Resolution 3 – CFUW Advocacy Standing Committee / Comité de défense des intérêts de la FCFDU

English: [Archiving CFUW Adopted Resolutions Identified for Combining](#)

Français: [Archivage des résolutions adoptées par la FCFDU identifiées pour être combinées](#)

Resolution 4 – CFUW Advocacy Standing Committee / Comité de défense des intérêts de la FCFDU

English: [Combined CFUW Adopted Resolutions](#)

Français: [Résolutions adoptées par la FCFDU à combiner](#)

Resolution 5 – CFUW North Delta / Surrey

English: [Restore and Preserve Canada's Peatlands](#)

Français: [Restaurer et préserver les tourbières du Canada](#)

Resolution 6 – CFUW Georgetown

English: [National Database Documenting the Impact of Unsafe Drinking Water on Health in First Nation Communities](#)

Français: [Base de données nationale documentant l'incidence de l'eau potable insalubre sur la santé des communautés des Premières Nations](#)

Resolution 7 – CFUW Nanaimo

English: [Preserving Deep Sea Ecosystems](#)

Français: [Préserver les écosystèmes des grands fonds marins](#)

Resolution 8 – CFUW Advocacy Standing Committee / Comité de défense des intérêts de la FCFDU

English: [Aging in the Right Place: Equitable Resources for all Canadians to Age at Home and in their Community Settings](#)

Français: [Vieillir au bon endroit : des ressources équitables pour permettre à tous les Canadiens de vieillir à domicile et dans leur communauté](#)

Resolution 9 – CFUW Advocacy Standing Committee / Comité de défense des intérêts de la FCFDU

English: [Incentives to Adopt New Service Standards for Long Term Care](#)

Français: [Mesures incitatives favorisant l'adoption de nouvelles normes de service pour les soins de longue durée](#)

Don't
forget that
we will be
voting on
these at
our AGM
on May
15th.

PROVINCIAL COUNCIL MEETING



INVITATION

Meeting of the Quebec Council of CFUW Clubs

2024-04-27

All MLUWC members welcomed!

The Church of Saint John the Baptist

233, avenue Sainte-Claire,
Pointe-Claire (Québec) H9S 4E3

9:30 am to 3:30 pm

Continental Breakfast
Light Lunch

40,00\$

Guest Speaker

Diane Carroll Phillips



Registration required

Be sure to register **no later than April 22nd**

Link to register : [Registration form](#)

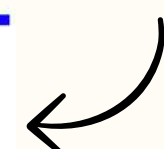
Payment

- [PayPal Link](#) (You don't need a PayPal account; you can use your credit card)
- For e-transfers, please contact our treasurer for details at mluwc.treasurer17@gmail.com

Questions?

Contact Nancy Acemian at
mluwc1@gmail.com

click here!





MONTREAL COUNCIL
OF WOMEN
CONSEIL DES FEMMES
DE MONTRÉAL

*Women of the
Year*



Beatrice Deer
Singer - Composer



Nedra El Khouri
Artist - Teacher

HONOURING MONTREAL ARTISTS

*click
here!*



INVITATION FROM THE JANE AUSTIN SOCIETY

The Jane Austen Society of North America: Montreal Region invites UWCM ladies to join them for this interesting and entertaining talk, and for a glass of sherry afterward in the UWCM Club Room #7 downstairs.

Austen on the Rocks



"What are men to rocks and mountains?" Please join the Jane Austen Society of North America's Montreal Region on **Saturday, May 4th, at 1:30**, in the Adair Auditorium of the Atwater Library, for a talk by JASNA-Vancouver Region members Phyllis Ferguson Bottomer, a retired speech pathologist and author of two books on Austen, and Lindsay Bottomer, a retired geologist, who will highlight the ways that Austen's life and novels were connected with her society's growing fascination with fossils and rocks. The lives of eight groundbreaking women fossilists will be examined in an informative and entertaining way.

Everyone welcome.. No admission charge. Reception afterward.



Showcasing women artists in the Early Modern European Art Collection

A new series of installations awaits you at the Museum until July 7. Come discover it today! Devoted to women artists in the Early Modern European Art Collection, it will take you across the second and the third floors of the Michal and Renata Hornstein Pavilion for Peace, where you can admire paintings, sculptures and works on paper. A perfect opportunity to pay tribute to these women who — although they left a considerable mark on the world of art — were often relegated to the shadows.

You'd like to know more? (Re)discover our articles in M Webzine!

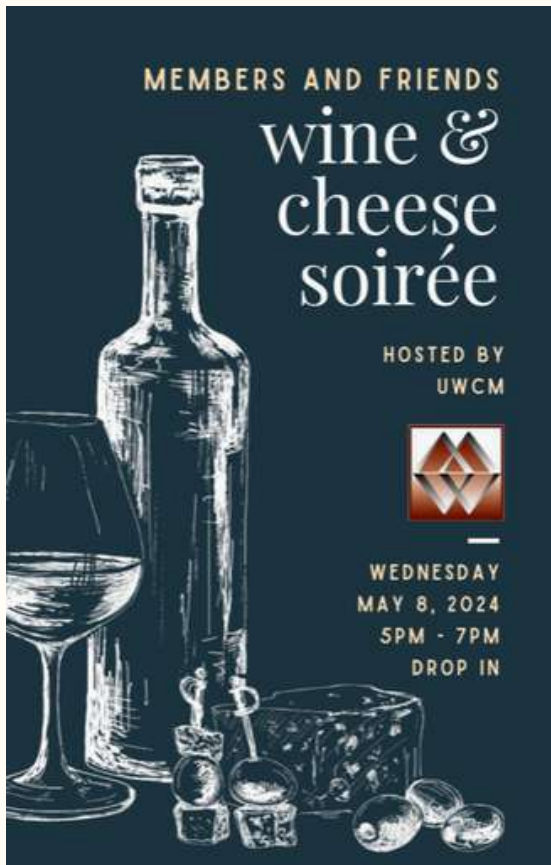
Uncovering Women Artists in the Collection of Early Modern European Art
Upon joining the MMFA in September 2022, **Chloé M. Pelletier**, Curator of European Art (before 1800), took a look inside the collection under her care to identify the works created by women. Here is what she found.

Happy reading!

Meet Magdalena de Passe, Engraver Extraordinaire

Come discover three rare works by Magdalena de Passe, one of the most celebrated engravers in Europe.

Happy reading!



The UWCM board welcomes you and your friends to join us for a night of wine, cheese, snacks, and wonderful conversations.

Hosted in our club room at the Atwater Library.

Wed May 8th 5pm-7pm



The Outdoor Ladies enjoying the weather and the location at our Sunday outing to the Biosphere. (left to right): Dominique Racanelli, Rhonda Schanfield, Judi Ritchie, Noran Ahmed, Carly Pepler, Zofia Laubitz and Mica Faciu.

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2 Fireside Gardening	3	4	5	6
7	8	9	10 BOARD MEETING	11	12 Coffee Klatch	13
14	15 Book Club Buddies	16	17	18	19	20
21	22 EARTH DAY	23	24 DINNER	25 Women's Issues	26	27
28 Outdoor Ladies	29	30	1	2	3	4

BIRTHDAY'S THIS MONTH

Valerie Aitkin - April 1

Please send in your birthdays if you are a new member so we can celebrate you on your month.

If you have not given your birthday yet please email Emma Major at majoremma101@gmail.com

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 BOARD MEETING	2	3	4 Jane Austin Society Event
5	6	7 Fireside Gardening	8	9	10 Coffee Klatch	11
12	13 Book Club Buddies	14	15 AGM DINNER	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30 Women's Issues	31	1