



THE UWCM MEETING ROOM

Atwater Library
Club Room #7
1200 Atwater Ave.,
Westmount,
Québec H3Z 1X4

We invite you on Wednesday, September 22!

OPEN!
HOUSE!

Join us for a long-awaited OPEN HOUSE at #7 in the Atwater Library.

Drop in for a couple of minutes between 6 and 8 PM on Sept. 22.

Wine & nibbles to be served.

No charge.

Members *must be double vaxxed*

and wear masks. Please enter by the new, accessible entrance off the alley on Tupper Street.



Atwater Library
Photo by Frédéric
Ryan – Instagram
(@feddomtl)

Message from Co-presidents,
Donna Jensen and Leah Trainer



Welcome back, fellow members. It's a new year at UWCM!

We are cautiously optimistic as routines begin to normalize. Local, national and world current events keep us focused on our need to remain involved: long-term care, homelessness, violence, racism, wildfires, gender inequality... there are many world events to cause despair.

But we also feel relief that the scientific community developed vaccines so quickly and that these vaccines are now readily available.

We hope you have had a chance to reconnect over the summer with family, colleagues or friends over a cup of tea, a cocktail, or a walk around the neighbourhood. Leah and Donna were pleased to have a few members join us at two morning-coffee gatherings in Westmount Park. Andrea led monthly Travel Club chats where participants can tell tales of past travels and dream destinations. Zofia toured with Outdoor Ladies on leisurely walks through Parc Jean-Drapeau, l'Île-de-la-Visitation, and Verdun's Parc des Rapides.

Communications Chair Barbara keeps members up to date on Club news, regular gatherings and upcoming events. She informs the board of proposed messages and the board approves them before they are sent from uwcm@gmail.ca. And her newsletters are interesting and informative.

Adhering to government restrictions, we invite members who are fully vaccinated to drop by Room #7 at the Atwater Library on September 22. Your board of directors will welcome you with cold refreshments and handouts that list proposed interest groups, dinner dates, and intriguing speakers. Good news! The building now has air conditioning.

In the meantime, we wish you all well and look forward to seeing you soon.





Atwater Library and Club Room #7



Library Service:

As of August 29:

Programs and Services

Library staff and volunteers are welcoming library borrowers inside

the building on weekdays from 10:00 am to 6:00 pm – mask wearing and distancing required.

Access is limited to the stacks and circulation desk, with the reading room and computer centre remaining closed until at least mid-September. As always, there is high-quality free WiFi outside on our grounds.

For those who set up visits to the Atwater library, please note:

The new contacts are:

Manager of Administration and Development, Nandi Belinski (nbelinsky@atwaterlibrary.ca), who replaces Brandon.

Head Librarian, Roxann Fournier-Hoyt (rfhoyt@atwaterlibrary.ca), who replaces Kimberley.

Access to the UWCM Club Room #7

The Club room is accessible between 10 AM and 6 PM, Monday to Friday.

Enter from Tupper Street and head upstairs to sign in and get the key to our room. There is a sign-in book and key to #7 in our mail slot in Roxann’s office, should you need to get into #7 during regular business hours.

Be sure to lock the door when you leave and return the key when you sign out at the desk.

The rules regarding mask wearing may change in the coming days. Please call the library in advance to get an update - 514-935-7344. Limit your presence to our club room and washroom.



WOMEN IN THE NEWS



Fawzia Koofi

Persian: فوزیه کوفی; born in 1975

Fawzia Koofi is an Afghan politician and women's rights activist. Originally from Badakhshan province, Koofi is currently a member of the Afghan delegation negotiating peace with the Taliban in Doha, Qatar, and she is an ex-Member of Parliament in Kabul and the former Vice President of the National Assembly.



Afghan wildflower by K.AndrewSmith401 on flickr

Koofi began her political career in 2001 after the fall of the Taliban, promoting the right to education of girls in her "Back to school" campaign. Amid the rapid advance of the Taliban during the summer of 2021, when asked in an interview about her thoughts regarding the U.S. troop withdrawal from Afghanistan, Koofi said that the U.S. had abandoned the women of Afghanistan and that she's very disappointed with what's happening. "My heart is torn in pieces," she exclaimed. (Wikipedia)



What is GWI?

