



UWCM NEWSLETTER

April | 2023



*Click on
these
icons!*



**THE UWCM
MEETING
ROOM**
Atwater Library
Club Room #7
1200 Atwater Ave.,
Westmount,
Québec H3Z 1X4

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PRESIDENT'S GREETINGS

Leah Trineer

Welcome Spring!!!

Spring has truly arrived in Montreal! I do hope that you were all able to enjoy the recent long weekend and had time to spend with family and friends.

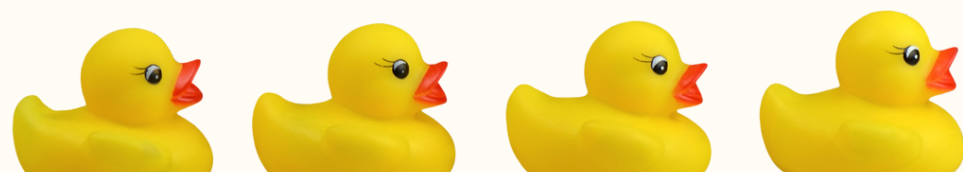
You have now all received your 2023 version of the Membership Directory. As always, should you move, change e-mails, etc. please let us know as soon as possible so that we can publish any necessary revisions in the monthly Newsletter. We have reported our current year membership to CFUW and are pleased to say, that despite the challenges of Covid, we have welcomed a significant number of new members to the club. Should you see a face that you don't recognize, don't be shy to introduce yourself and welcome them to sit with you at dinner or join an interest group that you may already belong to.

Now that spring has arrived, the Travel Group will once again be beginning to meet as will the Gardening Group. Many of you were present at the December meeting where Paterson

Webster spoke about her newly released book "Autobiography of a Garden". We are hoping to organize a "field trip" to her garden, "Glen Villa Art Garden", on one of the three days that it will be open to the public during the up-coming summer months. Please let me know if you are interested so that we can organize tickets and possible carpooling.

We all remember the adage "April showers bring May flowers"! April is also the month when we remember Earth Day, this year to be recognized on April 22 nd . More than ever before we all need to do our part towards the sustainability of our planet. Every positive action that one of us takes, effects change and when we act and share these changes with our families and friends, we spread the word and prompt others to do so as well. I can share one thing that I consciously try to do, I make every effort to only purchase food-related items in packaging that can be recycled: only paper, cardboard, and if necessary, recyclable plastics. I refuse to buy anything that comes in packaging that ends up in the garbage. I would love to hear what each of you are doing or plan to do to recognize Earth Day. We should share your actions and ideas with other members so that our impact will be greater.

I was recently honoured to represent you at the Scholarship Reception for our recipient at the Ecole Polytechnique. We have invited her to join us for dinner on the 26th of April and hope that she will be able to attend. Looking forward to seeing you all there!



INTEREST GROUPS - ACTIVE AT THIS TIME



We encourage anyone interested in creating or inspiring an interest group to do so.

Each interest group that is active and would like to be included in the monthly newsletter must send their update to Emma by the last weekend of each month to be included in the proceeding month.

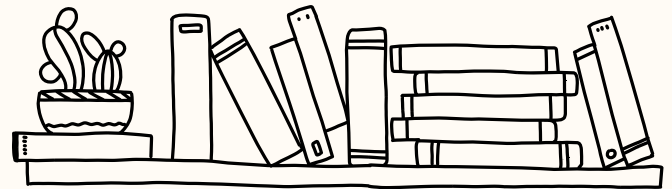
TRAVEL CLUB

RETURNING SOON!

Andrea de Gosztanyi is the Convenor of the Travel Group.

Andrea is on her way back from vacation, keep an eye for news.

Please confirm attendance with Andrea



BOOK CLUB BUDDIES

The group meets on **the third Monday of the month between 3:30 and 5:30 in the Club Room at the Atwater Library.**

The next meeting is **Monday, April 17th.**

Each member selects a book to recommend to the group on a rotational basis. Currently, the group is full. If this is of interest in a second Book Club please let us know.

INTEREST GROUPS

MUSEUM AND ART GALLERY

The Montreal Museum of Fine Arts is presenting a beautiful exhibit dedicated to the development and innovation of "women in design".

If you are interested in attending the exhibit, it is open to the public **between Feb 18-May 28th**.

Let us know if you have an interest in organizing a guided tour.



