



**THE UWCM MEETING ROOM**

Atwater Library  
Club Room #7  
1200 Atwater Ave.,  
Westmount,  
Québec H3Z 1X4

**Let's Celebrate the Holiday Season together at Ile Cortile! December 8, 2021.**



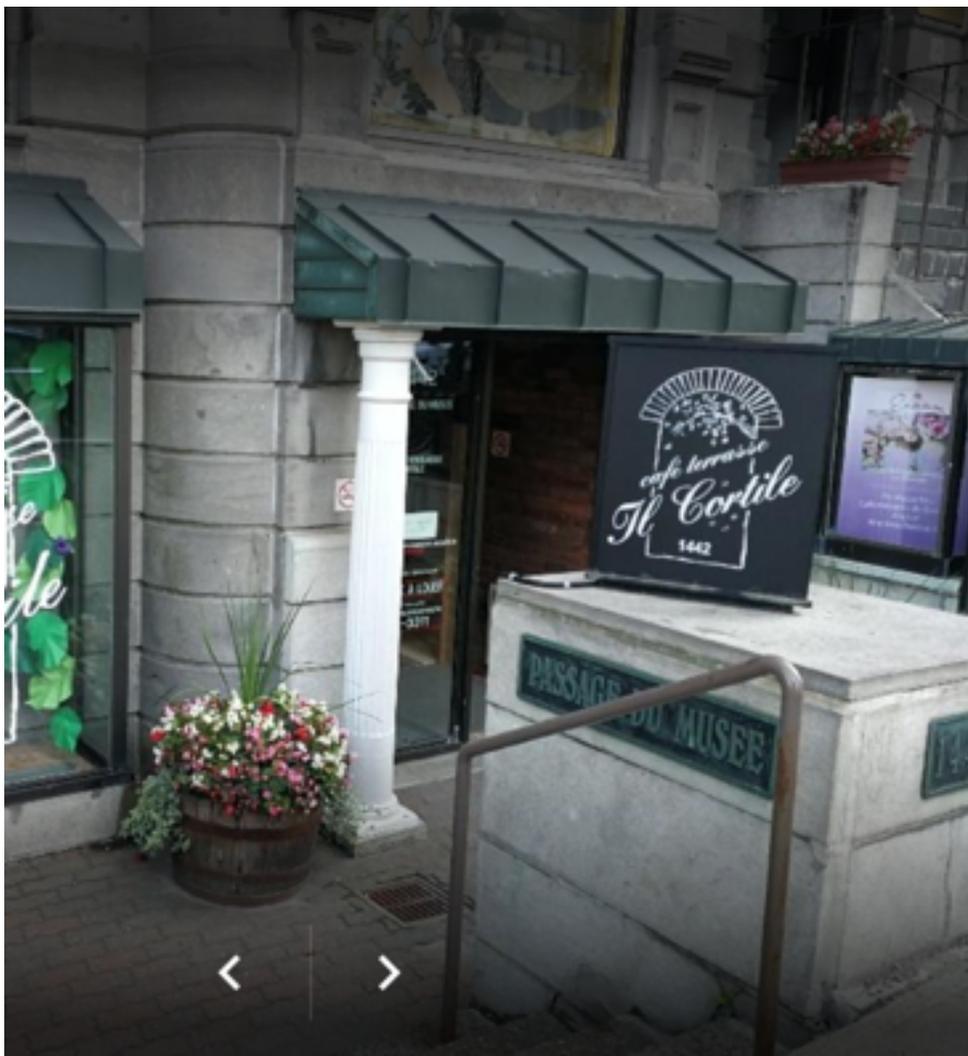
It is too bad that we had to miss our November dinner at La Classe. *(As it turns out, there was no problem. But La Classe was classy & careful.)*

Many people had responded to the call for reservations. We expected a full house! So we know that people are eager to see one another

again. Thus, we can look forward to a festive celebratory evening at **Il Cortile Restaurant, 1442 rue Sherbrooke Ouest.**

See the following page for the Menu (\$53.00 pp incl. tax). We must buy our own wine from an extensive wine list.

*NOTE! We will **not** honour the free meal certificates for this Holiday dinner! And Covid passports and ID are required.*



As always, please be in touch with Sheila Mohammed to let her know that you would like to join us on December 8: [sheilamohammed33@gmail.com](mailto:sheilamohammed33@gmail.com) or call: 514-341-0060.



*Il Cortile Menu*

*Antipasto a Scelta*

*Caprese (Insalata, Bocconcini e Pomodori)*

*Melanzane Al Forno Con Provolone*

*Stracciatella con Spinaci e Zucchini*

*Crespella Di Ricotta Allo Zafferano*

*Grigliata di Legumi all'Olio d'Oliva Extra Vergine*

\*\*\*\*\*

*Secondo A Scelta*

*Linguine Fior Di Pomodoro & Basilico*

*Gnocchetti Al Gorgonzola*

*Lasagne di Verdura*

*Risotto con Scampi allo Zafferano e Spinaci*

*Pappardelle ai Funghi Selvatici*

\*\*\*\*\*

*Dolce & Caffè*

**Message from Co-presidents,  
Donna Jensen and Leah Trineer**



Greetings, fellow members –  
Regretfully, our November dinner was cancelled as a preventive measure because one of its chefs had come in contact with someone who tested positive for COVID-19.



Maître d’ Lavigne assures us that at no time did any member of the restaurant test positive. We will happily be returning to La Classe in January and plan to arrange our November speaker’s return some time in the future.

This month, we will celebrate the holidays at Il Cortile Restaurant where long-awaited, empathy expert and award-winning educator Anita Novak will speak about empathic action, drawn from her 2011 doctoral thesis.

During the annual international “16 Days of Activism to Stop Violence Against Women” campaign – from November 25 to December 10 – the thoughts of all Montrealers turn to the 14 young women killed more than 30 years ago at Université de Montréal’s École Polytechnique. Let’s not ever forget what was taken from us that day.

Recently, the Canadian Federation of University Women targeted gender-based violence as one of six pressing needs on which our country should focus, as well as child care, elder rights, Indigenous peoples’ rights, climate change, and pay equity. Do you agree? Perhaps we can form discussion groups on one or more of these topics. Contact any member of the board if this might interest you.

All of us certainly appreciate Barbara Lewis’s lively and informative newsletter each month. We encourage you to contribute an item of interest to help keep it so. The latest edition introduced the “Enviro Corner” to read about – and pass on – tips to reduce our carbon footprint.

We are grateful that so many members have remained loyal, enthusiastic and engaged in our club. And our membership numbers are growing! We welcomed Lorraine O’Donnell and Andrea Bobkowicz this spring and are pleased that Valerie Shannon, October dinner speaker Danièle Le Blanc, student member Emma Major, and past member Anna DiTuri have all recently entered the UWCM family. Please join us in extending a warm welcome.



Ours is a club that supports Graduate Women International (GWI) and we are looking for a member to liaise with other CFUW-GWI clubs that Zoom-meet occasionally to ensure word gets out on GWI issues and initiatives – like last year’s “Walk to Kabul.” Let us know if global issues are of interest to you.

Happy holidays – and stay safe!

## Looking Back to December 6, 1989

Dec. 6 marks the 32nd anniversary of the shooting rampage at the École Polytechnique de Montréal in which 14 ambitious and energetic women lost their lives because they were ambitious and energetic women!

At the UWCM, we will always honour the memory of Geneviève Bergeron, Hélène Colgan, Nathalie Croteau, Barbara Daigneault, Anne-Marie Edward, Maud Haviernick, Maryse Laganière, Maryse Leclair, Anne-Marie Lemay, Sonia Pelletier, Michèle Richard, Annie St-Arneault, Annie Turcotte, and Barbara Klucznik-Widajewicz.

Remember their names ... remember their legacy.



Donna Jensen is standing among the 14 names of young women killed that day.

In the background is the École Polytechnique building and further in the distance you would find the iconic Université de Montréal tower.  
*"Photos by Dominic Varvaro"*



**WOMEN OF NOTE**

**Heather Stefanson**

A recognized public figure and a passionate community champion, Heather has been the MLA for Tuxedo, Manitoba, since 2000.

On May 3, 2016, she was sworn in as Minister of Justice and Attorney General, and Deputy Premier of Manitoba.



