



Atwater Library
 Club Room #7
 1200 Atwater Ave.,
 Westmount, Québec
 H3Z 1X4

**A MESSAGE
 FROM THE
 CO-
 PRESIDENTS
 July, 2020**



Donna Jensen Wanda Leah Trineer

We wish you a wonderful July! Good health and special time with friends and family. Hope to see you soon!

Because you have asked for a reminder, here is our new team of board members:

Co-Presidents -
 Donna Jensen and Lean Trineer

Vice-President - Gawa Atif

Treasurer - Rhonda Schanfield

Secretary - Susan Button

Membership -
 Hannah Trineer-Roberts

Interest Groups -
 Dianne Theorem-Major

Program -
 Sheila Mohammed

**Communications &
 Newsletter** - Barbara Lewis

PR, Social Media & Outreach
 Noran Ahmed

Members-at-large -
 Linda Edgar & Tanya Fitzpatrick

**Our first UWCM
 Summer Newsletter!**

Hello & welcome to our summer newsletter! With more of us staying put these days, we decided to stay in touch with you in this way during July & August!

We hope this newsletter finds you well, happy to see summer arrive with warmer temperatures, greater freedom from the more confining rules of COVID 19, and hopeful about the future!



*Editor - Barbara Lewis
 Proofreader - Zofia Laubitz*

Summer Survey Results

We have preliminary results from our recent Summer survey. Many of you have taken the short survey. Thank you! *(See more details on page 7 of this newsletter.)*

We see that you are interested taking part in a variety of events including: picnics, walks, webinars, and lunches!

But we still need your input. So if you have not been able to do it yet, here is the link for the short-easy survey:

<https://www.surveymonkey.com/r/32T5DYW>

Meetings! - Canadian Federation of Women - Annual General Meeting



CFUW 2020 AGM

The CFUW 2020 Annual General Meeting took place via CHORUS CALL on the afternoons of June 19 and 20, after a ZOOM awards ceremony the previous afternoon.

With approximately 345 participants, Grace Hollett chaired the meeting and Elizabeth Haynes acted as parliamentarian.

Delegates elected a new executive, accepted the audited financial statements presented by VP Finance Bev Rhodes, approved the 2020–21 budget, and approved most motions to amend bylaws to conform to the *Canada Not-for-profit Corporations Act*. The motion to amend Article 4, however, was defeated by a slim margin.

The meeting was productive and illuminating but was not able to address all agenda items. Therefore, it will continue on Saturday, August 8, where reports of the Resolutions Committee, the Mediation Group and the Executive

Director will be presented and delegates will vote on resolutions and new motions regarding dues.

Congratulations to new National President Kathryn Wilkinson! Also, a warm *adieu* to outgoing National President Grace Hollett for her devoted 3-1/2 years in that role.

All AGM documents can be found at <http://www.fcfd.org/whatwedo/annualgeneralmeetings/AGM2020.aspx>

Donna Jensen
Co-President

We welcome your contributions to this newsletter!

We hope to make this Summer newsletter a fun & newsy read!

So if you have:

- a favourite book to suggest
- a photo you would like to share
- a special birthday coming up
- an activity you think that others would enjoy

Please be in touch!

We welcome your news, your dreams, your thoughts!



OBITUARY - It is with great sadness that we announce the passing of former member **Annette Rudy** on June 23. Annette was an elegant, faithful and dedicated member of the board from 2017 to 2019, carrying out her duties as Interest Group Coordinator with ease and determination. Her lovely laugh and participation in the fair process of governance will be sorely missed.

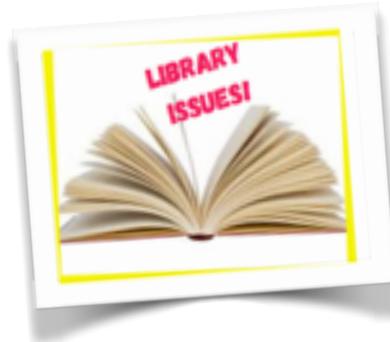
Atwater Library Clubhouse - Room #7 - Update!