Originally named the International Federation of University Women" (IFUW), it was founded in 1919 by Canadian, British and American women's groups. Graduate Women International (GWI) is an NGO with consultative powers in the United Nations Economic and Social Council. The UWCM fully supports GWI and its efforts to encourage and empower women and girls. Learn more at:

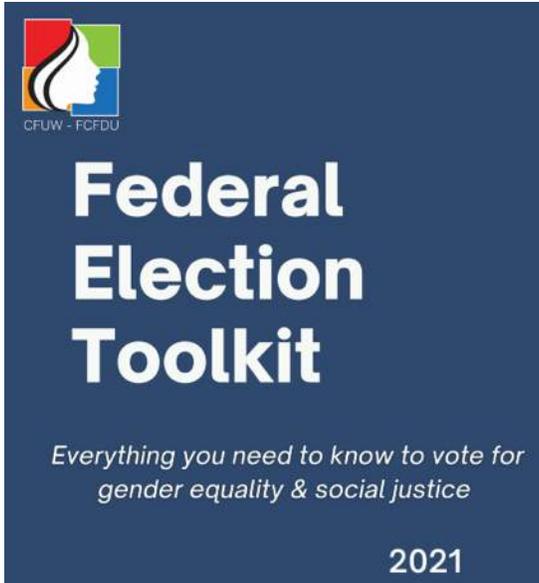
<https://graduatewomen.org>.

CFUW ELECTION TOOLKIT!

Canada has entered a federal election and voting day is September 20.

Check out the CFUW's Federal Election Toolkit, which contains everything you need to know to vote for gender equality and social justice!

- [Click here to view the toolkit.](#)
- [Click here to download a printer-friendly version in Word.](#)



Want even more information on voting for gender justice this election season in Canada? Check out this mobilization kit from our [UpForDebate](#) colleagues, which includes sample social media posts, key dates for gender equality, and a guide to contacting local candidates.

- [Click here to view the toolkit in English.](#)
- [Click here to view the toolkit in French.](#)

Lucy Maud Montgomery, 'September'

Lo! a ripe sheaf of many golden days
 Gleaned by the year in autumn's harvest ways,
 With here and there, blood-tinted as an ember,
 Some crimson poppy of a late delight
 Atoning in its splendor for the flight
 Of summer blooms and joys
 This is September.



Photos from Members!

Alison Haggarty shows her love for birds!



Barbara Lewis has a penchant for sunsets and flowers!



We invite all members to share their favourite original photos!

TRAVEL CLUB

Update from Andrea de Gosztanyi



It was a beautiful afternoon. Sitting in the shade with a lovely breeze...let's enjoy the September warm weather while we can!

Great stories about London: the food, the sights, the hidden corners. No matter how often you go, there are still so many places and sights to discover. Makes me want to pack my bags and hop on the next flight!

Our next meeting will be on **Tuesday, September 14** in the gardens of the Rockhill, weather permitting.

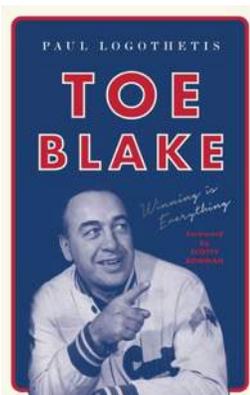
Read more about the Travel Club in the "Interest Groups" section on page 9.



BOOK REVIEW

By Donna Jensen

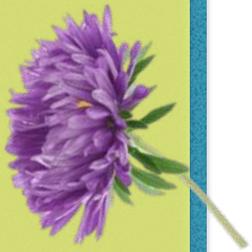
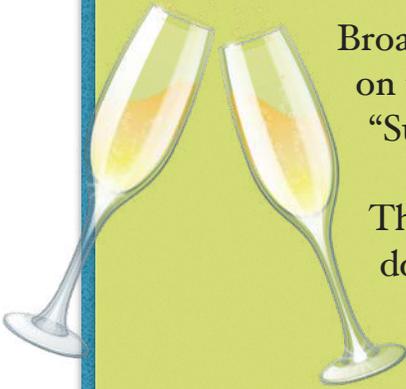
**Toe Blake: Winning Is Everything,
by Paul Logothetis**



For the lifelong Montréal Habs fan, this is a true gem. The never-been-told story of the professional hockey club's most successful coach relates tales of Hector "Toe" Blake's early years, his working off-season in the mines in Sudbury while playing on the infamous "punch line" with Elmer Lach and Maurice Richard. The author doesn't excuse or ignore Toe's temper and fierce competitiveness, and heartwarmingly relates tragic family events that occurred while Blake coached Les Canadiens to 11 Stanley Cup wins, three as a player and eight as a coach.

