

### December | 2023

# Click on these icons !



### THE UWCM MEETING ROOM Atwater Library Club Room #7 1200 Atwater Ave., Westmount, Québec H3Z 1X4

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# PRESIDENT'S GREETINGS Leah Trineer

#### HAPPY HOLIDAYS!!!

This is the beginning of a very busy time of year in most homes. Everyone has different traditions that define our customs and our heritage. In our house, it starts on "Stir-Up Sunday" with the baking of the Christmas cake and extends through to Epiphany on January 6th. In between there is the 1st Sunday in Advent when the Christmas china is brought out, "Sinterklaas" on December 6th, Christmas itself, and a Twelfth Night Party hosted by friends on January 6th. What are your family traditions? I would love to have you write a sentence or two, include a photo if you wish, and we can compile them for a display in January.

We are looking forward to hosting Dr. Vicky Kaspi as our guest speaker. Dr. Kaspi's research at McGill University centres around the observational study of neutron stars and this has led her to the discovery of many new pulsars; she is currently studying "radio bursts". The study of our galaxy holds incredible opportunities for the future of our planet and also for more practical applications that may someday affect our daily lives. It promises to be an exciting presentation by a world renowned, female astrophysicist!

January is "Home Dinners", a great opportunity to get to know one another in smaller and

quieter venues. The sign-up sheets will be available at the December dinner and then there will be an e-mail sign-up circulated in early January. Further down in this Newsletter, there is a more detailed description of how "Home Dinners" work if you haven't attended one in the past.

Once again, let me take this opportunity to wish each of you, the happiest of holidays and the very best for the year to come!

## **INTEREST GROUPS - ACTIVE AT THIS TIME**



#### COFFEE KLATCH

This group meets on the second Friday morning of the month, anytime between 7:30 and 9:30 A.M. at the Avenue G coffee shop on Greene Avenue (just south of Sherbrooke and Greene).



Each interest group that is active and would like to be included in the monthly newsletter must send their update to Emma by the last weekend of each month to be included in the proceeding month.

We encourage anyone interested in creating or inspiring an interest group to do so.

#### **BOOK CLUB BUDDIES**

The group meets on the third Monday of the month between 3:30 and 5:30 in the Club Room at the Atwater Library.

The next meeting is Monday, January 15th. There is no meeting in December.

Each member selects a book to recommend to the group on a rotational basis. Currently, the group is full. If this is of interest in a second Book Club please let us know.

Although this group is full, if there is enough interest in forming another one please contact Olga Shevchenko

#### **UWCM NEWSLETTER - DEC 2023**

## **INTEREST GROUPS**

#### WOMEN'S ISSUES GROUP

The next meeting of the Women's Issues interest group (dinner) will be held at the McGill Faculty Club **at the end of** January, on a date to be announced. The December meeting is canceled.



#### PLEASE LET US KNOW IF THERE ARE ANY GROUPS THAT ARE NOT LISTED.



YOU CAN STILL SIGN UP FOR THEM BY EMAILING UWCMTL@GMAIL.COM WITH YOUR NAME AND CONTACT INFORMATION.

THE SUBJECT LINE IS THE CLUB YOU WOULD LIKE TO JOIN.



#### UWCM NEWSLETTER - DEC 2023

# **INTEREST GROUPS**



### ATWATER LIBRARY LECTURES AND LUNCH

The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. These events usually take place on Thursdays (but sometimes other days), from 12:30 to 1:30 pm. Located in room 7 after the lecture.

Below is a list of Atwater Library events scheduled for the next month or so. Click <u>HERE</u> for the whole list of this season's upcoming events.

Please let Carly Pepler at carolyn.pepler@mcgill.ca know if you are planning to come.

Note: there are no lunches on November 9 and 16.

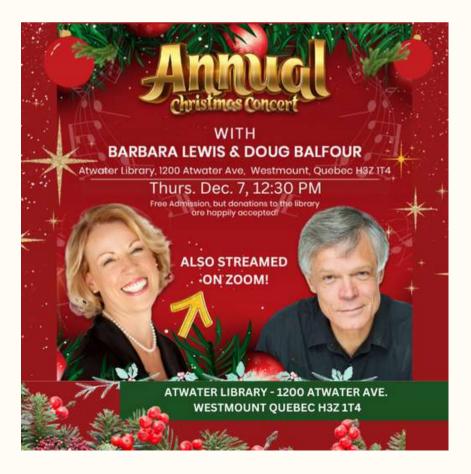
#### Thursday, December 7, 2023 from 12:30 to 1:30 pm

Barbara Lewis, UWCM member!! and Toronto-based pianist and singer Doug Balfour perform a variety of Christmas music.

### Thursday, December 14, 2023 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: Veteran actor Barrie Baldaro reads Dylan Thomas's rollicking A Child's Christmas in Wales.

