



UWCM

University Women's Club of Montreal Inc.

Club des Femmes Universitaires de Montréal Inc.

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MARCH 2019 NEWSLETTER



DINNER MEETING: WEDNESDAY, MARCH 13, from 6:00 pm

Dr. Anja Geitmann — *Cannabis: Everything you need to know but are afraid to ask*

Canada's legalization of cannabis has been in the news a great deal and has triggered a tremendous amount of economic activity, but not all of what you hear concerns the industry itself. McGill University has a high-level training program for technical staff required to meet the challenges of this burgeoning industry.

McGill University's Dean, Faculty of Agricultural and Environmental Sciences, and Associate Vice-Principal at Macdonald Campus, Dr. Geitmann obtained her Ph.D. in Environmental Biology from the University of Siena in Italy. She did her undergraduate and graduate studies in biology at Germany's University of Constance, Oregon State University, and Stockholm University. She also did post-doctoral research in Quebec and The Netherlands. Her research program focuses on the cellular processes that underlie the development and reproduction of plants. Because of the lack of reliable, science-based data on cannabis cultivation and the effects of its diverse chemical compounds on human health, the recent legislative change has opened novel avenues for research and education. Join us for a fascinating evening.



HOME DINNERS — April 17 or 18

A welcomed change of pace, this annual event replaces our usual monthly Club Atwater dinner. It gives us a chance to gather in a smaller group at a member's home and enjoy a friendly potluck dinner. It also helps new members get to know us better. Decide on your preferred date (April 18

or 19) and if you wish to host or attend (you might even want to co-host with someone else). Guests should indicate any food or mobility restrictions; hosts should declare their maximum capacity. Each host will be given a list of guests and she will let you know what dish she would like you to bring. Contact Saôde Savary today or wait to fill in a sign-up sheet at the March dinner. We ask that changes be kept to a minimum.

**Reserve with
Club Atwater**
before
Thursday, March 7

reception@clubatwater.ca
or call 514-935-2431

Mention any food allergies or dietary restrictions when you make your reservation.

MARCH 13 DINNER MENU

- Market green salad
- Salmon with salsa, roasted potatoes, sautéed rapini
OR
- Spaghetti with oil, garlic, sun-dried tomatoes and herbs
- Seasonal fruit mini-tart with crème pâtissière
- Coffee and tea

Our dinner meetings are at:
Atwater Club
3505 Atwater Avenue

Cocktails: 6:00 pm
Dinner: 7:00 pm

Member and her guest(s): **\$40.24 each**, incl. tax (wine extra), by cash, credit or debit at the door.

Unaccompanied non-members: **\$50.00, with one glass of wine**

Any cancellations made after March 7 may result in a charge for the meal.

Don't forget your name tag.

“Social interaction, social responsibility and growth of women in all areas of life”



International Women's Day Celebrate with the UWCM



Friday, March 8, 2019

11:30 am to 1:00 pm

Club Atwater, 3505 Atwater Ave.

Light lunch: \$10 RSVP by February 26

uwcmontreal@aim.com

Keynote speaker is award-winning author
 and historian Denyse Baillargeon

*To be equals in our own country:
 women and the vote in Quebec*

Stella Musica and Les Olympes



Musique au Féminin

Théâtre Outremont

1248 Bernard Ave. W. (H2V 1V6)

Artistic Director: Katarzyna Musial

March 21 (6 pm) Tickets \$15, Seniors/Students \$10 Petite Outremont (120 seats)
 Round-table discussion follows with UWCM members and Les Olympes participants,
 led by Anne-Marie Trahan - Topic: *Rights of the child, their struggles and the effect
 of music as a healing medium*

March 22 (8 pm) Tickets \$39, Seniors \$29, Students \$12

(This date only, get a 40-percent discount for the Grand Concert with the promo code: **stellavip**)

Culturally diverse featured artists include Barbara Croall (Odawa First Nations), Vanesa G.R. Montoya (Les Grands Ballets de Montréal), conductor Lori Antounian (Imperial Orchestra), Emily Oulousian (Virtuoso at Radio Canada winner), Sarah Oulousian (Canadian Music Competition laureate), and dancers Anja Fanslau, Claire Campbell and Adrian Batt (École supérieure de ballet du Québec).