From his hockey-playing stint in Valleyfield to his years managing his famous Montreal tavern, Toe Blake's family troubles and gradual slide into Alzheimer's bookended his glorious career as the winningest coach in hockey history. It makes one ponder why his No. 6 jersey has not yet been retired to the Bell Centre rafters.

<https://www.goodreads.com/book/show/52026530-toe-blake>



“Summer Social” Raises Funds for First Nations Women

Broad smiles, champagne, and grazing boxes were on the menu at Dominique Racanelli’s “Summer Social” on August 4.

The generosity of all who attended, along with donations from Dominique’s family and corporate friends, raised over \$5,000 for the Native Women’s Shelter of Montreal. A small step toward reconciliation.

OUTDOOR LADIES!

Zofia Laubitz will be planning the *Outdoor Ladies* walking events in the coming months. Read more about this club on page 9 of the newsletter. See photos from recent Outdoor Ladies events: Photo one: the group takes part in an arts tour. Photo two: Marsha Sklar and Judith Ritchie are searching for home during their August outing to Parc des Rapides!



Interest Groups 2021-2022

by Dianne Theoret-Major

It is my pleasure to let you know that our interest groups are starting up again. There will be a sign-up sheet at the **OPEN HOUSE** on September 22 in our Club Room #7 at the Atwater Library. You can also express your interest in a group with an email to the UWCM email address: uwcm@uwcm.com. Please put into the subject line the name of the interest group that appeals to you.



COVID rules: The situation is dynamic. But at this time, September 1, 2021, those groups that meet in our Club Room will need to be masked and observe social distancing. You may also need to present your vaccine status through the Vaccine Passport.

Travel

Andrea de Gosztony organizes the Travel Group. During the coming year, depending on circumstances, they may meet outside, on Zoom, or in person in our club room at the Atwater Library. The current idea is to meet on the second Tuesday of each month at 7 PM. If you are interested in joining this group, please let us know! Send an email here: uwcm@uwcm.com. Use the subject heading *Travel*.

Outdoor Ladies

Organized by Zofia Laubitz, members have been walking together during the summer of 2021 and will continue to walk until/unless the weather becomes inclement. They meet on the third Sunday of the month at 11:00 AM. If you are interested in joining them, send an email to: uwcm@uwcm.com. Use the subject heading *Outdoor Ladies*.



Ladies Who Lunch

Lauretta Alexander convenes this group. They meet either at the chosen restaurant or at the nearest metro station, on the first Tuesday of the month at 12:15 PM. Those who want to go to a restaurant must be double vaxxed. Please send an email here stating your interest: uwcm@uwcm.com. Use the subject heading *Ladies Who Lunch*.



Interest Groups 2021-2022 (cont.)

Lecture and Lunch



Carly Pepler is the organizer. At present, the Lunchtime series of lectures offered by the Atwater Library are still on Zoom only. (See the [library's website](#) for up-to-date information.)



Carly is also investigating the possibility of watching the lectures together on Zoom on the television in Club Room 7 at the Atwater Library. Ladies would need to bring their own lunch. Those who gather in Club Room 7 must be double vaxxed. Send an email here with your interest: uwcm@uwcm.com. Use the subject heading *Lecture and Lunch*.

Wine Tasting

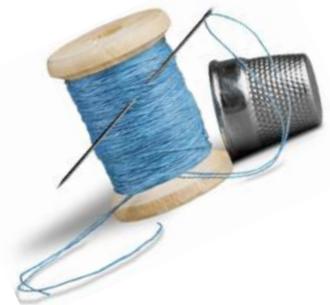


Organized by Linda Snell, a minimum of six participants is required to move ahead with the group. They will meet on the second Monday of the month, depending upon Linda's schedule.

