



UWCM

University Women's Club of Montreal Inc.

Club des Femmes Universitaires de Montréal

IT'S PUNNY!*

When she saw her first strands of grey hair, she thought she would dye.



FEBRUARY 2019 NEWSLETTER



DINNER MEETING at CLUB ATWATER:
WEDNESDAY, FEBRUARY 13, from 6 pm

Dominique Fontaine — *Haitian Women Artists: Perspectives From Now and Then*

Dominique Fontaine is a curator and founding director of aPOSTERIORI, a non-profit curatorial platform – researching, documenting, developing, producing and facilitating innovation in diverse contemporary art practices. She graduated in visual arts and arts administration from the University of Ottawa, and completed the De Appel Curatorial Programme in

Amsterdam. Her curatorial projects include *Here We Are Here: Black Canadian Contemporary*, MBAM and ROM, 2018; *and- in. the light of this.* Dineo Seshee Bopape, 2017, Darling Foundry; *Repérages ou À la découverte de notre monde ou Sans titre*, article, 2016; *Between the Earth and the Sky, the Possibility of Everything*, ScotiaBank Nuit Blanche Toronto 2014; *Images, Imageries, Imaginaires*, International Photography Exhibition of the World Festival of Black Arts and Cultures, December 2010, Dakar, Senegal; *Forms and Topographies: African Cityscape in Flux*, 2009, Thessaloniki Biennale (Greece). Join us to celebrate Black History Month as Dominique presents her perspective. And please, be our Valentine!

Before February 7

Reserve with Club Atwater

3505 Atwater Avenue

Mention any food allergies or dietary restrictions.

reception@clubatwater.ca or
514-935-2431

FEBRUARY 13 DINNER MENU

- *Butternut squash soup*
- *Pan roasted duck breast, roasted parsnip and Brussel sprouts*
- *Dulce de leche roasted apple and maple crumble*
- *Coffee and tea*

New price: \$40.24

Member and her guest(s): \$40.24 each, including tax (wine extra), by cash, credit, debit card at the door.

Unaccompanied non-members: \$50 (for meal and a glass of wine) by cheque (payable to UWCM) at the door.

Cocktails: 6:00 pm
Dinner: 7:00 pm

Cancellations made after February 7 may result in a charge for the meal.

Don't forget your name tag!

* **It's punny!**

Excerpts from an email sent to the editor by fellow member Gloria Ménard. Thanks for the giggles, Gloria!

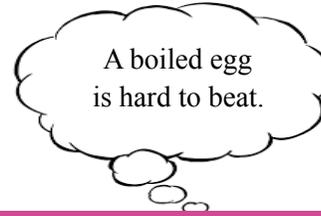


DINNER MEETING NEXT MONTH:
WEDNESDAY, MARCH 13, from 6 pm

Dr. Anja Geitmann, Dean, Faculty of Agricultural and Environmental Sciences, McGill University — *Cannabis: Everything you need to know but are afraid to ask*

The legalization of cannabis in Canada has been in the news a great deal since last October 17, but not all of what you have heard concerns the industry itself. Join us in

March to hear Dr. Geitmann, Dean of the Faculty of Agriculture and Environmental Sciences, who will be speaking on how McGill University is responding by training the technical staff required to meet the challenges of a highly regulated growth industry.



President's Message

Greetings!

Let us welcome the new year in a spirit of collaboration, peace and solidarity. Let us also make a resolution to find a hidden opportunity in any challenge.

In addition to several social, educational and advocacy activities, we closed 2018 with achievements that will propel some of our activities in 2019:

- UWCM was given two CFUW awards: Special Projects for Les Olympes de la Parole and International Projects for Free the Girls, an initiative that is now being repeated by other CFUW clubs.
- UWCM has developed a partnership with HerStreet, an NGO that uses a relational-health approach in order to support the rehabilitation of homeless women. Its Montreal director, Léonie Couture, was a speaker at the Quebec Regional Council meeting that we hosted last November. Maison Jacqueline, one of HerStreet's houses, received the 36 shoeboxes full of gifts that we had collected at Christmas in the context of the "16 days of action against gender-based violence." We are planning other activities with HerStreet during 2019.
- Last December 6, we successfully launched the second edition of Les Olympes de la Parole competition during a ceremony attended by 63 people at Maison Forget. We are monitoring the progress of participants before the final evaluation in April. We are planning to hold the awards ceremony sometime in May.

In the context of this competition, we are partners with Stella Musica and participants of Les Olympes de la Parole will benefit from special mentorship in public speaking from member Anne-Marie Trahan. They will add their voices to the round table at the Stella Musica festival on March 21.

On January 10, a crowd of 22 gathered at the Coach House during the second president's cocktail to welcome new members and learn about flamenco music and dance while sipping Spanish wine. Stella Musica's

Katarzyna Musial, world-renowned concert pianist, shared her experience in interpreting Spanish classical music and flamenco dancing. Join us at my third and last president's cocktail on April 11 from 5:00 to 7:00 pm.

Some members joined me at the Women's March Canada on January 19 to be part of the conversation to advance the rights of women. Stay tuned for information regarding activities to celebrate International Women's Day on March 8.

Members are encouraged to register and attend the CFUW centennial celebration in Winnipeg this August, as well as the GWI centennial meeting in Geneva this July. More details will follow.

