



**THE UWCM
MEETING
ROOM**

Atwater Library
Club Room #7
1200 Atwater Ave.,
Westmount,
Québec H3Z 1X4

Here comes November 2021!

Our dinner at La Salle Restaurant on October 27, the first in many months, was a great success! We hope you will join us for the next dinner on November 17!



Message from Co-presidents, Donna Jensen and Leah Trineer



Donna Jensen

Wanda Leah Trineer

As I write this, the sun is shining, the air is crisp, and fallen leaves scuttle across the pavement outside my window.

Still in the midst of Thanksgiving reflections, I feel grateful that routines are normalizing. I am content to always be learning and happy to support those in need. As the bright, sunny October days transition into more dreary, sombre days in November, I can't help thinking of Remembrance Day.

The red poppies we wear portray our pride in – and support of – our veterans and active service members. They help us reflect on our country's participation in wars long ago, peacekeeping missions during my lifetime, and hostile engagements more recently. They remind me of the safety that Canada offers its citizens.

When it comes to the UWCM, it has helped me learn more about my city and the world around me. It has demonstrated the need to help support others less fortunate than I. It has helped me to form friendships and collaborations with like-minded women – for which I am grateful.



Last month, our club hosted the Quebec Provincial Council semi-annual meeting – a virtual chance to exchange information and upcoming plans. Our guest speaker Claire Webster, founder of the McGill Faculty of Medicine's Dementia Education Program, offered her personal story and advice on dealing with loved ones in the throes of dementia.

Members met at long last at La Classe Restaurant and heard Jeunesse Musicale Canada Executive Director Danièle LeBlanc discuss the challenges of supporting young musicians – especially during this past year or two. This month we meet again for yet another delicious three-course dinner on November 17. More details to come later this week. We hope you can join us.



Leah and I wish you a safe and happy November.
Wear your poppies with pride!





OUR NEXT DINNER!

Our next dinner event will be on November 17. Cocktails at 6:00. Dinner at 6:30 pm. Menu to be confirmed.

Please confirm your interest with Sheila Mohammed: uwcmtl@gmail.com

PARKING INFORMATION



Free parking available on Avenue de Fort. Enter by turning right from Fort Street (below Ste-Catherine), go down the ramp, turn right, and go to parking level P3. Take the elevator marked LaSalle College's "La Classe."



THE UNIVERSITY WOMEN'S CLUB OF
MONTREAL PUBLIC FOUNDATION

Foundation update:

The Foundation's Annual Giving Campaign will begin soon. Please think about making a contribution (and receiving a tax receipt) to help us support local women's groups and funding education for women in need. You will receive, in the mail, all the necessary information to make your contribution.

We strongly recommend using Canada-Helps (<https://www.canadahelps.org/en/donate/>) and you will receive your tax slip right away! Thank you for your generous support.

- Andrea de Gosztonyi, Chair, and the Trustees of the UWCM Foundation



The UWCM hosted the Quebec Provincial Council on Zoom on Saturday, October 23.

We hosted our Quebec sister clubs at the bi-annual meeting of CFUW-

Quebec clubs to hear what other Quebec clubs are doing and planning.

We also had the opportunity to hear once again, guest speaker Claire Webster (see photo on the left) a Certified Alzheimer Care Consultant and Founder of the McGill University Dementia Education Program,

tell us about her personal experiences and give us advice on caring for a loved one experiencing dementia.

She spoke with great compassion and personal knowledge about the journey we take when a loved one is found to have some form of dementia.

If you are interested hearing Claire's story, [listen here](#).

Following the talk, six club presidents reported on membership numbers, fundraising achievements, advocacy plans, as well as ideas for member engagement.



The Enviro-Corner is where you will read and learn about how we, as individuals, can contribute to more sustainable living on our planet.

We also hope that you will add your voice to this “conversation.” What kinds of things are you doing to help us create a healthier planet? Send us your ideas!

To start us off, here is a suggestion about food:

“The production, processing, transport, consumption, and disposal of food all contribute to greenhouse-gas emissions. To reduce your impact on the climate, *buy local and seasonal food, eat more plant-based meals, use up what you have, and compost any leftovers.*” Read [more here](#).



Atwater Library and Club Room #7

Programs and Services

Atwater Library staff and volunteers are welcoming library borrowers inside their building on weekdays from 10 AM to 6 PM – mask wearing, distancing and proof of double-vax is required.



Access is limited to the stacks and circulation desk with the reading room and computer centre remaining closed. For those who set up visits to the library, please note:

Our new contacts are:

Manager of Administration and Development, Nandi Belinsky (nbelinsky@atwaterlibrary.ca), who replaces Brandon.

Head Librarian, Roxann Fournier-Hoyt (rfhoyt@atwaterlibrary.ca), who replaces Kimberley.

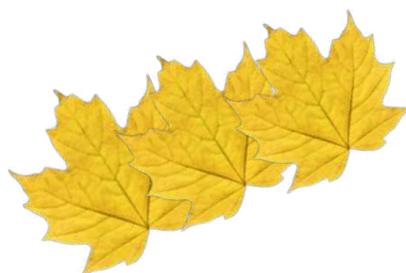
Access to the UWCM Club Room #7

The Clubhouse is accessible between 10 AM and 6 PM, Monday to Friday.

Enter from Tupper Street and head upstairs to sign in and get the key to our room. There is a sign-in book and key to #7 in our mail slot in Roxann's office, should you need to get into our #7 during regular business hours.

Be sure to lock the door when you leave and return the key when you sign out at the desk.

The rules regarding wearing a mask may change in the coming days. Please call the library in advance to get an update – 514-935-7344. Limit your presence to our clubroom and washroom.



Club room #7 - Atwater Library. Photo by Dominic Varvaro.



Event News from Members!



Club member and documentary filmmaker, Rahila Bootwala's latest film, *Beyond Bollywood*, was aired on CBC on Oct. 2, 2021. She is now working on the French dubbed version of the documentary for Radio-Canada which will be aired next year on RDI, a French-language specialty news channel, in time for the 75th independence anniversary of India. It will also air on the CBC online platform, Gem. In addition, the UWCM foundation will be holding a screening of *Beyond Bollywood* at the Atwater Library's projection room in May of next year.

About the documentary, CBC wrote: "Montreal-based Filmmaker Rahila Bootwala left India as a young woman, wanting to work in film but feeling disconnected from an industry dominated by men and beholden to their fantasies. In *Beyond Bollywood*, Rahila goes back to confront her past and to meet with the women who are reshaping the industry and challenging its stereotypes."

Other Members News



We offer our deepest condolences to board member Sheila Mohammed on the loss of her dear brother, Montez.

She wrote: "My Downs Syndrome baby brother, Montez was a huge part of my life. His sudden, tragic death in August of this year was devastating to me. Montez had a great passion for music and dance. He also practiced Aikido.

Many thanks to our board and members for their emails and calls reaching out to me with their condolences. I have the gift (from the UWCM) of the Peace Lily sitting on a nearby table. It gives me comfort each time I look at it."

INTEREST GROUPS

Travel Club

“Musical Interludes”



Our next meeting will be on Tuesday, November 9 at 3:30 pm in the Clubroom of the Atwater Library. Our theme will be *Musical Interludes*. Do you have a travel story to share that was inspired by music? A concert or an opera? Perhaps an unexpected discovery of local talent or musical instruments? Or a story inspired by a musician or a musical opus? There are so many ways to interpret this theme. Come and share with us! RSVP appreciated: uwcmtl@gmail.com

The following few Travel Club meetings will be held on Zoom. The Theme for December 17 will be *Christmas celebrations around the world* and on January 11, *Gardens*. You may share photos and videos; Zoom makes this very easy and lots of fun! I will gladly help you. Cheers! Andrea de Gosztonyi uwcmtl@gmail.com

Outdoor Ladies

Organized by *Zofia Laubitz*, members have been walking together during the summer of 2021 and will continue to walk until/unless the weather becomes inclement.

They meet on the third Sunday of the month at 11:00 AM.

November outing - On Sunday, November 21, we will take a heritage tour of Black Little Burgundy. This self-guided walk was created by the Quebec Anglophone Heritage Network. We will meet outside Lionel-Groulx metro station at 11 a.m. If lockdown conditions remain favourable, we'll have the option of lunching together after the walk. Please let Zofia Laubitz know if you plan to attend, at uwcmtl@gmail.com



In the photo: Undaunted by wind, rain, dead of night and lost companions, the Outdoor Ladies enjoyed their late-October visit to the Gardens of Light at the Botanical Garden. People in the photo are, left to right, Mica Faciu, Lorraine O'Donnell, Carmelita Rasquinha, Marsha Sklar, Barbara Kerr and Susan Ross



Atwater Library Lectures and Lunch

Carly Pepler has researched the Atwater Library Lunchtime Lectures. They are as follows until the end of November. They are free and available online as noted. Members will not be meeting in person or serving lunch until further notice.

Lunchtime Series

The Atwater Library Lunchtime Series features once-a-week presentations by leading writers, musicians, intellectuals, scientists, and many more people sharing their knowledge and experience with the Atwater Library community. Lunchtime Series events usually take place on Thursdays (but sometimes are on other days), from 12:30 to 1:30 pm. At present they are on Zoom only.

Upcoming ONLINE Events

- Thursday, November 4, 2021 from 12:30 to 1:30 pm

Author and journalist Omar Mouallem discusses his new book *Praying to the West: How Muslims Shaped the Americas*. To REGISTER and get the Zoom link, [click here](#).

- Thursday, November 11, 2021 from 12:30 to 1:30 pm

FOR REMEMBRANCE DAY: Sarah Glassford, archivist-historian, reflects on Canadian and Newfoundland women and girls during the World Wars. To REGISTER and get the Zoom link, [click here](#).



- Thursday, November 18, 2021 from 12:30 to 1:30 pm

Archivist and historian Mario Robert gives a presentation on the writing and archives of Jacques Viger, first mayor of Montréal and founder of the Société historique de Montréal. To REGISTER and get the Zoom link, [click here](#).

- Thursday, November 25, 2021 from 12:30 to 1:30 pm

Author Sharon Kirsch discusses her book *The Smallest Objective* in which she puzzles over the history of her family. The touching memoir is set in Montreal's Jewish community where the author's quest for family history is triggered by objects she discovers in her family home after her widowed mother has developed dementia and moves to a seniors residence. To REGISTER and get the Zoom link, [click here](#).

Performances! (Formerly called *Stage and Soiree*)

Elizabeth Wirth is the convener. A minimum of five participants is required to move ahead with each group outing. Depending on the venue, you may need to have the “VaxiCode” to enter. To learn more about performance outings for November and December 2021, please send an email with your interest to: uwcmtl@gmail.com. Use the subject heading *Performances!*



Financial Literacy

Andrea Bobkowicz is organizing this group, which meets at 7:00 PM on the second Thursday of the month. Andrea will focus on a specific document that is available on the UWCM website under *Financial Literacy*. Developed by women for women, a facilitator manual and 15 case studies are available in a print-ready PDF for use by community groups, professional educators and others.



November 11th, 2021 at 7:00 P.M.

Case Study #10 – “Organizing One’s Affairs”

Modern women are often on their own due to choice, divorce or death. We must prepare for all outcomes, even losing our own ability to think for ourselves and manage our own affairs. Some may or may not have children, and some may or may not be able to depend on their children; so take matters into your own hands before you are no longer able. Don’t be scared, be prepared!

Please send an email with your interest to: uwcmtl@gmail.com. Use the subject heading *Financial Literacy*.

Looking forward to seeing all of those who are interested in the Club Room at the Atwater Library. Vaccination Passports are required. - *Andrea Bobkowicz*

Memorable Jaunts

Dominique Racanelli convenes this group. Come and enjoy what our city and surrounding towns have to offer with like-minded members. For the out-of-town excursions, car pooling will be necessary, so if you don't drive, invite a member who does.



NEXT OUTING! - Illumi, Laval

Monday, November 15, at 5 PM

Come experience Illumi, a magical and dazzling 3 KM night-time adventure, created from thousands of monumental light structures.

Tickets for the show must be purchased in advance. For 65+ the fee is \$19.75 plus taxes.

RSVP deadline is November 5th

Car pooling will be necessary for this outing. When you reserve, please advise if you need transportation, or if you can offer transportation. Interested? Send an email here: uwcmtl@gmail.com for *Memorable Jaunts*

2021 NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9 Travel Club	10	11 Financial Literacy	12	13
14	15 Memorable Jaunts	16	17 LaClasse Dinner	18 ATWATER LIBRARY	19	20
21 Outdoor Ladies	22	23	24	25 LUNCH TIME THURSDAY SERIES	26	27
28	29	30				



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THE UWCM IN SOCIAL MEDIA

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- **Instagram** - a social media platform for sharing photos and videos
- **LinkedIn** - the world's largest professional network on the internet
- **Twitter** - a "microblogging" system that allows you to send and receive short posts called "tweets"
- **Youtube** - an online video platform



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