



# UWCM

University Women's Club of Montreal Inc.

Club des Femmes Universitaires de Montréal Inc.

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## APRIL 2019 NEWSLETTER



### HOME DINNERS

April 16, 17, 18 and 19

Instead of our usual monthly Club Atwater dinner, this month we get together with a smaller group in a member's home, and enjoy a friendly potluck dinner. A welcomed change of pace, it also helps members, new and old, get to know each other better. We have limited space, so please get in touch immediately to join in — host or guest, it's your choice!

**To be a host**, choose one of the dates and decide how many guests you can handle. **To be a guest**, submit your name and mention any food or mobility restrictions. Your assigned hostess will let you know what dish she would like you to bring.

For the sake of all concerned, changes will be kept to a minimum. **Please contact Saôde Savary before April 5.**

## QUEBEC PROVINCIAL COUNCIL AGM

**Saturday, April 27, 9:00 am - 3:00 pm**

**Host:** South Shore University Women's Club

**At:** Champlain College Saint-Lambert

900 Riverside, RoomA113

Saint-Lambert J4P 3P2 (free on-site parking)

**Cost:** \$35 per person, includes continental breakfast (in cafeteria room B101), coffee/tea break, and lunch.

Members of all six CFUW Quebec clubs, including the UWCM, are invited to attend this all-day event. It's a great chance to get to know members of our sister clubs and to hear what they are doing. Breakfast will be offered starting at 8:30 am before the meeting starts at 9 am. Throughout the morning, usual club business is discussed, shared and debated. After a light lunch,



members resume to hear the guest speaker (see below). A registration form can be found at the back of this newsletter. Please complete this form, return it with your cheque for

\$35 (made payable to SSUWC) to Jo-Anne Colby,, or return the form by email and pay \$35 cash at the door.

**Speaker:** Lise Émond from Mouvement Retrouvailles, an organization that helps adopted children find their birth mother and birth mothers find the children they gave up for adoption. The laws have eased this year and will ease more next year, making it much simpler for both parties to find each other.



## President's Message

Dear Colleagues,

Your membership with UWCM grants you full membership with the Canadian Federation of University Women (CFUW), Graduate Women International (GWI) and CFUW Quebec Council.

**CFUW** is a network of over 100 clubs and 8,000 members, located in every province across Canada. Since its founding in 1919 in Winnipeg, CFUW has been working to improve the status of women and girls, to promote human rights, public education, social justice, and peace. CFUW has special consultative status at the United Nations and is represented at the Canadian Commission for UNESCO. CFUW is also an affiliate member of the International Alliance of Women. From August 15 to 17, 2019, CFUW will celebrate its centenary at the Fort Garry Hotel in Winnipeg. Seize this opportunity to meet colleagues from across Canada and build new friendships. Assess how you can contribute to the success of this event by visiting: <http://www.fcfd.org/whatwedo/annualgeneralmeetings/AGM2019.aspx>. Use your password to access the member section and appreciate the work that has been done to advance the rights of women and girls in Canada and around the world.

**GWI** is a global organization located in Geneva, Switzerland, that advocates for the empowerment of women and girls through education. GWI's strength takes root from its national affiliates located in 57 countries (CFUW being the largest affiliate) and from individual members in countries without an affiliate. GWI is a UN Economic and Social Council (ECOSOC) accredited organization that builds its advocacy work through a solid network developed with the United Nations, UNESCO and global NGOs. This year, from July 25 to 28, GWI will hold its Triennial Conference and Centenary Celebration

under the theme "Peace Through Education" in Geneva. (<https://graduate-women-international.events.idloom.com/Centenary/register>)

To keep up to date with GWI, please visit <http://www.graduatewomen.org/media-publications/update-newsletter/>. You can also join its global discussions on timely topics with women around the world at [http://www.graduatewomen.org/members-login/tools-resources/discussion\\_networks/](http://www.graduatewomen.org/members-login/tools-resources/discussion_networks/)