Can we now have access to our Clubhouse Room #7 at the Atwater Library?

- Yes! And there is a process:
- Only afternoons (3 to 5 pm) or evenings (6 to 8) are available.
 - Maximum of four to six people.
 - Contact the Atwater Library’s Kimberley Ryan (kryan@atwaterlibrary.ca) to schedule a date and time.
 - Identify yourself as a member of the UWCM.
 - Your group must meet first outside the Tupper Street entrance.
 - A security guard will then let your group in.
 - You must wear a mask and practise social distancing.
 - Limit your presence to our clubroom and washroom.

Library loans

Phase 1 of the library’s pandemic reopening plan is a resumption of loans of physical books and DVDs with pickup at the main entrance at scheduled times.



Public access to the library will have to wait until later when necessary preparations are made. Find more up-to-date information [here](#).



Birthday Greetings to Miriam Roland!

All the members of the University Women’s Club of Montreal would like to extend to Miriam Roland our warmest

best wishes on the occasion of her 90th birthday.

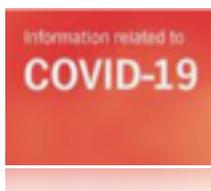
Miriam recently was awarded the Canadian Federation of University Women’s Sage Award in recognition of her loyalty and dedication over many years. Miriam is a dedicated philanthropist and a great Montrealer. The UWCM is indeed fortunate to benefit from her experience and valuable contributions in so many ways. Miriam has used her skills, talents and

experience to have a meaningful impact on the world around her, especially her unwavering commitment to the support of education.

An inspiration to all of us, Miriam is indeed living proof that one person can make a difference in the world.

The UWCM salutes Miriam Roland and extends warmest congratulations on this special occasion.

Happy Birthday!



COVID 19 Updates

As we know, many places of business have reopened. Social distancing is still important. Continue to wear your mask. But things do change day to day. So here is a link to the Quebec page, [Gradual resumption of activities](#).

**SPECIAL INTEREST
GROUPS**

**Special Interest
Groups**

Travel Group

The Travel Club will be having its first meeting of 2020 on Tuesday, July 14, from 3 to 5pm in the courtyard of the Rockhill apartments.

Our theme: celebrating everything French on Bastille Day! Social distancing and city regulations will be respected. Weather permitting. RSVP a must.

Andrea de Gosztonyi

Ladies Who Lunch

The *Ladies Who Lunch* will meet on Wednesday, August 12, at 12:00 pm.

Our meeting place:

Jardin Nelson Terrace

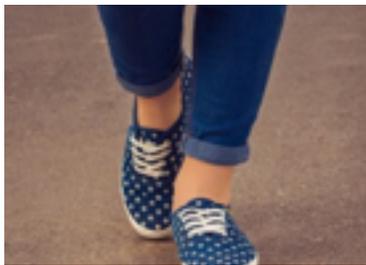
407 Place Jacques- Cartier

Old Montreal

RSVP August 6

Lauretta Alexander

Walking



by Carly Pepler

Montreal is a walker's city. For the last 34 years, I have walked almost everywhere I needed to go. That was my primary purpose in walking originally – to go somewhere I wanted to go – to work, to grocery stores, to shopping malls, to the market, to concerts, to plays, to visit friends, to restaurants. After I retired and was part of the Outdoor Ladies, I began walking just for the sake of walking, in large parks and then in urban areas as well. There was a planned route and

often on the city streets there was some commentary about the history or architecture along the way. I also did many public walks with Heritage Montreal or Architectours, and passed on what I remembered to the Outdoor Ladies. For the last few months, I have been walking every day, but on a rather random basis with nowhere to go and no planned route!