Heather holds a Bachelor of Arts degree from the University of Western Ontario and completed her financial education at the Canadian Securities Institute. She was awarded her Professional Financial Planning Designation in 1997. During her career in the Finance industry, she worked as an Investment Advisor for Midland Walwin and Wellington West Capital. Heather also gained valuable political experience working in the offices of the Prime Minister of Canada, the federal Minister of Agriculture, and the provincial Minister of Education.

Heather’s energy and spirit are evident in her equally extensive and accomplished volunteer career that spans the realm of special needs, education, charitable organizations, community centres, senior citizens, and cultural foundations. She is an honorary Board Member of Special Olympics Manitoba and was responsible for introducing a Private Members Bill to recognize Special Olympics Manitoba Awareness Week.

Heather was born and raised in Winnipeg. She and her husband Jason are proud parents to Victoria and Tommy. They enjoy spending time together with the family dog in Tuxedo’s many beautiful parks.



**NEW UWCM MEMBERS!**

We welcome new members *Danièle LeBlanc, Valerie Shannon, Emma Major and Anna Di Turi.*

We are very happy to have you in the club! If you have questions or comments or you would like to contribute in some specific way, please let us know!





## The Enviro-Corner

Most of us have heard about and/or followed the events of the hugely important UN Climate Change Conference COP26 held in Scotland. Here are a few of the changes that Canada has agreed to make in coming months and years. A kind of *crib notes* version of the report filed by Hannah Jackson, a CTVNews.ca Writer.

### WHAT DID CANADA AGREE TO?

**Ending public support for oil and gas:** Canada, the U.S. and U.K. were among signatories to a deal to stop any new, direct public financing for oil, gas and coal development by the end of 2022. Instead, the countries agreed to invest in renewable energy. Canada's natural resource minister called it a "big deal."

**Phasing out coal:** In 2018, Canada announced regulations to phase out traditional coal-fired electricity by 2030, and greenhouse gas regulations for natural gas-fired electricity. Canada and the U.K. founded the Powering Past Coal Alliance, which now has 165 signatories, 28 of which joined during COP26.

**Methane emissions reduction:** Canada also re-upped its support for the Global Methane Pledge. The federal government initially offered its support of the pledge in October, vowing to cut methane emissions by 30 per cent from levels recorded in 2020 by 2030. The pledge now has 110 supporters.

**Vehicle emissions:** Canada signed a joint declaration saying it would work towards ensuring all sales of new cars and vans would be net zero emissions globally by 2040, and by no later than 2035 in "leading markets."

Canada also signed a **memorandum of understanding** alongside 14 other countries that said it would work towards 100 per cent zero emissions on new truck and bus sales by 2040, with 30 per cent by 2030.



**Atwater Library and Club Room #7**

**Programs and Services**



Atwater Library staff and volunteers are welcoming library borrowers inside their building on weekdays from 10 AM to 6 PM – mask wearing, distancing and proof of double-vax is required.

Access is limited to the stacks and circulation desk with the reading room and computer centre remaining closed. For those who set up visits to the library, please note:

Our new contacts are:

**Manager of Administration and Development**, Nandi Belinsky (nbelinsky@atwaterlibrary.ca), who replaces Brandon.

**Head Librarian**, Roxann Fournier-Hoyt (rfhoyt@atwaterlibrary.ca), who replaces Kimberley.

**Access to the UWCM Club Room #7**

The Clubhouse is accessible between 10 AM and 6 PM, Monday to Friday.

Enter from Tupper Street and head upstairs to sign in and get the key to our room. There is a sign-in book and key to #7 in our mail slot in Roxann’s office, should you need to get into our #7 during regular business hours.

Be sure to lock the door when you leave and return the key when you sign out at the desk.



The rules regarding wearing a mask may change in the coming days. Please call the library in advance to get an update, 514-935-7344. Limit your presence to our clubroom and washroom.

Club room #7 - Atwater Library. Photo by Dominic Varvaro.



**YOU ARE INVITED!**

The members of the UWCM are cordially invited to join the James McGill Society for this special presentation on the history of McGill.

Please RSVP for in-person seating in the Ballroom:  
Vaccination proof required upon entry to the Faculty Club.

You can join us either in the McGill Faculty Club Ballroom  
OR by Zoom:

<https://mcgill.zoom.us/j/83847939694>

Meeting ID: 838 4793 9694

***JAMES MCGILL SOCIETY***

*The Annual Stanley Frost Lecture*

**McGill University, 1970-2002**

By

**Peter F. McNally**



**Monday, December 6, 2021**

Reception/Chat: 5:00 p.m.  
Presentation: 5:30 p.m.

