



# UWCM NEWSLETTER

August | 2022



## **THE UWCM MEETING ROOM**

Atwater Library  
Club Room #7  
1200 Atwater Ave.,  
Westmount,  
Québec H3Z 1X4

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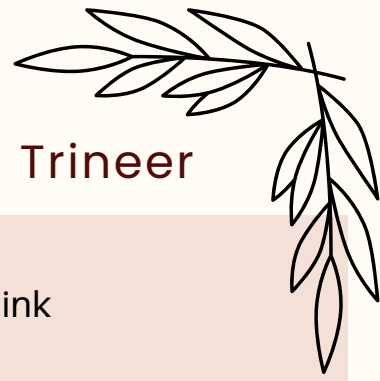
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## PRESIDENT'S GREETINGS

Leah Trineer

So many of us were wondering when “real” summer would arrive; I think that we can safely agree that it finally has!!

I hope that many of you have managed to plan a proper holiday with family, maybe involving a little long- overdue travel, the celebration of an event that was postponed due to COVID, or maybe just the opportunity to get-together with friends that have been “unseen” except for over Zoom in the past two years. While I have not taken a vacation yet, most of you know that I do enjoy my weekly golf games and the weather, I must say, has been perfect!! While the golf isn’t perfect, it is slowly improving!

Interest Groups will be starting up as we move forward into the fall but one of our new groups is keen to get going and has decided to kick-off with a planning meeting on **August 8 th from 4:30 to 6:00 at our Club Room at the Atwater Library**. To start off, the group is loosely being known as the “UWCM Book Club Buddies” and Tanya Fitzpatrick (tanya.fitzpatrick@asu.edu) is coordinating; please give her a heads up if you would like to be included so that she can answer any questions and add you to her information e-mail list.

I would also like to suggest a Morning **Coffee Klatch to be held at “Avenue G” (located just below Sherbrooke Street on Greene Avenue) around 8:00 A.M. on Friday, August 12th** . If the weather is nice, there is lots of space to sit outside and if the weather is uncertain, there is good seating indoors. Even if you are only able to drop by for a short while on your way to work or other appointments, please plan to do so.

I would like to share a favourite summer cocktail based on Peach Schnapps. It’s not difficult to make and is stored in the freezer until you wish to serve a glass or two. If you enjoy the flavour of peaches as much as I do, I guarantee that you will enjoy it!

The recipe can be found on page 10 of the newsletter.



# INTEREST GROUPS - SUMMER EDITION

## MONTREAL PRIDE WEEK

August 1-7

Pride is a celebration of hope and love. Please check out some of the scheduled events happening around the city [HERE](#).



## ITALFEST

August 5-21

ItalfestMTL aims to promote and bring to life Italian culture through the expressive and artistic forms that characterize it. The festival today offers a variety of free activities and events in various Montreal neighbourhoods, as well as in Laval.

There are tons of activities planned follow the link [HERE](#).



## PRÉSENCE AUTOCHTONE

August 9-18  
Place des Arts

### The Montreal International Indigenous Presence Festival

Flagship event of artistic creation and cultural rebirth of indigenous peoples of the Americas and the world.

Place of creation, meetings and discoveries, the multidisciplinary event unfolds for ten days in August. The Place des Festivals, with its giant teepee, then becomes the beating heart of intense artistic activity that radiates throughout the city.

The cinema of the first peoples is in the spotlight, memorable concerts, living art and a wide variety of expressions and forms.

Click [HERE](#) for more information about the event.

# INTEREST GROUPS



## TRAVEL CLUB

The Travel Club will be meeting on **Tuesday, August 9 from 3:30 to 5:30, at the Rockhill Gardens, Côte-des Neiges Decelles** in Montreal.

The theme of this month's meeting will be:

Travelling locally: What are some of the great places we can travel to without having to take a plane? Air travel has become complicated so let's explore interesting places that do not rely on this means of transport.

Please RSVP



## BOOK CLUB

Tanya Fitzpatrick would like to start a Book Club. It would begin in the fall if there is enough interest, and be held every month thereafter.

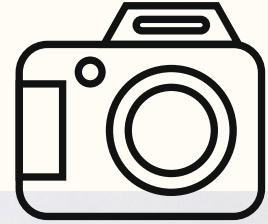
First meeting is **August 8 th from 4:30 to 6:00 at our Club Room at the Atwater Library.** Members can present a book each month and there will be a sign-up process.

Email Tanya if you are interested in joining.



Please email  
Olga Shevchenko at  
[Olgaimm@hotmail.com](mailto:Olgaimm@hotmail.com)  
if you have an idea for  
an interest group!

# LIVING IN THE MOMENT



## Valerie Aitken

I came across the drift of cornflowers whilst walking on Millington Road in Austin.

I spied one or two red poppies but the dominant colour was the blue. Further along the road is information about the early settlers and the mills that were created to make the very primitive conditions a little easier.

If you wish to participate in the "Living in the Moment", please email Emma Major with the subject line UWCM - Living in the Moment.

Please include your name and when/where the photo was taken and what inspired you to capture it.