WOMEN'S ISSUES GROUP



The next meeting is on **April 20th, Thursday at 6pm at the McGill Faculty Club**. Please let Olga know in advanced as it needs to be made into a reservation.

Please contact Olga Shevchenko for more information regarding this dinner.

COFFEE KLATCH

This group **meets on the second Friday morning of the month, anytime between 7:30 and 9:30 A.M. at the Avenue G coffee shop** on Greene Avenue (just south of Sherbrooke and Greene).

INTEREST GROUPS

SOCIAL MEDIA

SEEKING INTEREST in a group interested in learning the social media basics for Facebook, Twitter, and Instagram.

We have tentatively arranged a presentation on social media basics with the Atwater library to host the lesson.

This will be a daytime presentation. Please email Olga Shevchenko if you are interested in attending. Please include a preferred weekday.

At this time the group needs a minimum of 3 people to be established.



BRIDGE 1 & 2

CALL TO ACTION

The advanced bridge group is looking for one more player at the appropriate level to join them.

The bridge for beginners group is looking for someone willing to teach others how to play.

If you are interested in either one of these opportunities please email Olga Shevchenko



FOR OTHER INTEREST GROUPS THAT ARE RUNNING CAN BE FOUND BELLOW.

YOU CAN STILL SIGN UP FOR THEM BY EMAILING BARBARA WITH YOUR NAME AND CONTACT INFORMATION. THE SUBJECT LINE IS THE CLUB YOU WOULD LIKE TO JOIN.

INTEREST GROUP CONVENER/ ORGANIZER

FIRESIDE GARDENING
ELAINE BANDER

ARTS AND CRAFTS
DIANNE THEORET-MAJOR

STAGE AND SOIREE
LIZ WIRTH AND OLGA SHEVCHENKO

MUSEUM AND ART GALLERY - TBD

BOOK CLUB #2 - TBD

AFTERNOON TEA - TBD

LADIES WHO LUNCH
LAURETTA ALEXANDER AND ADELE HEBERT

WINE TASTING
EMMA MAJOR

BRIDGE FOR ADVANCED PLAYERS
SANDRA BRODSKY

BRIDGE FOR BEGINNERS - TBD



INTEREST GROUPS

ATWATER LIBRARY LECTURES AND LUNCH

The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. **These events usually take place on Thursdays (but sometimes other days), from 12:30 to 1:30 pm. Located in room 7 after the lecture.**

Below is a list of Atwater Library events scheduled for the next month or so. Click [HERE](#) for the whole list of this season's upcoming events.

Thursday, April 20, 2023 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: Amanda Kellock, Artistic and Executive Director of Repercussion Theatre, discusses Shakespeare's enduring appeal and shares plans for Repercussions upcoming season.

To REGISTER and get the Zoom link, click [here](#).

Thursday, April 27, 2023 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: Historian Sam Allison gives an illustrated presentation on Montreal's Victoria Bridge, constructed between 1854 and 1859 and still in use.

To REGISTER and get the Zoom link, click [here](#).

Thursday, May 4, 2023 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: Mark Gallop gives an illustrated presentation on "The St. Lawrence Waterway Project: From Colonial Canals to the Seaway."

To REGISTER and get the Zoom link, click [here](#).

Thursday, May 11, 2023 from 12:30 to 1:30 pm

IN PERSON AND BY ZOOM: McGill University Library's Christopher Lyons gives an illustrated talk on "Making Black Canadian History: The Life and Collections of Montrealer Roy States (1919-1980)."

To REGISTER and get the Zoom link, click [here](#).

CALL TO ACTION: FOR BOARD POSITIONS

The board is looking to fill a position for the coming year. If you are interested in becoming our [Social Media Representative](#).

You do not have to know everything about social media, but you do have to bring a willingness to adapt and learn on the go.

Please let the chair of the Nomination Committee Donna, know at your earliest convenience if this is the position for you.

DINNERS AT LA CLASSE - APRIL

Reminders:

- Please bring cash to pay for your dinner (\$30 tax included)
- Wine and liquor at the bar with debit/ credit available.
- Special coffees cost extra.
- Parking is available under the LaSalle College, the entrance is on Fort Street. Parking is free and should be done on level P2. When you exit, notify the attendant by using the button indicated for assistance and mention that you were eating La Classe.

For reservations, please be in touch with Sheila Mohammed.

NOTE! You must make your reservation known to Sheila



**Amal Elsana Alh'jooj and her book:
Hope is a Woman's Name.**

Bibliophile Bookstore in Montreal also carries it and the owner, Sandra Climan will be present to sell the book at the April 26 dinner.