**THE UNIVERSITY WOMEN'S CLUB OF  
MONTREAL PUBLIC FOUNDATION****Foundation update:**

The Foundation's Annual Giving Campaign is under way. Please think about making a contribution (and receiving a tax receipt) to help us support local women's groups and funding education for women in need. By now, you will have received in the mail all the necessary information to make your contribution. We strongly recommend using Canada Helps (<https://www.canadahelps.org/en/donate/>) and you will receive your tax slip right away! Thank you for your generous support. - Andrea de Gosztonyi, Chair, and the Trustees of the UWCM Foundation

# INTEREST GROUPS

## Travel Club

*"Christmas celebrations around the world"*



The next two Travel Club meetings will be held on Zoom. The theme for December 17 will be *Christmas celebrations around the world*, and on January 11, *Gardens*. You may share photos and videos. Zoom makes this very easy and lots of fun! I will gladly help you. Cheers! - Andrea de Gosztonyi  
 RSVP appreciated: [uwcmtl@gmail.com](mailto:uwcmtl@gmail.com)

## Outdoor Ladies

**Note from Zofia Laubitz:** We'll be hibernating over the winter, and I'll probably organize our first spring walk next April, unless the Botanical Garden is able to run its *Butterflies Go Free* event, in which case I might suggest we go there in March. All that will depend on how public health conditions evolve, of course.  
 - Zofia Laubitz



## Financial Literacy

*Andrea Bobkowicz* is organizing this group, which meets at 7:00 PM on the second Thursday of the month. Andrea will focus on a specific document that is available on the UWCM website under *Financial Literacy*. Developed by women for women, a facilitator manual and 15 case studies are available in a print-ready PDF for use by community groups, professional educators and others.



**Note from Andrea:** We will restart again in January 13, second Thursday of the month. I'm looking forward to seeing all of those who are interested in the Club Room at the Atwater Library. Vaccination Passports are required. - *Andrea Bobkowicz*



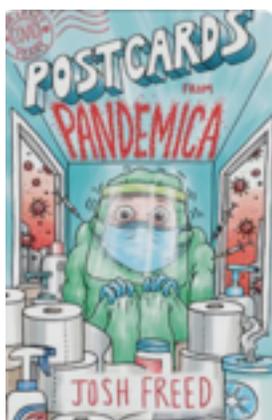
## Atwater Library Lectures and Lunchtime Series

*Carly Pepler* has researched the Atwater Library Lunchtime Lectures. They are as follows until the end of the year. They are free and available online as noted. Members will not be meeting in person or serving lunch until further notice.

## Lunchtime Series

The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. Lunchtime Series events usually take place on Thursdays (but sometimes are on other days), from 12:30 to 1:30 pm.

*At present they are on Zoom only!*



### Upcoming December ZOOM Events:

#### Thursday, December 2, 2021 from 12:30 to 1:30 pm

Josh Freed, award-winning filmmaker, writer and journalist, discusses his sensational new book POSTCARDS FROM PANDEMICA: Our Crazy Covid Years. To REGISTER and get the Zoom link, click [here](#).

#### Thursday, December 9, 2021 from 12:30 to 1:30 pm

**CHRISTMAS CONCERT:** Inspirational singer **Barbara Lewis** and friends perform Christmas favourites and other touching songs. Barbara will be joined by three other singers: Doug Balfour (piano/voice), Sheila Smith and Cordell Henebury (voices and guitar) and storyteller Jerry Black, who will read his true and very poignant story, *Christmas Angels*. To REGISTER and get the Zoom link, click [here](#).



**RECENT INTEREST GROUP ACTIVITIES**

**MEMORABLE JAUNTS**

Convened by Dominique Racanelli, a group of UWCM members took their first outing together in October. The meeting was titled:

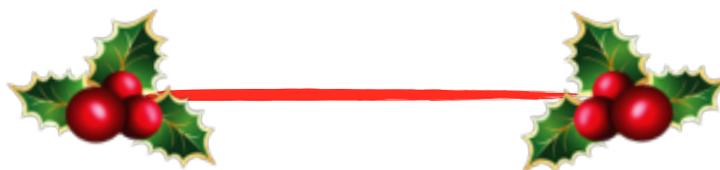
**“Two Gifts from Two Cities”**

Montrealers are familiar with the Art Nouveau Arch outside Victoria Square Metro, a gift from the city of Paris. How many know that just a block away from the same Metro is a precious gift to Montrealers from the city of Berlin?