To REGISTER and get the Zoom link, click <u>here</u>.



Barbara Lewis accompanied by Doug Balfour are performing a Christmas concert at the Atwater Library on Dec. 7.

Carly Pepler is served lunch afterward in our Clubroom.

# **DINNER AT LA CLASSE - DECEMBER**

### La Classe, December 6 at 6:30 pm

### Reminder to please arrive at 6:30 pm.

For reservations, please be in touch with Sheila Mohammed.

NOTE! You must make your reservation.



#### Dinner Meeting Dates:

- December 6th, 2023
- Home Dinners scheduled during the week of January 15th, 2024
- February 21st, 2024
- March 20th, 2024
- April 24th, 2024
- May 15th, 2024
- June 19th, 2024

#### Reminders:

- Please bring cash to pay for your dinner (\$30 tax included)
- Wine and liquor at the bar with debit/ credit available.
- Special coffees cost extra.
- Parking is available under the LaSalle
  College, the entrance is on Fort Street. Parking is free and should be done on level P3. When you exit, notify the attendant by using the button indicated for assistance and mention that you were eating at La Classe.

#### **ENTRÉE - STARTERS**

Potage parmentier de course

 Major league parmentier soup

2 - Usuzukuri de thon albacore - Albacore tuna Usuzukuri
3 - Salade d'automne: vinaigrette au cidre, féta, roquette et courges (végé) - Fall salad: Apple cider vinaigrette, feta, arugula and squash (vegetarian)

#### PLATS PRINCIPAUX - MAIN DISHES

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 Mazemen lait de coco et miso, tofu frit et oeuf parfait au soya (végé) - Coconut milk and miso Mazemen, fried tofu and perfect soy egg (vegetarian)
Filet de lotte Tandoori, tombée de lentilles Makhani et riz au cumin

Tandoori monkfish, Makhani lentils and cumin rice
3 - Côtes levées de porc et pommes de terre Aligot
Pork babyback ribs and Aligot potatoes

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### **DOUCEURS - DESSERTS**

1- Flan dulce de leche 2 - Éclair

DECEMBER 6TH AT 6:00PM. PLEASE BRING CASH TO PAY FOR YOUR DINNER (\$30 TAX INCLUDED) WINE AND LIQUOR AVAILABLE BY DEBIT/CREDIT. FREE PARKING - FORT ENTRANCE ON P3 AVAILABLE. UPON EXIT, PRESS THE ASSISTANCE BUTTON AND SAY YOU HAD DINNER AT LA CLASSE.

## **DINNER AT LA CLASSE - DEC SPEAKER**





Victoria Kaspi, CC, FRS, FRSC, PhD Professor of Physics Director, Trottier Space Institute at McGill Distinguished James McGill Professor in Physics Lorne Trottier Chair in Astrophysics & Cosmology

Victoria Kaspi is a Professor of Physics at McGill University, where she holds the Lorne Trottier Chair in Astrophysics and Cosmology and the Distinguished James McGill Chair in Physics. She is the inaugural Director of the McGill Space Institute and the Director of the Canadian Institute for Advanced Research Gravity & Extreme Universe Program.

She received a B.Sc. (Honours) in Physics from McGill in 1989, and an M.A. and Ph.D. in Physics from Princeton University in 1991 and 1993, respectively. From 1994-96, she held a Hubble Postdoctoral Fellowship at the Jet Propulsion Laboratory and California Institute of Technology. She was an Assistant Professor of Physics at MIT from 1997-2000, and joined the faculty of McGill in 2000, where she has remained.

In 2021 she was co-recipient of the Shaw Prize in Astronomy for her work on magnetars. She is the R. Howard Webster Foundation Fellow of the Canadian Institute for Advanced Research, and a Fellow of the Royal Society of Canada. She is a Fellow of the Royal Society of London and the American Physical Society. She is an elected member of the U.S. National Academy of Sciences and the American Academy of Arts and Sciences. In 2017, she was named Companion of the Order of Canada.

## **JANUARY HOME DINNERS**



Taking place during the week of January 15th.

Since La Classe is unable to provide services to us in January, once again it will be the month for us to have "Home Dinners". For weather and travel considerations, we will attempt to keep you as close to home as conveniently possible.

While the organization of the evening will be left partially up to the host and her guests, we do suggest holding the event during the week of January 15th, which is the week of our normal meeting date. The intent of the event is to create an opportunity for members to meet in a more intimate setting and to welcome newer members into the club. The evening is meant to be a potluck, so you will be asked to coordinate with your host when she calls about bringing an appetizer, a casserole, vegetable(s), dessert, bread or wine. It is meant to be a no-fuss evening with lots of time to chat.

Sign-up sheets will be available at our dinners in both November and December.