I began this in March by myself and then enticed my neighbour to come with me – it is much better with company even two metres away. We started out on McGill campus and adjacent streets with lots of room and no people. Sometimes there are four people on Sherbrooke! We began going east and north up and down de Bullion, Laval, Esplanade, Coloniale, Lafontaine, St-Hubert, Clark and so on.

There is an abundance of different houses and gardens ranging from little brick row houses built for quarry workers and now painted like the rainbow to grand greystone mansions (usually also “row houses”) with very imposing entrances and balconies. Even the alleyways (Ruelles Vertes) are interesting. We have watched the gardens grow with no work at all – seeing the first crocus emerge and noting the array of daffodils on McGill campus to the great variety of lilacs (as many as in the Botanical Gardens!) and a very old vine that covers four balconies and produces over 300 pounds of grapes for a celebratory block party each fall. And then there is the mountain! So you see, walking can take you through all manner of experiences – beats sitting at home!

Lockdown Reading - by Elaine Bander

Like most other people during our long COVID quarantine, I have been reading a great deal: newspapers, magazines, and online news take up most of the morning, and at night, in bed, I calm myself with familiar detective fiction (about which more later), but afternoons, when not weeding the garden or fetching groceries ordered online, and evenings are mostly devoted to books.



The last thing I did on March 11 before going home to begin self-isolation was to buy Hilary Mantel's *The*

Mirror and the Light, the final novel in her trilogy about Thomas Cromwell. The first two, *Wolf Hall* and *Bring Up the Bodies*, won the Booker, but this one received at best qualified critical praise. I don't know why: I found it as superb as the others.

This novel was compulsive, addictive. I didn't want to do anything but read it. I raced through the first half of the novel before I decided that I was reading too swiftly. Hilary Mantel manages to write prose that is both propulsive – a page turner – and also constructed of brilliant sentences to be savoured and pondered. So I went back to the beginning, reading more carefully, realizing how much I had missed on my swift race through the chapters. I got about two-thirds into the 880-page novel when again I stopped, partly because I did not want to reach the end, either of the book or of Cromwell's life, which I knew concluded at the scaffold, and partly because I thought I should go back to reread the first two novels, which I did, finding them even greater than I remembered.

And then I read another book.

When, nearly three months later, I returned to *The Mirror and the Light*, it was with epicurean delight. This is a wonderful book, and Mantel's trilogy is a splendid achievement.

The book I read in between Mantel's novels was Jenny Uglow's *The Lunar Men* (2002), a mere 500 pages. Uglow, an excellent writer and researcher, tells a fascinating story about the friendship of "philosophical" men like Erasmus Darwin (grandfather of Charles), a doctor; Josiah Wedgwood, a potter; Matthew Bolton, a manufacturer; Joseph Priestly, a non-conformist preacher; James Watt, an engineer; and others: men of commerce, industry, literature, fashion, science, and enterprise, all driven by curiosity to experiment, invent, and discover, who in the later eighteenth century would meet once a month around the full moon, when night travel was possible, in and around Birmingham, England, to share their discoveries in electricity, steam, metals, and medicine.

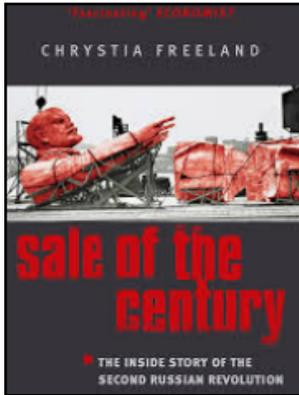
For bedtime detective reading, I've returned to two authors whom I hadn't read in decades. The first is Nora Kelly, an historian at UBC with roots in New York and Cambridge, UK, who between 1984 and 2002 wrote a series of novels featuring a heroine named Gillian Adams, a professor of history at a university like UBC, with a Cambridge degree and a Scotland Yard detective as a long-distance lover. The novels are set variously in Vancouver, New York State, Cambridge, and London. Highly literate, strongly feminist, and fun.

