



UWCM NEWSLETTER

November | 2023



*Click on
these
icons!*



THE UWCM MEETING ROOM

Atwater Library
Club Room #7
1200 Atwater Ave.,
Westmount,
Québec H3Z 1X4

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PRESIDENT'S GREETINGS

Leah Trineer

The inevitable time change!!!

I was thankful for the extra hour of sleep last weekend but I hate the early nights that will now be a part of our lives for the next few months. Hopefully, the Fall weather will continue for a while as there is much raking to do and there is still an abundance of leaves that have yet to fall.

On October 14th, your President (Leah Trineer) and Vice-President (Emma Major) represented you at the semi-annual meeting of the Quebec Council of CFUW. The meeting was held in Saint-Lambert and hosted by AFDU Montérégie. Representatives from all six clubs in Quebec, the Executive of the Council, as well as other interested members convened for the meeting. The business portion was held in the morning and after a light lunch, a presentation was made by the guest speaker, Anne Panasuk, on her recent research and publication "Auassat: À la recherche des enfants disparus". The meetings are an opportunity to share ideas with our sister clubs and meet the executives and other members who attend. Attendance is open to all and I encourage you to put April 27th, 2024 on your calendars when the AGM for the Council will be held on the West Island and hosted by the Montreal Lakeshore University Women's Club (MLUWC). Meetings are hosted by a "rota" of clubs and it will be the responsibility of UWCM to host the meeting next October.

This month, we are excited to have three people from the team of Dr Lucy Gilbert coming to speak to us this month on the DOvEEgene Project which is based at the Research Institute of the MUHC. Dr. Annie Leung and two of her research associates will be making the presentation; more details can be found further in this newsletter.

While our November meeting is on the 15th (third Wednesday), our December meeting is always held earlier in the month, this year falling on the 6th!! Please mark your calendars and watch for an earlier sign-up to this meeting. We are looking forward to hosting Dr. Vicky Kaspi as our guest speaker. Dr. Kaspi's research at McGill University centers around the observational study of neutron stars and this has led her to the discovery of many new pulsars. The study of our galaxy holds incredible opportunities for the future of our planet and also for more practical applications that may someday affect our daily lives. Promises to be an exciting presentation by a world renowned, female astrophysicist!

Don't forget that January is "Home Dinners", a great opportunity to get to know one another in smaller and quieter venues. Starting this month, and in December, there will be sign-up sheets at the dinners. There is a more detailed description for how "Home Dinners" work further in this Newsletter if you haven't attended one in the past.

INTEREST GROUPS - ACTIVE AT THIS TIME



Each interest group that is active and would like to be included in the monthly newsletter must send their update to Emma Major by the last weekend of each month to be included in the proceeding month.

We encourage anyone interested in creating or inspiring an interest group to do so.

COFFEE KLATCH

This group **meets on the second Friday morning of the month, anytime between 7:30 and 9:30 A.M. at the Avenue G coffee shop** on Greene Avenue (just south of Sherbrooke and Greene).



BOOK CLUB BUDDIES

The group meets on **the third Monday of the month between 3:30 and 5:30 in the Club Room at the Atwater Library.**

The next meeting is **Monday, Nov 20th**

Each member selects a book to recommend to the group on a rotational basis. Currently, the group is full. If this is of interest in a second Book Club please let us know.

Although this group is full, if there is enough interest in forming another one please contact Olga Shevchenko

INTEREST GROUPS

WOMEN'S ISSUES GROUP

The next meeting of the Women's Issues interest group (dinner) will be held at the McGill Faculty Club on **Thursday, November 30th at 6pm.**

Please contact Olga Shevchenko at to RSVP.



PLEASE LET US KNOW IF THERE ARE ANY GROUPS THAT ARE NOT LISTED.



YOU CAN STILL SIGN UP FOR THEM BY EMAILING UWCMTL@GMAIL.COM WITH YOUR NAME AND CONTACT INFORMATION.

THE SUBJECT LINE IS THE CLUB YOU WOULD LIKE TO JOIN.

SIGN UP SHEET

	NAME	EMAIL	ADDRESS	PHONE
1.				
2.				
3.				
4.				

INTEREST GROUPS



ATWATER LIBRARY LECTURES AND LUNCH

The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. These events usually take place on Thursdays (but sometimes other days), from 12:30 to 1:30 pm. Located in room 7 after the lecture.