Box office: 514 495-9944, ext.1 - <https://billetterie.theatreoutremont.ca/evenements.aspx?language=en&owner=198&desktop=1>

The Stella Musica Festival is a non-profit organization whose primary mission is to promote and honour the contribution of women in music and the arts.



Upcoming AGM QUEBEC PROVINCIAL COUNCIL

Saturday, April 27, 8:30 am - 3:30 pm
 Hosted by South Shore University Women's Club

Members of all six CFUW Quebec clubs, including the UWCM, are invited to attend this all-day event. It's a great chance to get to know members of our sister clubs and to hear what they are doing. Breakfast will be offered before the meeting starts at 9 am. After a light lunch, members resume to hear the guest speaker. More details will be in the next newsletter.

CONGRATULATIONS

Ana-Mihaela (Mica) Faciu

...on obtaining your
 Canadian citizenship.
 Wishing you much
 happiness, success
 and prosperity!



WOMEN'S CANADIAN CLUB OF MONTREAL

Celebrating the Cello and the Montreal Chamber Music Festival



Tuesday, March 19, 11:15 am · Victoria Hall, Westmount

EVENTS CALENDAR — MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Ladies Who Lunch	6 BOD meeting	7	8 International Women's Day UWCM Luncheon - Atwater Club	9
10 Clocks spring forward	11 Wine Tasting	12	13 Dinner meeting	14	15	16
17 Outdoor Ladies St. Patrick's Day Parade	18	19 	20	21 Stella Musica	22 Foundation fundraiser theatre night / Stella Musica concert	23
24 / 31	25	26	27	28	29 Stage & Soirée	30



INTEREST GROUPS

LADIES WHO LUNCH

Tuesday, March 5, 12:15 pm (RSVP February 26)

Restaurant La Queue de Cheval
1181 rue de la Montagne (Guy-Concordia metro)

Convenor: Lairetta Alexander

WINE TASTING

Monday, March 11, 7:00 p.m. (Coach House)

Wine Geometry

Vertical tastings, horizontal tastings... Come find out about what happens to wine across time and terroir. No expertise in wine needed. New members welcome! Quorum is needed and reservations essential. Please confirm your attendance before March 7.

Convenor: Linda Snell

STAGE & SOIRÉE

Friday, March 29, 7:30 pm

La liberazione de Ruggiero by Francesca Caccini

Opera McGill, Pollack Hall. Reservations
514-398-4547

Convenor: Liz Wirth

OUTDOOR LADIES

Sunday, March 17, we meet at 11:00 am
Griffintown (Square Victoria-OACI metro)



We will meet at corner of St- Jacques and McGill, south end of the square. We will wander through the streets and history of Griffintown, and will end near de la Montagne and Notre-Dame (where there are buses heading east and west). Info on lunch spot to be decided. NOTE: This is also the day of the St. Patrick's Day Parade so traffic along Ste-Catherine is likely to be complicated. Let's hope it is sunny and mild! Please let me know if you are coming so we will wait for you. Convenor: Carly Pepler

DINING IN

Thursday, April 4, 6:30 pm

Co-Hostesses: Marsha Sklar and Adèle Hébert

We're already at maximum capacity, but contact us to be added to the waiting list. Upcoming Dining In evenings planned for May and June. Hosts will inform you of the theme and what you will bring. Costs are totalled and divided evenly.

Convenor: Elizabeth Wirth

FOUNDATION THEATRE PARTY

Date: Friday, March 22, 7:00 pm

Place: InfiniTheatre, Espace Knox-Crescent
6215 Godfrey Avenue, NDG (near Grand Blvd.)

Tickets: \$40 (with \$20 tax receipt)

Fight On! Part Two by Guy Sprung. Loosely based on the true story of Francis ("Frank") Jeffery Dickens, son of Charles Dickens, it tells of his arrival in Canada in 1874 with all the prejudices and presumptions of a white colonist/settler. After serving 11 years as a

member of the North West Mounted Police and horrified by the mendacity that robbed Indigenous Peoples of their lands, Frank learns to respect the traditions and wisdom of First Nations culture and begins to understand the urgent need to live in harmony with Mother Nature.

Contact: Elaine Bander for tickets.
By cheque payable to "UWCM Foundation".



Newsletter editor: Donna Jensen

Copy-editor/proofreader:

Zofia Laubitz

WANTED

Newsletter Editor

If you have a nose for news and an ease with graphic design, UWCM needs you!

If you feel the need to tell members CFUW news and women's views, UWCM wants you!

You only need to get the facts, adhere to deadlines and use your own graphic style.

Contact Donna Jensen

Nominating Committee

As mentioned in last month's issue, visionary and vibrant President, Saôde Savary, will be ending her mandate in May. Since there is currently no vice-president to succeed her and an ongoing leadership is important for the club, we are happy to announce that Donna Jensen and Leah Trineer have agreed to fill the role as Co-Presidents starting in June.

Donna, our newsletter editor for the past five years, has been a member of the club for seven years. Leah is a veteran member (35 years!) and is presently the Foundation Treasurer. We are still working to fill the other board positions. Notice of the nomination slate will be sent out in April and ratified at the AGM on May 15.

*Elaine Bander,
 Pamela Georges,
 Zofia Laubitz*
Nominating Committee

ENERGIE'S SOUPE POUR ELLES



This is a community movement initiated by Energir (the new Gas Métro) that assists women who are homeless, victims of violence, or in a precarious situation. Soupe Pour Elles is a fundraiser that also makes citizens aware and gather together over a bowl of soup to support women in need. In February at the Place des Arts Esplanade, people gathered to support the cause and raised a total of \$231,491 — all distributed among nine local women's groups, including UWCM supported Chez Doris, Her Street, and Auberge Madeleine.

For more info: <https://www.energir.com/en/soupe-pour-elles/>



FOUNDATION FACTS

Concordia University *UWCM Foundation bursary award winners (\$1,000 each):*

Yang An, Bachelor o Computer Science, Web Services and Applications

Lisa Rebecca Aybar, Bachelor of Arts, Honours Society (see note below)

Khadija El Berhoumi, Bachelor of Science, Major Biology

Lauren McGovern, Bachelor of Science, Clinical Exercise Physiology

Krystale Tremblay-Moll, BA Honours English Lit, Minors Music, Spanish Translation (see note below)

Concordia University *Betsy Barber Memorial Award winner (\$600):*

Jahnabi Hazarika, Masters of Business Administration - COOP, General Administration, Business Administration

REMINDER: THEATRE NIGHT TICKETS

Pick up you ticket vouchers at the February 27 dinner meeting. Otherwise, contact Elaine Bander and mail your cheque (payable to UWCM Foundation) to her. Redeem your voucher for admission at the front desk on the night of the play.

...I would like to thank the generous individuals who reached out...to help fund my dream to become a doctor. This award helped elevate the financial struggle I was facing and most importantly it has incited me want to do the same for other students when I am in a stronger position to help.

Khadija El Berhoumi, Bachelor of Science, Major Biology



International Women's Day

Be the woman who fixes another woman's crown without telling the world it was crooked.



...Your award was a lovely surprise and made a significant difference in my finances. I was able to focus on my studies without worrying about the expense. This award made me feel valued and has motivated me to keep pursuing higher education in the hope of one day obtaining my PhD.

Thank you so much,

Krystale Tremblay-Moll, BA Honours English Lit, Minors Music, Spanish Translation

"If you don't like change, you're going to like irrelevance even less."

- General Eric Shinseki,
former U.S. Army Chief of Staff