Members must be double vaxxed to participate. Please send an email with your interest to: uwcm@uwcm.com. Use the subject heading *Wine Tasting*.

Stitch and Bitch (Formerly called *Crafts*)

Dianne Theoret-Major convenes this group, which can meet either in the Club room at the library, or on Zoom. Meetings are held on the third Thursday of the month at 7:00 PM. A minimum of five ladies is required to move forward. Send an email here with your interest to: uwcm@uwcm.com. Use the subject heading *Stitch and Bitch*.



For meetings at the Library, members must be double vaxxed.

Interest Groups 2021-2022 (cont.)

Performances! (Formerly called *Stage and Soiree*)

Elizabeth Wirth is the convener. A minimum of five participants is required to move ahead with the group. Depending on the venue, you may need to present your Quebec VaxiCode to enter. Please send an email with your interest to: uwcm@uwcm.com. Use the subject heading *Performances!*



****NEW****



Fireside Gardening

Elaine Bander will organize this group, which will meet on the third Tuesday of the month from 5:00 PM to 7:00 PM either on Zoom or at the UWCM Club Room #7 in the Atwater Library. A minimum of six participants is required to move ahead. Please send an email with your interest to: uwcm@uwcm.com. Use the subject heading *Fireside Gardening*.

Financial Literacy

Andrea Bobkowicz will organize the group, which will meet at 7:00 PM on the second Thursday of the month. Andrea will focus on a specific document that is available on the UWCM website under *Financial Literacy*. Developed by women for women, a facilitator manual and 15 case studies are available in a print-ready PDF for use by community groups, professional educators and others.



The case studies that will be explored in the sessions will be based on the unique needs and interests of group members. Andrea will present one case study per meeting. The group will run via Zoom until it is possible to meet at the library. A minimum of six members is needed to move forward. Please send an email with your interest to: uwcm@uwcm.com. Use the subject heading *Financial Literacy*.

Interest Groups 2021-2022 (cont.)

Ladies Who Dine in Restaurants

As yet, there is no convener for this group. They would meet (with a minimum of 6 members) on the first Thursday of the month at 6:30 or 7:00 PM. If you are interested in joining (or organizing) this group please let us know! Send an email with your interest to: uwcm@uwcm.com. Use the subject heading Ladies Who Dine In Restaurants.

Recap for the Month:



Week 1

Tuesday - Ladies Who Lunch at 12:15pm

Thursday - Lectures at the Atwater Library or on Zoom at 12:30 -1:30pm

Week 2

Monday - Wine Tasting at 7 - 9pm

Tuesday - Travel at 7pm **

Thursday - Lecture at Atwater Library or Zoom at 12:30 -1:30pm

Thursday - Financial Literacy at Atwater Library or Zoom at 7pm**

Week 3

Sunday - Outdoor Ladies at 11am*

Tuesday - Fireside Gardening at Atwater Library or on Zoom at 5 -7pm**

Thursday - is Lecture at Atwater Library or on Zoom at 12:30 -1:30pm

Thursday - is Stitch and Bitch at Atwater Library or on Zoom at 7pm**

Week 4

Thursday - Lecture at Atwater Library or on Zoom at 12:30 -1:30

The Performance Group will send out an email to all members about the show.

** - Times may change.

THE UNIVERSITY WOMEN'S CLUB OF MONTREAL PUBLIC FOUNDATION

WHO DOES OUR UWCM FOUNDATION SUPPORT?

Recent commitments from the foundation include the following:

Bursaries:



\$500 to be added to the Betsy Barber endowment at Concordia University, \$3000 to bursaries at Concordia University, and \$1250 to the bursary at École Polytechnique - with the understanding that an additional \$1250 will be forwarded in late spring. The latter is the expected revenue resulting from our investment of the Anne Marie Trahan bequest.

Women's groups:

\$1000 to each of the Patricia Mackenzie Pavilion at the Old Brewery Mission, the Native Women's Shelter and Chez Doris, and \$750 each to Auberge Madeleine and Auberge Shalom.



Friendly Gossip! Updates on Members

What have you been doing lately?