Below is a list of Atwater Library events scheduled for the next month or so. Click [HERE](#) for the whole list of this season's upcoming events.

Please let Carly Pepler know if you are planning to come.
Note: there are no lunches on November 9 and 16.

Thursday, November 9, 2023 from 12:30 to 1:30 pm

Alan Hustak gives a talk on his book Faith Under Fire: Frederick G. Scott, Canada's

Extraordinary Chaplain of the Great War. With beloved musician Craig Morrison playing

World War I favourites on the piano. NO LUNCH

Thursday, November 16, 2023 from 12:30 to 1:30 pm

Kahnawake Grand Chief Kahsennenhawe Sky-Deer, Guest of Honour for the 2023 St.

Andrew's Ball, gives a public talk. NO LUNCH

Thursday, November 23, 2023 from 12:30 to 1:30 pm

Peter Lanken gives an illustrated presentation on the life and work of Victor Bourgeois, the great 19th century Montreal architect.

Thursday, November 30, 2023 from 12:30 to 1:30 pm

Adam Shoalts gives an illustrated talk on his new book Where the Falcon Flies about his 3,400km solo journey from Lake Erie to the Arctic.

Thursday, December 7, 2023 from 12:30 to 1:30 pm

Barbara Lewis, UWCM member!! and Toronto-based pianist and singer Doug Balfour perform a variety of Christmas music.

DINNER AT LA CLASSE - NOVEMBER

La Classe, Nov 15th at 6pm

For reservations, please be in touch with
Sheila Mohammed.

NOTE! You must make your reservation.



Dinner Meeting Dates:

- December 6th, 2023
- Home Dinners scheduled during the week of January 15th, 2024
- February 21st, 2024
- March 20th, 2024
- April 24th, 2024
- May 15th, 2024
- June 19th, 2024

Reminders:

- Please bring cash to pay for your dinner (\$30 tax included)
- Wine and liquor at the bar with debit/ credit available.
- Special coffees cost extra.
- Parking is available under the LaSalle College, the entrance is on Fort Street. Parking is free and should be done on level P3. When you exit, notify the attendant by using the button indicated for assistance and mention that you were eating at La Classe.

Menu November 15th

Entrées | First Course

- 1• Zuppa del giorno (Minestrone)
- 2• Polpette di pomodoro
- 3• Polenta et marinara (option végété)
Polenta and marinara (vegetarian option)

Plats principaux | Main course

- 1• Ravioli de courge musquée et ricotta, beurre noisette à la sauge (végé)
Butternut squash and ricotta ravioli, sage hazelnut butter (vegetarian)
- 2• Espadon A La Puttanesca
Swordfish A La Puttanesca
- 3• Coupe de boeuf du boucher sauce Bordelaise et ses légumes racines de saison
Beef butcher's cut, Bordelaise sauce and it's root vegetables

Les douceurs | Sweets

- 1• Cannoli
- 2• Budino

DINNER AT LA CLASSE - NOV SPEAKER



Dr. Annie Leung is a gynecologic oncologist at the McGill University Health Centre in Montreal, Quebec, Canada. She is affiliated with the Departments of Obstetrics and Gynecology, Oncology, and Pathology. In her clinical practice, she treats patients with gynecologic malignancy throughout the cancer journey offering surgery, chemotherapy, targeted therapies, and palliative care. For cervical pre-cancer, she also provides care in colposcopy clinic for patients with abnormal paps and positive HPV results.

In her research, she is a Scientist at the Research Institute of the McGill University Health Centre where she leads a translational laboratory investigating biomarkers relevant to cervical pre-cancer and cancer. Specifically, her expertise is in the detection of protein markers and circulating tumor DNA. Her research is funded by the Fonds de Recherche du Quebec – Sante (Junior 1 Clinician Scientist), American Association of Obstetricians and Gynecologist, MUHC Foundation, and Cedars Cancer Foundation.

Also in attendance will be:

Joelle Malek : Nurse Manager of the DOvEEgene project

Thao Vu : Clinical Research Nurse in the DOvEEgene project



Dr. Lucy Gilbert – DOvEE: Screening of Ovarian
and Endometrial Cancers
muhcfoundation.com

DINNER AT LA CLASSE - DEC SPEAKER



Victoria Kaspi, CC, FRS, FRSC, PhD
Professor of Physics
Director, Trottier Space Institute
at McGill
Distinguished James McGill
Professor in Physics
Lorne Trottier Chair in
Astrophysics & Cosmology

Victoria Kaspi is a Professor of Physics at McGill University, where she holds the Lorne Trottier Chair in Astrophysics and Cosmology and the Distinguished James McGill Chair in Physics. She is the inaugural Director of the McGill Space Institute and the Director of the Canadian Institute for Advanced Research Gravity & Extreme Universe Program.

She received a B.Sc. (Honours) in Physics from McGill in 1989, and an M.A. and Ph.D. in Physics from Princeton University in 1991 and 1993, respectively. From 1994-96, she held a Hubble Postdoctoral Fellowship at the Jet Propulsion Laboratory and California Institute of Technology. She was an Assistant Professor of Physics at MIT from 1997-2000, and joined the faculty of McGill in 2000, where she has remained.

In 2021 she was co-recipient of the Shaw Prize in Astronomy for her work on magnetars. She is the R. Howard Webster Foundation Fellow of the Canadian Institute for Advanced Research, and a Fellow of the Royal Society of Canada. She is a Fellow of the Royal Society of London and the American Physical Society. She is an elected member of the U.S. National Academy of Sciences and the American Academy of Arts and Sciences. In 2017, she was named Companion of the Order of Canada.

JANUARY HOME DINNERS



Taking place the week of January 15th (if possible)

Since La Classe is unable to provide services to us in January, once again it will be the month for us to have "Home Dinners". For weather and travel considerations, we will attempt to keep you as close to home as conveniently possible.

While the organization of the evening will be left partially up to the host and her guests, we do suggest holding the event during the week of January 15th, which is the week of our normal meeting date. The intent of the event is to create an opportunity for members to meet in a more intimate setting and to welcome newer members into the club. The evening is meant to be a potluck, so you will be asked to coordinate with your host when she calls about bringing an appetizer, a casserole, vegetable(s), dessert, bread or wine. It is meant to be a no-fuss evening with lots of time to chat.

Sign-up sheets will be available at our dinners in both November and December.

Be mindful when reading or sharing online posts.

by Donna Jensen

Meta (Facebook, Instagram, WhatsApp) is currently blocking Canadian news outlets in retaliation over the Online News Act (Bill C-18). Before engaging with reactionary posts, remember to think critically and fact-check claims (especially for posts that do not cite any sources).

DIRECTORY UPDATES

NEW MEMBERS





cfuw fcfd

Username: viewonly

Password: cfuw4321

The link to the website for the members-only portal is [HERE](#).

As a member, you are welcome to access the exclusive side of the CFUW website. Please feel free to discover more information and details regarding international club news.



2SLGBTQIA+ community members and advocates say the past year has been difficult and scary amid a notable rise in hate crimes, threats and protests, particularly for those who are transgender and non-binary. The solution, many say, is education and support from allies to counter homophobia and anti-trans hate.

Join HRx on November 21st as they host gender strategist Kai Scott to explore the following:

- Foundational concepts and terminology
- The reality and challenges faced by trans and non-binary people
- Commonly spread myths and misconceptions
-

How we can take action, build bridges and offer support

Register [HERE](#).



GWU UPDATES

Click [here](#) for the GWU October 2023 updates.



Join the Montreal Council of Women Thursday **November 9 at noon** as we observe Remembrance Week. Joining us to talk about her life and military career will be Corporal Alix Haeberle-Savard.

Click [HERE](#) to Register for the Zoom Presentation

Guest speaker: Corporal Alix Haeberle-Savard

Corporal Alix Haeberle-Savard is a medical assistant with the Canadian Armed Forces 51 Field Ambulance service. Corporal Haeberle-Savard has taken part in exercises in Canada and the US, and was deployed to Quebec long-term care homes as part of Operation Laser during the COVID crisis.



November 20, 2023

MCW and NCWC are joining in a partnership with Concordia University's 4th Space Initiative to present "How to Protect Children Online"

Click [HERE](#) for more info

November 21, 2023

Free screening of "Our Kids Online: Porn, Predators & How to Keep Them Safe", followed by an open discussion.

Click [HERE](#) for more info

MEMBER'S SPOTLIGHT



Olga Shevchenko and her small but extremely able group of volunteers helped us put on a highly successful Wine and Cheese evening at our Clubroom on September 27th.

We had over 25 people attend, seven or eight of whom were guests who were interested in learning more about UWCM. Since this spring we have welcomed 12 new members.

Events like these are possible to do because of the effort of our members, if you have an idea for an event in the future that you would like to host please let us know.

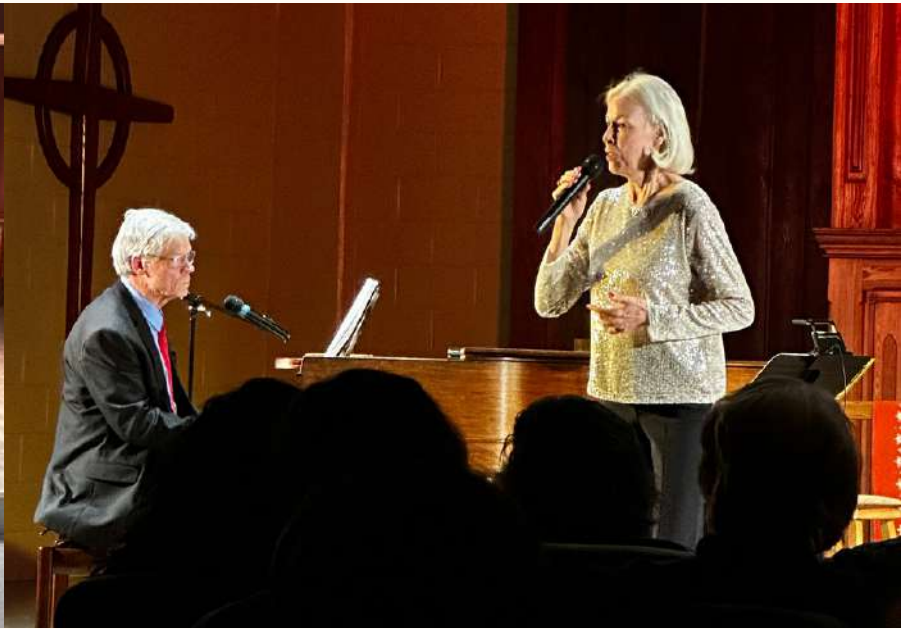


The Woman's issues group from their meeting in September.

The evening started with a discussion about their use of social media, and had a lively discussion about AI.

Sandra Brodsky, Tanya Fitzpatrick, Marilyn Rappaport, Sheila Mohommed, Leah Trineer, Renee Charron, Linda Edgar, Olga Shevchenko, Kathryn McMorrow. Photo taken by Maria Pogatsas

MEMBER'S SPOTLIGHT



Barbara Lewis, accompanied by Doug Balfour, performed her Intimate Cabaret on November 4th.

In the audience was a few of our members.

Robin Francis, Leah Trineer, Maria Pogatsas, Lorraine O'Donnell, Sheila Mohammed, Emma Major, Barbara Lewis, Rahila Bootwala, Olga Shevchenko.



Atwater Annual Benefit Cocktail Party, 2023 Gala

The Atwater Library's Annual Benefit Cocktail Party was held on November 1st; it was the first "in-person" event since the fall of 2019. The event was a tremendous success and will go a long way to meeting the needs of the Library's operations and programmes. The event was well attended by both members of the University Women's Club executive as well as the general membership. We want to thank all those who participated and contributed to its success.



Event guest speaker
Scott Jones

Dave Turner Jazz Trio

NOVEMBER

/ 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 Deadline for newsletter submissions	BOARD MEETING	3	4
5	6	7 Travel Group	8	9	10 Coffee Klatch	11 
12	13	14	DINNER	16	17	18
19	20 Book Club Buddies	21	22	23	24	25
26	27	28 Deadline for newsletter submissions	29 BOARD MEETING	30 Woman's Issues	1	2

BIRTHDAY'S THIS MONTH

Barbara Kerr - Nov 5
Pam Georges - Nov 7
Debbie Ruel - Nov 13

If you have not given your birthday
yet please email Emma Major

DECEMBER

/ 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4	5	DINNER	7	8 Coffee Klatch	9
10	11	12	13	14	15	16
17	18 Book Club Buddies- no meeting	19	20	21	22	23
24	25	26	27	28 Woman's Issues no meeting	29	30
31	1	2	3	4	5	6