The **CFUW Quebec Provincial Council** is among seven provincial and regional CFUW councils whose main role is to take action on provincial issues and coordinate other provincial/regional activities. The Quebec Council consists of six clubs operating in the Province of Quebec: UWCM, CFUW - Lakeshore, CFUW - South Shore, CFUW- Quebec, CFUW- Montérégie, and CFUW-Sherbrooke and District. The Quebec Council is governed by a president and two regional directors, one for the French sector and one for the English sector. The Council meets each spring and fall. The Fall 2018 meeting was hosted by the UWCM and the Spring 2019 meeting will be hosted by the South Shore Club on April 27. Do not miss the opportunity to appreciate work done by other clubs, share good practises to overcome challenges, and build new (or renew) friendships. Use the attached form (see last page) to register.

In summary, members of UWCM are also part of a rich network fuelled by the power of women working together. You should be proud to be part of it, as am I!



*Saôde Savary*

**President**

### Board meeting highlights

- Accepted report submitted by the Nominating Committee.
- Discussed membership renewals as well as interim board members.
- Reported on status of Les Olympes de la Parole, International Women's Day luncheon, and participating in a symposium on human trafficking in Canada.
- Debated issues related to location of clubhouse. Solution expected shortly.



## EVENTS CALENDAR — APRIL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 BOD meeting	4 Dining In	5	6
7	8	9	10	11	12	13
14 Outdoor Ladies	15	16 HOME DINNERS	17 HOME DINNERS	18 HOME DINNERS	19 HOME DINNERS / Passover begins	20
21 Easter 	22 	23	24	25	26	27 Provincial Council AGM
28	29	30	<div style="border: 1px solid black; padding: 10px; background-color: #e0f2f1;"> <p><b>NEXT MONTH:</b>            Travel Club, May 7            AGM and dinner, May 15            Wine Tasting weekend in Ontario</p> </div>			

### Did you know?

**In lieu of a fee, UWCM has contributed to these non-profits chosen by our dinner speakers.**

- *Stella Musica*: an organization working to promote and honour women in the fields of music and the arts (November)
- *Innovation Youth*: offering a space for youth and families to better integrate into academic, family and social life (December)
- *The Gazette Christmas Fund*: an annual appeal for contributions to help Montreal's less fortunate (January)
- *Centraide*: a network of agencies that helps to improve quality of life (March)



## INTEREST GROUPS

### OUTDOOR LADIES

**Sunday, April 14, 11:00 am**

*Montreal's Red-Light District That Was*

We will walk from Sherbrooke Street just east of St-Laurent Boulevard to Old Montreal to see the history of change in the life of the city centre. We will meet on the southeast corner of Sherbrooke and St-Laurent. We can decide on a restaurant in Old Montreal when we get there. It is about 2 kilometres, all downhill except for the last bit from St-Antoine to Notre-Dame. Please let me know if you are coming.  
 Convenor: Carly Pepler

Coming soon!  
 Details next month.

### TRAVEL GROUP

**Tuesday, May 7, 7:00 pm**  
**Coach House**

Convenor: Andrea de Gosztonyi

Newsletter editor: Donna Jensen

Copy-editing and proofreading services:  
 Zofia Laubitz

### WINE TASTING

**May 4-5 OR May 11-12**

*Weekend trip to Prince Edward County*

We're going on a field trip! The group is proposing one of two weekends: May 4-5 or 11-12. We would drive there, stay in a B&B Saturday and explore the wineries of this well-known Ontario wine region. If you are interested in joining us, please email the convenor by April 8 and state your preferred weekend. You do not have to be an expert wine-taster to join us — everyone is welcome. Convenor: Linda Snell

### DINING IN

**Thursday, April 4, 6:30 pm**

**Hosts: Marsha Sklar and Adèle Hébert**

Unfortunately, this month's evening at Marsha's is full. In general, the group has decided that the hostess will provide all the food, but may ask for specific items from participating guests. If guests receive no specific request from the hostess, each will bring a bottle of wine or \$20 (to be decided by the hostess). Convenor: Elizabeth Wirth

## Menstruation empowers women

A short documentary about women in a rural village in India who fight the stigma surrounding menstruation won an Academy Award this year.

In part enabled by the fundraising efforts of some California high school girls, a machine was purchased and delivered to the village, which became a non-profit organization called "The Pad Project" ([thepadproject.com](http://thepadproject.com)).

Before this, no access to clean—or often any—pads led to girls missing days or dropping out of school completely. The village women learned how to operate this machine so as to manufacture and market their



own, biodegradable sanitary pads. Naming it FLY, they envisioned how women could now feel as though they could soar. They began selling them to more local, more accessible businesses earning money and empowerment along the way. Watch *Period. End of Sentence* on Netflix ([netflix.com](http://netflix.com)) to find out more about, and support, "The Pad Project" initiative today.



## Foundation Facts

### It's not too late to donate!

Our Annual Giving Campaign runs until June 30. Donate online at <https://uwcm.com/donate/> and click the "Donate Now" button. Or mail your cheque made payable to UWCM Foundation today. Be generous. Women in education appreciate our support.

### Circus Night

*From nine to ninety: Everyone loves the circus.*  
 June 7, 8:00 pm, at TOHU. Tickets are \$60 with a tax receipt for \$35. Watch the National Circus School graduating class perform.



### Gift Baskets

A raffle of Interest Group gift baskets will be held during dinner after the AGM on Wednesday, May 15.



**Calling all book lovers!**  
 Wednesday, April 17  
 7:00 pm to 9:00 pm

Spend an evening with acclaimed novelist Heather O'Neill and help raise funds for free literacy tutoring in the West Island.

This unique conversation will be moderated by Jamie Orchard of *Global News*. You'll have the opportunity to get to know more about Heather O'Neill's writing process, her books, and more. Q&A session and book signing too!

At the Sarto-Desnoyers Community Centre, 1335 Lakeshore Drive Dorval H9S 2E5

Raising funds for Literacy Unlimited, a community organization dedicated to changing lives through improved adult literacy. Light refreshments will be served. Seating is limited. Tickets: \$25 each online at [literacyunlimited.ca](http://literacyunlimited.ca).

Donation receipts will be provided.

Bring your friends and book club members!

# B I N G O

## Bonanza

Campagne de financement de nos bourses annuelles d'étude

Amenez un voisin ou un collègue à cet événement!

**Vendredi, le 12 avril entre 19h à 22h**

AvH ÉCOLE INTERNATIONALE ALLEMANDE  
 216, rue Victoria, Baie D'Urfé, H9X 2H9

Pour obtenir des billets @ 25\$ visiter:  
[www.mluwc.com](http://www.mluwc.com) ou téléphoner 514.637.9598

AU PLAISIR DE VOUS VOIR!

Fundraiser supporting our annual scholarships

Bring a neighbour or colleague to this fun event!

**Friday, April 12, 2019 7:00-10:00 P.M.**

AvH GERMAN INTERNATIONAL SCHOOL,  
 216 Victoria, Baie D'Urfé, H9X 2H9

To obtain tickets @ \$25 visit:  
[www.mluwc.com](http://www.mluwc.com) or call 514.637.9598

WE LOOK FORWARD TO SEEING YOU!

**Prizes and Refreshments**

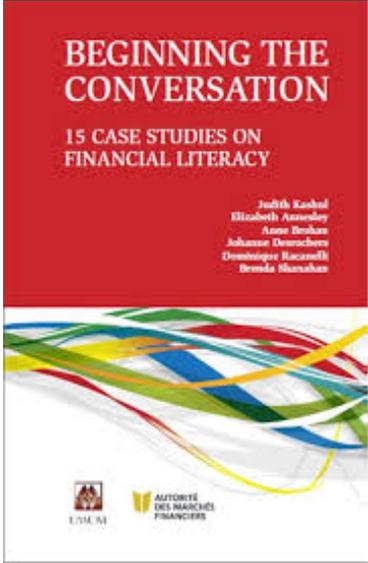
**Prix et Léger goûter**

**Avec support de la Sauvetage Baie D'Urfé**

**With support from the Baie-D'Urfé Rescue Squad**



# FINANCIAL LITERACY WEBINAR



UWCM members Dominique Racanelli and Brenda Shanahan (pictured above) have been invited to be guest speakers at a Concentra Trust cross-Canada webinar that will showcase the club project *Beginning the Conversation: 15 Case Studies on Financial Literacy*. Beside potentially increasing its exposure, the intent of this webinar

is to benefit elder Canadians. It is aimed at advisors from various Canadian credit unions and investment firms. Throughout the year, these events are very well attended, ranging from 200 to over 500 participants.

The webinar will take place June 15 as part of the *Talk to your seniors about money* event that coincides with World Elder Abuse Awareness Day.

Dominique and Brenda are two of the original six-member team (others include Liz Annesley, Ann Brohan, Johanne Desrochers and Judith Kashel) who devised, designed and compiled this huge project. *Beginning the Conversation: 15 Case Studies on Financial Literacy* was completed and published in 2012 (available at <https://uwcm.com/financial-literacy/>). It has continued to flourish and contribute to women of all ages and walks of life.

Concentra Trust has been providing estate and trust expertise to Canadians for over 65 years.



## WANTED

### Newsletter Editor

If you have a nose for news and an ease with graphic design, UWCM needs you! If you feel the need to tell us about CFUW news and women's views, we want you! You only need to get the facts, adhere to deadlines and make it in your own style. Contact Donna Jensen today!



MONTREAL COUNCIL OF WOMEN / LE CONSEIL DES FEMMES DE MONTRÉAL  
 SINCE 1893 / DEPUIS 1893



CHANTAL HÉBERT  
 Author, Journalist,  
 Political Commentator

WOMAN OF THE YEAR  
 Sunday, May 5, 2019, 12 noon

Mount Stephen Hotel  
 1440 Drummond St., Montréal

Join us in celebrating this extraordinary woman. Tickets: \$75  
[mcwinformation@gmail.com](mailto:mcwinformation@gmail.com)



## Registration Form / Formulaire d'inscription

**CFUW Québec Provincial Council AGM – Saturday, April 27, 2019**  
Conseil Québécois des associations de la FCFDU AGA, samedi le 27 avril 2019



Name / Nom: \_\_\_\_\_

Telephone / Téléphone: \_\_\_\_\_

Email / Courriel: \_\_\_\_\_

Club: \_\_\_\_\_

Position dans le Club position (if applicable / si pertinent): \_\_\_\_\_

Please select your choice of panini for lunch (**circle one**) /

SVP nous aviser de votre choix de panini pour le diner (**encercler une sélection**)

(Panini will be served with salad, crudités and dessert. / Servi avec la salade, crudités et dessert.)

**BEEF/BOEUF**

**CHICKEN/POULET**

**HAM/JAMBON**

**VEGETARIAN/VEGETARIEN**

**TOFU**

Do you have any food allergies / Avez-vous des allergies alimentaires? \_\_\_\_\_

**DEADLINE: April 12, 2019/ Avant le 12 avril, 2019**

Please complete this registration form, return with cheque for \$35 payable to **SSUWC** /

Veuillez SVP retourner ce formulaire avec un chèque de 35,00\$ payable au **SSUWC**.

Mail to/Envoyez à: Jo-Anne Colby

**OR**

Return form by email and pay \$35 cash at the door/

Formulaire de retour par courriel et payer 35,00\$ à la porte

Attention: Maryanne

Presidents: Please confirm by email the names and positions of members from your Club who will be attending by April 12, 2019

Présidents : Veuillez s.v.p. me confirmer par courriel les noms et positions des participants de votre club qui sera présent avant le 12 avril 2019

South Shore University Women's Club

[sscfuw@gmail.com](mailto:sscfuw@gmail.com)