Sandra (owner of the Bibliophile bookstore) is willing to also have members pre-order a book from her beforehand and bring them to the dinner providing they are willing to pay before.

DINNERS AT LA CLASSE - MAY

**AGM
DINNER**

For reservations, please be in touch with
Sheila Mohammed.

NOTE! You must make your reservation.

SAVE THE DATE for May 17th

News to follow: the AGM information will be sent out as its own notice.

SCOLARSHIP RECIPIENT

Madame, Monsieur,

Par la présente lettre, je souhaite vous remercier de m'avoir accordé la bourse de persévérance au féminin Club des femmes universitaires de Montréal (CFUM). C'est vraiment un grand honneur et une grande fierté pour moi d'être bénéficiaire de cette bourse.

Dans le formulaire, on définissait la persévérance comme « la notion de dépassement face à un obstacle, une situation/difficulté personnelle de toute ordre [...] qui entrave ou a entravé votre parcours scolaire, mais malgré tout, vous avez continué et réussi vos études ». La partie la plus importante selon moi est « mais malgré tout, vous avez continué et réussi vos études ». En effet, j'aspire à devenir ingénieure pour concevoir des structures novatrices, utiles et performantes, et je travaille tous les jours pour ça. Aujourd'hui, grâce à votre générosité, je vais pouvoir pallier une partie des difficultés financières entraînées par la pandémie et ainsi me concentrer sur la poursuite et la réussite de mon baccalauréat en génie mécanique.

Merci encore de contribuer à ce projet, je ferai en sorte de donner le meilleur de moi-même pour atteindre mes objectifs académiques et professionnels.

Veuillez agréer, Madame, Monsieur, l'expression de mes meilleurs sentiments.

CJD



The "Woman in Perseverance" scholarship recipient seen beside Leah in the photo above is Carlène Jones-Duncan, She is a third-year Mechanical Engineering student at The Polytechnique School of Montreal.

To the left is her thank you letter to us, for being considered and awarded the scholarship.

RESOLUTIONS 2023 - AGM VOTE

Resolution - CFUW Halifax

Title: Immigration Detention in Canada

RESOLVED, That the Canadian Federation of University Women (CFUW) urge the Government of Canada, provincial and territorial governments to:

1. Abolish the use of correctional facilities for the purpose of immigration detention and end provincial contracts with the Canadian Border Services Agency (CBSA).
2. Utilize alternate options of immigration monitoring.
3. Support the passage of Bill C-20, The Public Complaints and Review Commission Act

Resolution - CFUW Hamilton

Title: A comprehensive maternal death prevention strategy

RESOLVED, that the CFUW urge the federal government to work with the provinces/territories to establish a national system to collect and share consistent disaggregated data on maternal deaths (stripped of confidential information) and close calls, with health care providers.

RESOLVED, that the Canadian Federation of University Women (CFUW) urge the provincial and territorial governments to promote enhanced education of health care providers and improved public education of patient populations as part of this initiative.

Resolution - CFUW International Relations Committee

Title: Impact of international trade agreements

RESOLVED, that CFUW urge the federal government to use international trade agreements as instruments to accelerate the achievement of Sustainable Development Goals (SDGs), specifically; goal 3 good health and well-being, goal 4 quality education, goal 8 decent work and economic growth, goal 10 reduced inequalities and goal 12 responsible consumption and production.

RESOLVED, that CFUW urge the federal government to include women's organizations in all aspects of developing and evaluating Canadian international trade agreements.

RESOLVED, that CFUW urge the federal government to ensure that current and future International trade agreements are used as tools to maximize efforts to promote gender equality, food security and support sustainable economic development.

Resolution - CFUW Perth and District

Title: Fair Treatment for Canadians Suffering from Chronic Lyme Disease and Other Tick-borne Diseases

RESOLVED, That the Canadian Federation of University Women (CFUW) strongly urge the federal government and all relevant provincial bodies (governments, public health agencies, medical associations, and colleges of physicians and surgeons) to:

- Recognize all 15 of the 2022 World Health Organization's (WHO) ICD-11, the medical diagnostic codes for chronic Lyme disease, and thus, recognize chronic Lyme as a treatable disease in Canada;
- Provide access to treatment for chronic Lyme (and other chronic tick-borne diseases) under our publicly-funded healthcare systems (e.g., OHIP, etc.) so that chronic Lyme disease patients do not have to pay out of pocket for medical care;
- Employ the International Lyme and Associated Diseases Society (ILADS) Diagnostic and Treatment Guidelines as the primary guidelines in the treatment of acute and chronic Lyme disease and other tick-borne diseases.

RESOLVED, That CFUW urge medical schools across Canada to:

- Include comprehensive, evidence-based learning about Lyme disease and other tick-borne disease in their curriculum;
- Adopt the ILADS diagnostic and treatment guidelines as the primary, evidence-based approach to diagnosis and treatment of Lyme disease and other tick-borne diseases;
- Educate medical doctors and other health practitioners to rely on a clinical diagnosis of Lyme disease as recommended by Health Canada.

FOUNDATION NEWS

CARTOONING is COMMUNICATING

with Terry "Aislin" Mosher and Jacques "Boris" Goldstyn



THURSDAY, APRIL 27, 5:30 pm

Atwater Library Auditorium
1200 Atwater Avenue, Westmount, QC

Tickets: \$50

cash or cheque (made payable to UWCM Foundation)

Ask your friends! Bring a family member... or two!
Join us for refreshments in our clubroom afterward.

Support bursaries and local outreach for women.

2nd annual benefit-cocktail *Gimme Shelter - Day and Night!*



**Gimme
shelter**
Day and Night!

Save the date

Thursday June 15, 2023
5:30 pm

—
Le Salon Richmond 1861
550, av. Richmond



On Thursday, June 15th, Chez Doris will be hosting its 2nd annual benefit-cocktail *Gimme Shelter - Day and Night!* chaired by Elizabeth Wirth and Jacques Maurice, in honour of Bash Shetty whose recent donation has enabled us to purchase and renovate a 2nd permanent residence.

Thursday, June 15, 2023
Le Salon Richmond 1861 | 5:30 pm
550, av. Richmond



**Save the date for
this event,
invitation to
follow.**

CFUW NEWS

Username:

Password:

The link to the website for the members-only portal is [HERE](#).

As a member, you are welcome to access the exclusive side of the CFUW website. Please feel free to discover more information and details regarding international club news.

THE CLUB BILLBOARD

If you would like to advertise anything along the above lines, please feel free to send a brief ad in PDF format to uwcmtl@gmail.com **in addition to** a \$15 fee (either by cheque payable to the University Women's Club of Montreal Inc. or via bank transfer) **no later than** the 15th of each month. * **Businesses/self-employed people are eligible for one-year ads in every newsletter for a one-time payment of \$100.**

Members are most welcome to advertise for themselves or on behalf of family and friends.

Kindly note that **only** advertisements received with their payments within the deadline will appear in the immediately upcoming newsletter. Any ads/payments received after the 15th will be postponed to the following month.

All advertising funds will be dedicated to the Centennial Celebration reserve.

GW I UPDATE

The 17 Sustainable Development Goals

By Donna Jensen, GWI Liaison

On March 24, I attended a virtual webinar where Dr. Baska Ovacik of the Turkish Association of University Women (TAUW) and lecturer in gender studies at the Bahçeşehir University in Istanbul, Türkiye. The CFUW Nepean Club invited GWI members from around the world to take part in this Peer-to-Peer conversation.