It will be a photo segment that displays a snapshot from everyday life that inspires you or captures your mood. It can be of you or your surroundings or something you found interesting.

## NEWS FROM MEMBERS



### FOUNDATION NEWS

Thanks to your generosity through these unusually difficult times, the Foundation raised \$11,500 this past year.

The Trustees met in July to decide on disbursing these funds according to our CRA mandate.

- education: École Polytechnique (Université de Montréal), Concordia University, the Betsy Barber Endowment Fund
- community outreach: Patricia Mackenzie Pavilion, The Native Women's Shelter, Chez Doris, Auberge Shalom, Auberge Madeleine, and Atwater Library

Watch for more news about Annual Giving and our major fundraising event from Foundation Chair Donna Jensen in upcoming issues.



## NEWS FROM MEMBERS - CONTINUED



Shela Mohammed joined Pam Georges, Judi Richie, and Carly Pepler at Tour des Arts in Knowlton on a very interesting trip. Pamela Georges invited them to visit her beautiful cottage and to have coffee and delicious croissants.

Photo taken by Carmelita Rasquinha, and Submitted by Shela Mohammed

I love including photos of our members and their activities. Please send more to Emma to be added to the Newsletter.

The SEPTEMBER PHOTO CHALLENGE is to take a photo of yourself with your favourite coffee, tea, wine or cocktail!! Please include your recipe as well to share in next month's article.

# GRADUATE WOMAN INTERNATIONAL

TGWI welcomes the Thailand Association of University Women (TAUW)  
The Thailand Association of University Women has rejoined GWI, says  
TAUW President and CIR Suwithida Charungkaitikul, Ph.D.



The upcoming GWI Young Member Network event is on August 6.  
Any UWCM members in their 40s or younger are welcome to join.

The 2022 GWI Monthly Conversation Series continues on  
**August 6 at 10:00 AM CEST**

- o Topic: STEM Career and Work-Life Balance: The Story of a Microbiologist
- o Speaker: Dr. Cynthia A. Adinortey, Acting Coordinator of International Relations, Ghana Association of University Women, Molecular Microbiologist and Senior Lecturer at the Department of Molecular Biology and Biotechnology, University of Cape Coast, Ghana

All GWI YMN (in your 40s or younger) members are invited to click [HERE](#) to register for the Conversation Series.





## THE CLUB BILLBOARD



Emma Major, Co-Founder of Lively Wine, would like to offer UWCM members an exclusive perk of **15%** off your first purchase of a wine box.

There is a choice between a one-bottle box or a two-bottle box of wine sent to your door with an invitation to a private wine tasting with sommeliers, winemakers and industry professionals.

Lively Wine is a Canadian wine club with monthly membership options. Click [HERE](#) for the website.

The code is no longer available.

If you would like to advertise anything along the above lines, please feel free to send a brief ad in PDF format to [uwcm1@gmail.com](mailto:uwcm1@gmail.com) **in addition to** a \$15 fee (either by cheque payable to the University Women's Club of Montreal Inc. or via bank transfer) **no later than** the 15<sup>th</sup> of each month. \* **Businesses/self-employed people are eligible for one-year ads in every newsletter for a one-time payment of \$100.**

Members are most welcome to advertise for themselves or on behalf of family and friends.

Kindly note that **only** advertisements received with their payments within the deadline will appear in the immediately upcoming newsletter. Any ads/payments received after the 15<sup>th</sup> will be postponed to the following month.

**All advertising funds will be dedicated to the Centennial Celebration reserve.**

1 can frozen orange juice  
1 can frozen lemonade  
4 tea bags  
9 cups boiling water  
1 cup granulated sugar  
26 ounce bottle peach schnapps

## PEACH SCHNAPPS SLUSH BY LEAH TRINEER

Dissolve the sugar in seven cups of boiling water. Pour the remaining two cups over the tea bags and steep for about two minutes; discard the tea bags. Set aside to cool. In a one-gallon ice cream bucket or large bowl, mix the frozen juices. Add the water mixtures and peach schnapps. At this point, once everything is thoroughly mixed, the mixture can be divided into a few containers for the purpose of freezing. The slush should be stirred every few hours while it is freezing so that it does not freeze solid.

To serve: Scrape a large tablespoon of slush into a glass and top-up with soda, 7-Up, or ginger-ale. Play with the proportions, depending on your preference and the size of the glass.



As stated above Leah would like to suggest a Morning Coffee Klatch to be held at "Avenue G" (located just below Sherbrooke Street on Greene Avenue) around 8:00 A.M. on Friday, August 12th . If the weather is nice, there is lots of space to sit outside and if the weather is uncertain, there is good seating indoors. Even if you are only able to drop by for a short while on your way to work or other appointments, please plan to do so.

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Aug 2022

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



**MEMBERS BIRTHDAYS**

- Alaka McConnell - Aug 1
- Marie Bourbonniere - Aug 6
- Sheila Mohammed - Aug 10

If you have not given your birthday yet please email Emma.



**NEWSLETTER CURATED BY EMMA MAJOR  
PROOFREAD BY DONNA JENSEN AND ZOFIA LAUBITZ**