The other author I'm rereading is S. T. (Sally) Haymon, whose Inspector Jurnet lives in Angleby (actually Norwich, Norfolk, UK), and whose mysteries often invoke fascinating local history.

So what are you reading?

Book reviews

by **Lorraine Gosselin**



SALE OF THE CENTURY
Chrystia Freeland, Abacus,
Revised edition, 2005

WHAT IS IT ABOUT?
The inside story of the second Russian revolution. Chrystia Freeland was a young reporter in the late

1990s and Bureau Chief for the *Financial Times* in Moscow.

Here is what one reviewer wrote about *Sale of the Century*: “Freeland ... has written one of the finest works of journalism on post-Soviet Russia. In an often witty, savvy style that demonstrates a thorough knowledge of economics and of Russian society, she has reconstructed the inside story of how Russia was undermined by a new establishment composed of oligarchs and reformers, each of whom needed the other.”

WHY IS IT RELEVANT?

Freeland is now our Deputy Prime Minister. Vladimir Putin makes an appearance as he starts to claw his way to power. Contrary to many books of this type, the names of the persons interviewed are listed, and she appears to have interviewed people in many areas of Russian society, including oligarchs and their wives. If you see names of large Russian companies in the news today, you will have a better understanding of their relative importance and how they ascended to power.

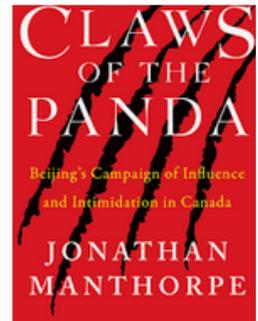
If you have read WWII spy stories and thought the depiction of Russians was exaggerated, reality is even worse ... and it’s not surprising that so many chess experts are Russian!

CLAWS OF THE PANDA

Jonathan Manthorpe, Cormorant Books, 2019

WHAT IS IT ABOUT?

The subtitle says it best: *Beijing’s Campaign of Influence and Intimidation in Canada*. We are mostly aware of attempts to intimidate loyal Canadian citizens of Chinese background, but gaining influence with Canadian politicians and educators is not so evident.



WHY SHOULD I READ IT?

Because of all the recent involvement of China in Canadian politics, especially in the last couple of years. We have all read bits and pieces in the newspapers, but this puts it all in context and ties the many stories into one rather worrisome spiderweb ... This book also names people, in this case, Canadians with ties to the Chinese Communist Party, including Canadian politicians and even an Ambassador. Canadian universities and colleges with ties to the Confucius Institute make for troublesome reading. There is even an attempt at interference by the Chinese consul in Montreal at a Concordia University event.

Mystery Masked Member!

Who is this UWCM member in mask & shades?



Survey Results



Thank you for taking the time to respond to the Summer Activity Survey. There were 40 respondents. A large majority expressed interest in outdoor activities: 70% Walks; 75% Picnics in the Park; 53% Museums. 38% expressed interest in online activities: 34% Online concerts ; 42% Special theme discussions; 42% Book reviews; 24% TedTalks.

60% are interested in home garden or balcony visits. We are very excited at the prospect of summer activities. Programme and Interest Group Chairs will be in touch with more specific information in the coming period. Stay tuned!!

ADVERTISING

If you would like to advertise in this newsletter, please be in touch with Barbara Lewis.



Barbara Lewis - Vocalist & Inspirational Vocal Coach. Please visit Barbara's YouTube channel, [Singing After 40](#) for **free** video instruction on ways to improve both your singing & speaking voice.

Social Media



About Facebook

Our [Facebook](#) page is updated daily by Noran Ahmad with links to local events, national advisories and international news of interest to UWCM members.



Noran also posts great jokes, animal stories & much more.

Even if you are not "on" Facebook, consider checking our UWCM page.

[This is the link!](#)

NOTE!

If there is an event that you would like us to post, please send it to Noran Ahmed.