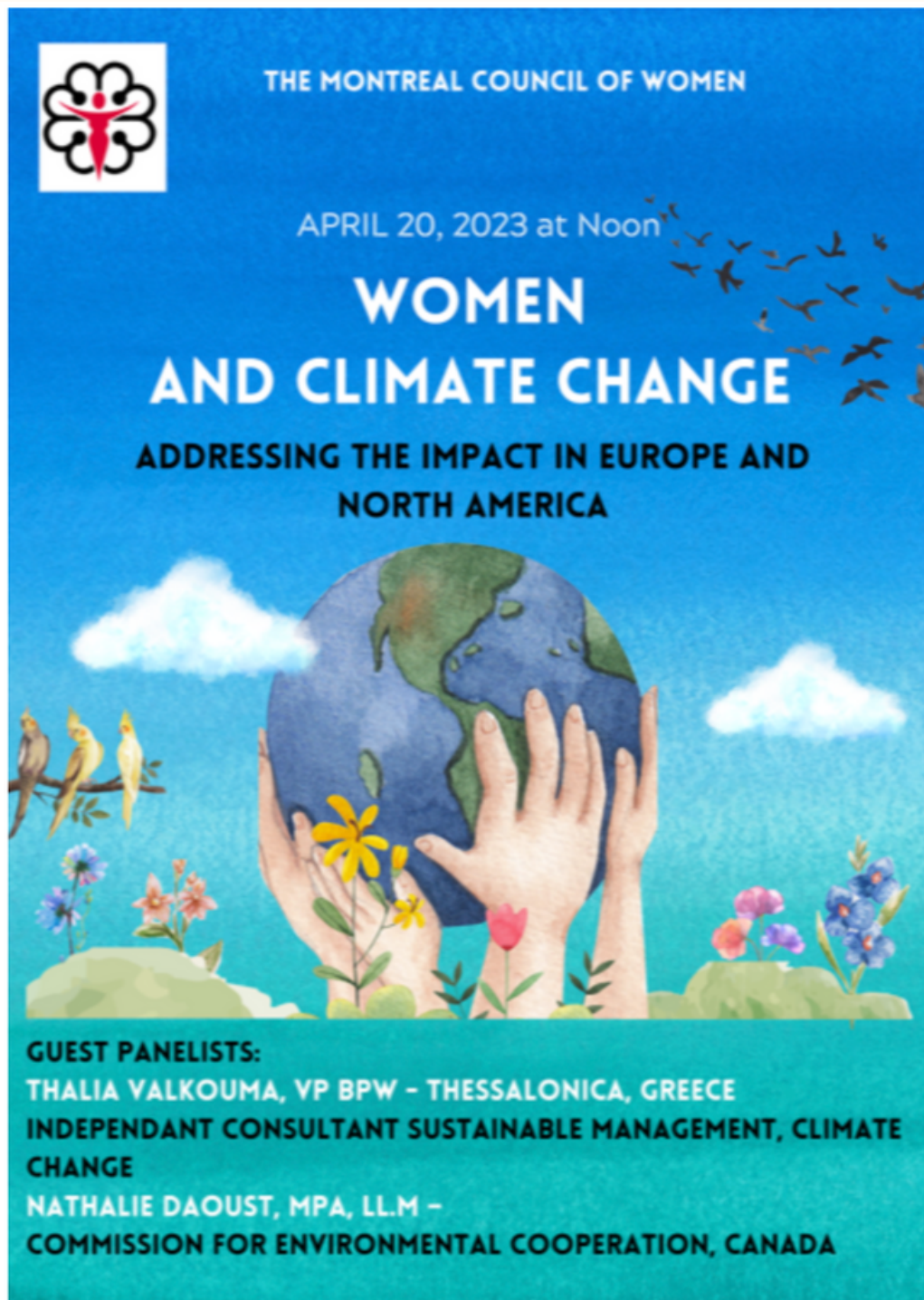
Dr. Ovacik made an engaging presentation on the heels of not only the devastating earthquake in her home country but also the United Nations Status of Women conference in New York City. She explained the importance of the 2015 SDGs adopted by all UN member states as a universal call to action to protect the planet and ensure all persons enjoy peace and prosperity.

1. no poverty
2. zero hunger
3. good health and well-being
4. quality education
5. gender equality
6. clean water and sanitation
7. affordable, clean energy
8. economic growth
9. 10ths industry, innovation, infrastructure
10. reduced inequalities
11. sustainable cities, communities
12. responsible consumption/production
13. climate action
14. protect life below water
15. protect life on land
16. peace, justice, strong institutions
17. partnerships with governments, private sector

Considered interrelated, these goals will be considered successful if achieved by 2030.

To view the presentation, click: <https://vimeo.com/811942966>





Click [here](#) to register for this online event.

Click [here](#) for more information about the speakers for this event.

APRIL

/ 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2 Deadline for newsletter submissions	3	BOARD MEETING	5 	6	7 	8
9	10 	11	12	13 	14 Coffee Klatch	15
16	17 Book Club Buddies	18	19	20 Womans Issues	21	22 
23	24	25	DINNER	27 Foundation Fundraiser	28	29
30	1	2	3	4	5	6

BIRTHDAY THIS MONTH

Valerie Aitkin - April 1

If you have not given your birthday yet please email Emma

MAY

/ 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	BOARD MEETING	4	5	6
7 Deadline for newsletter submissions	8	9	10	11	12	13
14	15 Book Club Buddies	16	AGM DINNER	18	19 Coffee Klatch	20
21	22	23	24	25 Womans Issues	26	27
28	29	BOARD MEETING	31	1	2	3