We will meet underneath the arch, take photos, and proceed to view the large section of “The Berlin Wall”.



After the event, Dominique wrote: "Our inaugural Jaunt was filled with delightful discoveries. The section of “The Berlin Wall,” located in the Montréal World Trade Centre was a definite highlight.”





## Phenomenal Woman

By Maya Angelou  
 (Submitted by UWCM member, Rabila Bootwala)

Pretty women wonder where my secret lies.  
 I'm not cute or built to suit a fashion model's size  
 But when I start to tell them,  
 They think I'm telling lies.  
 I say,  
 It's in the reach of my arms  
 The span of my hips,  
 The stride of my step,  
 The curl of my lips.  
 I'm a woman  
 Phenomenally.  
 Phenomenal woman,  
 That's me.

I walk into a room  
 Just as cool as you please,  
 And to a man,  
 The fellows stand or  
 Fall down on their knees.  
 Then they swarm around me,  
 A hive of honey bees.  
 I say,  
 It's the fire in my eyes,  
 And the flash of my teeth,  
 The swing in my waist,  
 And the joy in my feet.  
 I'm a woman  
 Phenomenally.  
 Phenomenal woman,  
 That's me.

Men themselves have wondered  
 What they see in me.  
 They try so much  
 But they can't touch  
 My inner mystery.  
 When I try to show them  
 They say they still can't see.  
 I say,  
 It's in the arch of my back,  
 The sun of my smile,  
 The ride of my breasts,  
 The grace of my style.  
 I'm a woman  
 Phenomenally.  
 Phenomenal woman,  
 That's me.

Now you understand  
 Just why my head's not bowed.  
 I don't shout or jump about  
 Or have to talk real loud.  
 When you see me passing  
 It ought to make you proud.  
 I say,  
 It's in the click of my heels,  
 The bend of my hair,  
 the palm of my hand,  
 The need of my care,  
 'Cause I'm a woman  
 Phenomenally.  
 Phenomenal woman,  
 That's me.

-----  
*Each month, we ask UWCM members to send us a favourite poem or photo or recipe to be posted in the newsletter. Please feel free to contribute!*



**Salmon Log**  
(recipe from Linda Edgar)

- 1 can red salmon
- 8 oz. cream cheese
- 1 tablespoon lemon juice
- 2 tsp grated onion

**Instructions**

- Drain and flake salmon
- Combine with all other ingredients except nuts and parsley
- Mix thoroughly and chill
- Shape into a log
- Roll in nuts and parsley
- Chill

- 1 tsp horseradish
- 1/4 tsp salt
- 1/2 cup chopped pecans/walnuts
- 3 tbsp chopped parsley

<h1 style="text-align: center; margin: 0;">December 2021</h1>						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Josh Freed's Book. Atwater Zoom Series	3	4
5	6	7	8 UWCM Christmas Dinner at Il Cortile	9 Barbara Lewis Christmas Concert, Zoom	10	11
12	13	14	15	16	17 Travel Group	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



## FACEBOOK



University Women's Club  
of Montreal Inc.-UWCM  
@uwcmntl

Contact Us

-   
Publish
-   
Photo
-   
Promote
-   
View As

5 out of 5 • Nonprofit Organization • Montreal,...

Home About Events Photos Videos



Create a post

-  Photo
-  Create Story
- 
- 

## THE UWCM IN SOCIAL MEDIA

Click on each name  
to visit our pages!

[UWCM Website](http://uwcm.com) - uwcm.com

- [Facebook](#) - a social networking site where we connect and share with family and friends
- [Instagram](#) - a social media platform for sharing photos and videos
- [LinkedIn](#) - the world's largest professional network on the internet
- [Twitter](#) - a "microblogging" system that allows you to send and receive short posts called "tweets"
- [Youtube](#) - an online video platform



NEWSLETTER TEAM  
Barbara Lewis - Editor  
Zofia Laubitz - Proofreader