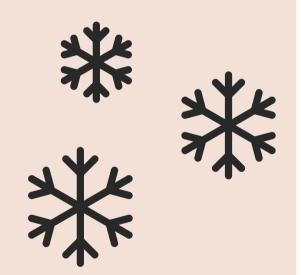
### FOUNDATION FUNDRAISER TICKETS NOW ON SALE!

Music at the Movies: A Tribute to John Williams More than 80 professional musicians, led by Maestro Francis Choiniere, will present music from this legendary film music composer.

Friday, May 17, 2024 - Salle Wilfrid-Pelletier, Place des Arts Price: \$100 (with a \$40 tax receipt)

We have purchased 75 Balcon tickets at a group rate. Please make cheques payable to UWCM PUBLIC FOUNDATION.

## DIRECTORY UPDATES NEW MEMBERS



## **DIRECTORY CHANGES**

#### **UWCM NEWSLETTER - DEC 2023**



Username: viewonly Password:

The link to the website for the members-only portal is HERE.

As a member, you are welcome to access the exclusive side of the CFUW website. Please feel free to discover more information and details regarding international club news.



Join GWI in the Human Rights 75 Civil Society Pledge Initiative!

The United Nations Human Rights 75 Civil Society Pledge Initiative aims to generate pledges that bring about concrete change towards a greater enjoyment of human rights for all and envision the future of human rights. We invite all who are passionate about human rights and who want to advance the human right to education and equality for women and girls to join GWI in making a Civil Society Organisations (CSO) pledge. A CSO pledge is a commitment to take specific actions with the aim of promoting and protecting human rights. A CSO pledge does not require any monetary contribution; it is simply your "promise" to bring about concrete change towards a greater enjoyment of human rights for all and to envision the future of human rights. Pledges will be made public during the December 2023 Human Rights 75 Initiative High-Level event. CSO pledges can relate to actions at the domestic, regional, and global levels. Please click **HERE** to learn more about CSO pledges.



#### December 14, 2023

Project Genesis & Current Housing Crisis

Time: 12:00 P.M. EST via ZOOM



The holidays are a time to celebrate community, charity, and hope. Join us on Thursday, December 14 at 12:00 P.M. for this enlightening session on the needs of our community and how we can help. Margaret van Nooten will share her thoughts on the critical housing situation in our community and the courage and perseverance shown by people facing enormous challenges.



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### MCW MEMBER AND NON-MEMBER REGISTRATION

#### Margaret van Nooten, Social Rights Worker, Individual Services, Project Genesis

As a teenager, Margaret moved from a dairy farm in Ontario to Nova Scotia, where she started a biology degree. The lure of the big city and being able to study whatever piqued her interest beckoned and came to Montreal and received a Liberal Arts degree at McGill. After trying her hand at a number of endeavours, she completed a Social Work degree, beginning her internship at Project Genesis in 1996. She has been there ever since!



After almost three decades on the front lines of anti-poverty work in Côte-des-Neiges, a diverse neighbourhood with many newcomers, she still appreciates being able to facilitate bringing concrete improvements in the living situations of our many service users. The assistance provided takes the shape of filling out forms, explaining requirements for accessing government benefits, and helping to write letters. And, after all these years, she is still amazed by the courage and perseverance shown by people who are facing enormous challenges in terms of housing and basic income security.

## **MEMBER'S SPOTLIGHT**



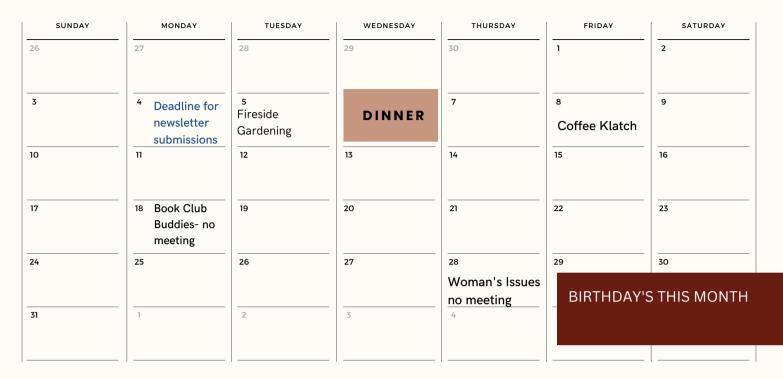
Outdoor Ladies visit the Gulf of St. Lawrence



The Woman's Issues group from their meeting in November.

DECEMBER

/ 2023



### If you have not given your birthday yet please email Emma

JANUARY

/ 2024

SUNDAY	1 Deadline for newsletter submissions	TUESDAY 2 Fireside Gardening		4	FRIDAY 5	6
7	8	9	BOARD MEETING	11	<sup>12</sup> Coffee Klatch	13
14	Book Club HOME DINNERS Buddies					20
21	22	23	24	25 Women's Issues TBA	26	27
28	29	30	31	1	2	3

#### NEWSLETTER CURATED BY EMMA MAJOR