UPDATES ON MEMBERS!

In our flurry of springtime "How are you doing?" phone calls to members, several people requested that we add a section to the newsletter that would act like a "friendly gossip" column.

One member said, "I'd love to hear what other members are doing. We can't see many of them. Let's at least hear about them!" So we have decided to do just that.

Until we can freely be together again, we'll provide a short update on several members chosen at random. We hope you enjoy them.

Friendly Gossip! - Updates on Members

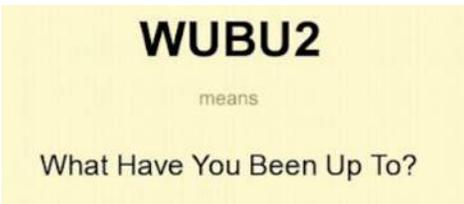


Barbara Lewis

Recently, it was suggested to me that I use the September, 2021 newsletter as an opportunity to explain the current

why? and wherefore? of these monthly interviews with UWCM members.

So, here we go!



As you likely know, early in the pandemic, we began

to do these telephone interviews as a way to keep members in touch with one another's doings at least in print.

We could not walk together or meet together. So this was an opportunity to keep in touch in an upbeat and hopefully, informative way. And you members have been appreciative of the effort. Thank you!

Now that we have a little more freedom to be out and about, these interviews may not seem quite so necessary.

But they still offer a way to meet new members and learn more about people we care for, but whom we may not often have the opportunity to see, in person.



In these brief interviews, I ask each member four questions:

1. What are you doing these days that you especially enjoy?



2. Do you have any specific plans for the fall/winter season?

3. Do you have a hobby?

4. Is there a book or TV series or any other form of entertainment that you've especially enjoyed recently?

Now and then, I ask one final question:

5. Is there a quote or saying that you find especially helpful or insightful? Sometimes, the most interesting part of the conversation begins with this final question.

These simple inquiries can unravel a world of meaning in a person's life. But the interview is not meant to invade your life. More, we intend to respectfully reveal those parts of your life that you want to share.

So, if I call on you to do a short interview, will you say *yes*?

YES!



Social

Media is fast becoming one the most important ways to let people know about our club. Our social media manager, Noran Ahmed, continues to develop our presence with her daily posts of photos, stories and commentary.



You can help expand awareness of the UWCM by visiting one (or all) of these sites now and then. Leave a comment! Click on the “like” button! Help us to grow!

Click on each name to visit our pages!

[UWCM Website](http://uwcm.com) - uwcm.com

- [Facebook](#) - a social networking site where we connect and share with family and friends
- [Instagram](#) - a social media platform for sharing photos and videos
- [LinkedIn](#) - the world's largest professional network on the internet
- [Twitter](#) - a “microblogging” system that allows you to send and receive short posts called “tweets”
- [YouTube](#) - an online video platform



Not on social media? Not a problem!

You can still follow UWCM’s account by adding the link to your favourites and checking them regularly.

Facebook: <https://www.facebook.com/uwcmtl>

Twitter: <https://twitter.com/UWCMTL>

LinkedIn: <https://www.linkedin.com/company/university-women's-club-of-montreal>

Instagram: <https://www.instagram.com/uwcmtl?hl=en>

YouTube: <https://www.youtube.com/channel/UCogSYTjRG9GwoAY29GitzzQ?>

For any comments, questions, or items you would like to share on social media, please contact Noran Ahmed uwcmtl@gmail.com

NOTE OUR EMAIL ADDRESS!

uwcmtl@gmail.com

Social Media



About Facebook

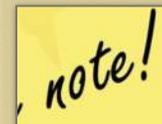
Our **Facebook** page is updated daily by Noran Ahmed with links to local events, national advisories and international news of interest to UWCM members.

Noran also posts fun jokes, animal stories and much more.



Even if you are not “on” Facebook, consider checking our UWCM page.

[This is the link!](#)



If there is an event that you would like us to post, please send it to Noran Ahmed. uwcmtl@gmail.com

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IF YOU WOULD LIKE TO PUT YOUR BUSINESS CARD INTO OUR NEWSLETTER, PLEASE BE IN TOUCH WITH BARBARA LEWIS: