



# UWCM NEWSLETTER

October | 2022



**FOLLOW  
OUR LINKS**



**THE UWCM  
MEETING  
ROOM**  
Atwater Library  
Club Room #7  
1200 Atwater Ave.,  
Westmount,  
Québec H3Z 1X4

## Index

- Pg. 2 President's Greetings
- Pg. 3 Interest Groups
- Pg. 6 La Classe
- Pg. 7 Foundation News
- Pg. 8 Club News
- Pg. 10 CFUW
- Pg. 11 Calander

# PRESIDENT'S GREETINGS

Leah Trineer

Happy Thanksgiving!! We have so much to be thankful for, probably this year even more than most!! We have come through the past two and a half years and for the first time since October 2019, we have been able to celebrate the Thanksgiving weekend with the family and friends as we have done so with in the past. Around some of our dinner tables, there will be people who will be missing but we are thankful for their lives and the gifts they bestowed on us during their lives, we are richer for their presence in our lives. There will be others around our table, who will be there for the first time, they might be a grandchild, a new daughter or son-in-law, or a family member who has finally been able to travel to be with us and share the plenty of the season.

As I write to you, I am sitting outside at my house in Arundel on the most perfect of days. The sun is brilliant and warm, the sky could not be bluer and not a cloud in sight, and the leaves!! The leaves are magnificent!! We are very fortunate to live in a part of the world where there is such beauty created with each passing season.

We had a wonderful turn-out at our September "Welcome Back"; I received such positive feedback from those who were there. Whether it was reconnecting with friends, enjoying the marvelous meal, or the enthusiasm in being able to sign up for the interest groups, everyone was smiling! We were also introduced to a new group of students who had prepared our dinners; they were only two weeks into their kitchen experience; it was fun to welcome them as well! We also introduced one "returning" member and three potential new members.

The sign-up sheets for the interest groups has have been filling up with eager participants. If you signed up, you will be hearing from those groups that have conveners about their first get-togethers. We are still looking for conveners for some groups, if anyone is interested in volunteering, please let Olga Shevchenko know. For those of you who were unable to attend the September dinner and have not yet submitted your names to the email provided, then we would ask that you do so quickly so that the conveners will be made aware of your interest. We will be circulating an up-dated version of the document alongside this NEWSLETTER.

Our next dinner will be held on October 19 th ; Elizabeth Gomery, Interim Executive Director of Auberge Shalom, as well as one of her colleagues, will be joining us for a presentation on the work that the Auberge carries out in our community. They have been a long-standing recipient of some of the outreach funding, provided by the UWCM Foundation, and we are looking forward to hearing how our donations contribute to the work that they do.

Please put **October 19** th on your calendars and consider bringing a friend. Any new member who would like to join now and "pre-pay" the 2023 membership dues, once their application is received and the membership fees invoiced, will receive full member privileges effective immediately. That means that they may participate fully in all meetings and interest groups and their membership will be fully paid until December 31 , 2023.

## INTEREST GROUPS - ACTIVE AT THIS TIME



We encourage anyone interested in creating or inspiring an interest group to do so.

Each interest group that is active and would like to be included in the monthly newsletter must send their update to Emma by the last weekend of each month to be included in the proceeding month.

### TRAVEL CLUB

Andrea de Gosztanyi is the Convenor of the Travel Group. The Travel Club will not be meeting in November but will resume on Zoom for the winter months. December topic:

Tuesday December 13th 2022  
Holidays around the world. Have you been to a Christmas Market, here or in Europe? Have you celebrated the holidays in another country? Join us on Zoom for a Christmas cocktail!

Please confirm with Andrea



### BOOK CLUB BUDDIES

The group will meet on **the third Monday of the month between 3:30 and 5:30 in the Club Room at the Atwater Library.**

Each member will be selecting a book to recommend to the other members according to a monthly rota. Currently the group is full. And a second Book Club is in the works so please keep an eye out for that email.

# INTEREST GROUPS

## LIBRARY LECTURES AND LUNCH

The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. **These events usually take place on Thursdays (but sometimes other days), from 12:30 to 1:30 pm.**

Up-coming Lectures and Lunch will be communicated via the Newsletter or by special e-mail; information about the lectures themselves, is also available on the Atwater Library website: [HERE](#)



## MUSEUM OUTINGS

An interesting exhibition is hosted by the Pointe-a-Cailliere museum until October 10th - Vikings - Dragons of the Northern sea: "Exclusively, and for the first time in Québec, the Museum is showcasing the National Museum of Denmark's magnificent Viking collection".

Unfortunately, we don't have time to organize our Museum Interest group tour. However, if you are interested, please check the link and visit the exhibition: [HERE](#)

## COFFEE KLATCH



Coffee Klatch is a new Interest Group that began meeting in August.

This group has been convened by Leah Trineer and meets on **the second Friday morning of the month, anytime between 7:30 and 9:30 A.M. at the Avenue G coffee shop on Greene Avenue** (just south of Sherbrooke and Greene).

If you want more information, please send an email to: [uwcm1@gmail.com](mailto:uwcm1@gmail.com), subject heading, COFFEE KLATCH

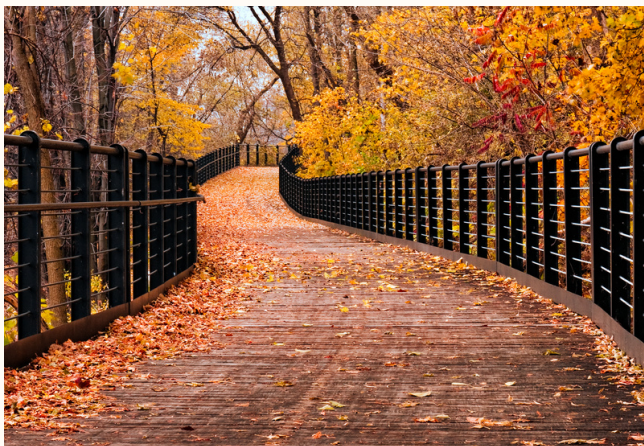


# INTEREST GROUPS

## OUTDOOR LADIES

Our first event will be a visit to Parc Frédéric-Back, which we had intended to visit in the spring but had to postpone. You can find out more about the park here: <https://montreal.ca/en/places/parc-frederic-back>. We will go on **Sunday, October 16**, meeting at the park's front entrance on Rue Michel-Jurdant (near the Tohu site) at approximately **11 a.m.** Once people confirm their attendance, I'll contact the attendees again to organize a meeting at a metro station so that transit users can take a bus to the park together if they wish to; drivers can meet the group at the park. We'll bring our lunches, as I'm not aware of any nearby restaurants (but will let you know if I find out about any).

If you are interested in joining them, please send an email to: [uwcmtl@gmail.com](mailto:uwcmtl@gmail.com), subject heading, OUTDOOR LADIES



## LADIES WHO LUNCH

Lauretta Alexander and Adele Hebert will be Co-convenors of this group.

They meet at a previously selected restaurant on dates that will be announced. If you are interested in participating in this group, please send an email to:

[uwcmtl@gmail.com](mailto:uwcmtl@gmail.com), subject heading, LADIES WHO LUNCH



Many more interest groups to come.

Please reference the Interest groups document that will be circulating again with this month's newsletter.

# DINNERS AT LA CLASSE



The next dinner at our beloved La Classe Restaurant will be on October 19 at 6:00 pm. with guest speaker Elizabeth Gomery

Reminders:

- Please bring cash to pay for your dinner (\$30)
- You can buy liquor at the bar.
- Special coffees cost extra.

In order for La Classe to provide the best service they request that you submit what you are interested in eating so that they may order accordingly.

For reservations, please be in touch.

## Les entrées | To start

- Salade de courge grillée aux noix et copeaux d'Alfred le fermier  
*Grilled squash salad with nuts and Alfred le fermier cheese flakes*
- Ris de veau et gourganes  
*Sweetbreads and fava beans*
- Pressé d'aile de raie, hollandaise et salicorne  
*Pressed skate wing, hollandaise sauce and sea asparagus*
- Bouillon dashi aux champignons  
*Mushroom dashi broth*

## Plats principaux | Main course

- Ravioli aux 3 champignons, pesto de roquette.....  
*Three mushroom ravioli, aragula pesto*
- Magret de canard, betteraves et bleuets.....  
*Duck magret, blueberry and beets*
- Contrefilet, béarnaise et pommes pont neuf, cresson et mâche.....  
*Striploin, béarnaise and pont neuf fries, watercress and lamb's lettuce*
- Pétoncles, crémeux de topinambour, chips de parme, huile de noisettes.....  
*Scallops, creamy Jerusalem artichoke, parma chips, hazelnut oil.*

## Les douceurs | Sweets

- Tatin, crème montée  
*Tatin tart, cream*
- Verrine tout au citron  
*Lemon Verrine*
- Marquise et sorbet argousier  
*Marquise and sea buckthorn sorbet*
- Marrons et clementine  
*Chestnut and clementine*



Our favoured La Classe would like you all to know that the coupons that were distributed due to not being able to meet during the pandemic are in fact valid for 2022.





## FOUNDATION NEWS

As you know, our club's mission is to support women's education, local women's groups and to help women through community outreach. Our Annual Giving Campaign starts on November 1 and runs until June 30 next year. Look for our letter coming to you in the mail later this month. Please be generous!

Our Fundraising Committee (Marie Bourbonnière, Veronica de la Collina, Maryse Ingenito, Barbara Kerr, Ilea Tant and Anelia Wright) met with me in mid-September to discuss our financial goal for this fiscal year as well as upcoming fundraising events. Our main event, a bilingual presentation entitled *Cartooning as a Communication Tool* by Terry "Aislin" Mosher and Jacques "Boris" Goldstyn will take place at the Atwater Library Auditorium on the evening of April 27, 2023. Details to come, so save the date!

Donna Jensen, Foundation Chair 2022-24



Donna Jensen standing with four women pioneers — Idola Saint-Jean, Marie Lacoste-Gérin-Lajoie and Thérèse Forget-Casgrain (who campaigned for women's suffrage) and Marie-Claire Kirkland, the first woman elected to the Quebec National Assembly.

At the "Femmes en Politique" monument on Rue Grande Allée, Quebec City, August 2022. Photo by Dominic Varvaro.

Read more here: <https://www-capitale-gouv-qc-ca.translate.google.com/histoire-et-patrimoine/commemorations/monument-en-hommage-aux-femmes-en-politique/>

# CLUB NEWS



## Montreal's Chez Doris invests in housing to support homeless women

Growth can be a good thing — but for the people who run Chez Doris, expanding into...

Nunatsiaq News / Oct 6, 2022

Our Foundation supports Chez Doris. And one of our members, Elizabeth Wirth, headed the capital campaign that raised \$15-million.

Montreal's Chez Doris invests in housing to support homeless women | Nunatsiaq News

**McGill**  
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Salle Redpath

Des milliers de livres + CDs, DVDs, vinyles



*-entrée libre-*

mardi 18 octobre  
13 h - 21 h  
mercredi 19 octobre  
10 h - 20 h  
jeudi 20 octobre  
10 h - 18 h

Les revenus s'ajoutent aux bourses d'études.



The 2022 edition of the McGill Book Fair will take place from October 18 - 20. Once again, the sale will be held in Redpath Hall. As always, we have an amazing assortment of books, recent and rare, in all categories from Art to Zoology and everything in between. This year's sale also includes an incredible collection of vinyl and CDs.

Did you know that since 1975, we have donated nearly \$1.9 million for student bursaries?

For more information, please check our Facebook page, our web page, or send us an email at [bookfair.alumni@mcgill.ca](mailto:bookfair.alumni@mcgill.ca).



The Montreal Council of Women has shared a petition to help Iranian women

Click [HERE](#)

**McGill**  
BOOK FAIR  
Redpath Hall

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*-free admission-*

Tues., October 18  
1 pm - 9 pm  
Wed., October 19  
10 am - 8 pm  
Thurs., October 20  
10 am - 6 pm

Proceeds go to bursaries and scholarships.

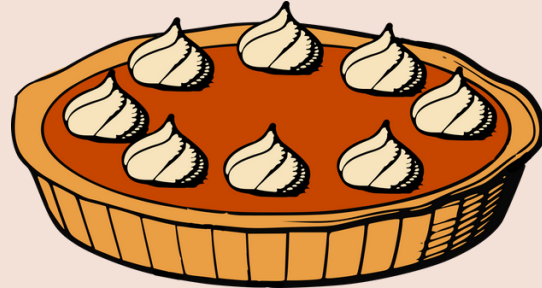




## CLUB NEWS

### Pumpkin Recipe for Thanksgiving - From Sheila Mohammed

- 1/2 package Bob's Red Mill Gluten Free Pie Crust Mix, prepared and chilled
- 15 oz can Pumpkin Puree
- 12 oz can Evaporated Milk
- 2 Eggs
- 2 oz Butter, melted and cooled
- 1 Tbsp Vanilla Extract
- 3/4 cup Brown Sugar, packed
- 1 tsp ground Cinnamon
- 1 tsp ground Ginger
- 1/2 tsp ground Allspice
- 1/4 tsp ground Nutmeg



Prep Time: 25 minutes | Cook Time: 50-60 minutes | Yield: 8 servings Remove dough from the refrigerator and let sit at room temperature until malleable. Roll chilled dough into a 12-inch circle between two pieces of heavy-duty plastic wrap. Remove top layer of plastic; invert and center dough over a 9-inch nonstick pie pan. Press crust into place, then remove remaining plastic wrap. Trim edges and flute. Freeze for 15 minutes. Meanwhile, preheat the oven to 350°F and prepare the filling. Combine pumpkin puree, evaporated milk, eggs, melted butter, vanilla extract, sugar, and spice. Whisk well until fully incorporated. Remove pie shell from freezer and fill with prepared pie filling. Bake at 350°F until set in the center with barely any wobble when gently shaken, about 50-60 minutes. Let cool fully before serving.

## PEARLS

This winter we are looking forward to having our very own Olga host a presentation on pearls.

This presentation will highlight how to identify a quality pearl and what makes these beautiful carbonite materials worth it.

Dates and more information coming soon.

## CFUW NEWS

CFUW login as a member for the general members only access.

username:

password:

As a member you are welcome to access the exclusive side of the CFUW website. Please feel free to discover more information and details regarding international club news.

The link to the website members only portal is [HERE](#).

Quebec Provincial Council Meeting

In person on October 22nd 8:30 am - 3pm

This biannual meeting takes place in Maygog on Saturday the 22 of October. Anyone in the CFUW branches may attend the meeting. Emma Major our vice president will be attending on behalf of UWCM. More details to come.

## THE CLUB BILLBOARD

If you would like to advertise anything along the above lines, please feel free to send a brief ad in PDF format to [uwcmtl@gmail.com](mailto:uwcmtl@gmail.com) **in addition to** a \$15 fee (either by cheque payable to the University Women's Club of Montreal Inc. or via bank transfer) **no later than** the 15<sup>th</sup> of each month. \* **Businesses/self-employed people are eligible for one-year ads in every newsletter for a one-time payment of \$100.**

Members are most welcome to advertise for themselves or on behalf of family and friends.

Kindly note that **only** advertisements received with their payments within the deadline will appear in the immediately upcoming newsletter. Any ads/payments received after the 15<sup>th</sup> will be postponed to the following month.

**All advertising funds will be dedicated to the Centennial Celebration reserve.**

# OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2 Deadline for newsletter submissions	3	4	5	<b>BOARD MEETING</b>	7	<b>EXPECT THE NEWSLETTER THIS WEEKEND</b>
<b>EXPECT THE NEWSLETTER THIS WEEKEND</b>	10	11 Travel Club	12	13	14 Coffee Klatch	15
16 Outdoor Ladies	17 Book Club Buddies	18	<b>DINNER</b>	20	21	22 Provincial Council Meeting
23	24	25	26	27	28	29
30	31 	1	2	3	4	5

If you have not given your birthday yet please email [majoremma101@gmail.com](mailto:majoremma101@gmail.com) so that Emma can include it.

**BIRTHDAYS IN OCTOBER!!!**

- Joan Hagerman - Oct 5
- Karin Doerr - Oct 24
- Suzanne Crawford - Oct 26

# NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2 <b>BOARD MEETING</b>	3	4	5
6 Deadline for newsletter submissions	7	8	9	10	11 Coffee Klatch	12 <b>EXPECT THE NEWSLETTER THIS WEEKEND</b>
<b>EXPECT THE NEWSLETTER THIS WEEKEND</b>	14	15 Travel Club	<b>DINNER</b>	17	18	19
20 Outdoor Ladies	21 Book Club Buddies	22	23	24	25	26
27	28	29	<b>BOARD MEETING</b>	1	2	3