With success come challenges. As you may know, my mandate as president will come to term in May; so will the mandates of all board members who started with my presidency or before. This means that all board positions are ready to be filled in May 2019. Our Nomination Committee (Elaine Bander and Zofia Laubitz, convened by Pam Georges) has been working to recruit new board members. This is a great opportunity for members to get involved in the club's administration and to help further its mission.

As I mentioned in a previous newsletter, Club Atwater's new business model has prompted us to seek an alternative location for a clubhouse, since the Coach House is becoming unable to meet our needs. The Relocation Committee has done a thorough analysis of existing opportunities. Stay tuned for an email informing you of its recommendations and our next steps.

Let these challenges become opportunities for positive change and new leadership as our Club moves forward, steady and strong, into the 21st century.



Thank you ,
Saôde Savary
President



CFUW News

All clubs are invited to submit a top-five list (see list below) of key issues that might come up during the 2019 federal election. CFUW will take the most common topics and develop talking points.

1. **The Economy:** Pay equity, Women in non-traditional occupations, Universal childcare, Parental leave, Addressing poverty, Housing and homelessness
2. **Universal Pharmacare**
3. **Environment and Climate Change**
4. **Elections and Electoral Reform**
5. **Indigenous Issues:** Missing and Murdered Indigenous Women and Girls, Education
6. **Immigration**

Email your choices to:
 Cheryl Ambrose or Yasmin Strautins
 Deadline is March 31, 2019.

CFUW will begin holding face-to-face AGMs in even-numbered years only, with electronic AGMs to be held in odd-numbered years. It is currently looking for a member club to host the 2020 AGM.

INTEREST GROUPS

LADIES WHO LUNCH
Tuesday, February 5, 12:15 pm
 (RSVP January 29)
 Restaurant Da Vinci
 1180 Bishop (Guy-Concordia metro)
 Convenor: Laretta Alexander

STAGE & SOIRÉE
Friday, February 1, 7:30 pm (with reception)
Saturday, Feb. 2, 7:30 pm / Sunday, Feb. 3, 2:00 pm
The Magic Flute, Opera McGill, Monument National
 Tickets **\$46-\$52**. Reservations: Box office 514-871-2224
 For information: Convenor Elizabeth Wirth



HOME DINNERS COMING THIS APRIL

Host or attend a potluck home dinner in April.
 Details in next month's newsletter.
 Sign-up begins at the February dinner.

BLACK HISTORY MONTH – FEBRUARY 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Stage & Soirée	2 Stage & Soirée
3 Stage & Soirée	4	5 Ladies Who Lunch	6 BOD meeting	7	8	9
10	11	12	13 Dinner meeting	14 	15	16
17	18	19	20	21	22	23
24	25	26	27	28		



When a clock is hungry, it goes back four seconds.



Food for Thought

Lunch With Girlfriends

By Kathy O'Malley

Elaine's vertigo has never been worse
 Kay can't recall where she left her purse
 Rhonda's about to replace her knees
 Linda's breathing is tinged with a wheeze

Debbie's left boob has a troublesome lump
 Diane's on her third trip to take a dump
 Lorraine's husband can't remember a thing
 Nine years a widow, Ann still wears her ring

Marlene is dealing with another UTI
 Sally's giving a hearing aid another try
 Marie has decided she can't drive at night
 Sharon still wears clothes two sizes too tight



They've been through divorces and babies and wakes
 They do for each other whatever it takes
 They've already buried Marcia and Kate
 And truthfully, Lizzie's not looking so great

So whenever they can, they get out to eat
 Open bottles of wine and forget their sore feet

There's laughing, crying, letting down guards
 When the bill comes, there's ten credit cards

So here's to the waiters who keep orders straight
 And to the places that let lunches
 run three hours late

And here's to the girlfriends, those near and
 those far

Here's to the girlfriends, you know who you
 are!!!



December: Dinner, Donations, Delight

le GLADSTONE



During a delightfully festive dinner at Le Gladstone, 30 members enjoyed listening to lively speaker Jenna Smith, director of Innovation Jeunes. As well, contributions for our Shoeboxes for Shelters project piled up. In time for Christmas, board members Judith McTavish and Nicki Ayoub delivered 36 shoeboxes to highly appreciative directors (see below) and patrons of La Maison Jacqueline. This nationwide initiative of shoebox gifts for women is meant to help enhance self-esteem and reduce feelings of isolation in local women in crisis.

Many thanks to UWCM members for their generous contributions.

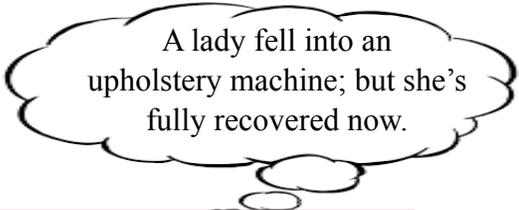
I want to tell you how grateful we are here at La Maison Jacqueline! With your help, 36 of our ladies had sparkles in their eyes receiving your gifts on December 24th. Your commitment is so precious. A big "thank you" to all your members who participated in this generous event. I want to wish you health, peace, joy and love for 2019!

- From Lucie Lepage, Adjointe aux ressources matérielles:

Je dois vous dire que nos participantes avaient le sourire aux lèvres et la joie au cœur en déballant vos cadeaux : les boîtes étaient tout aussi attrayantes que leur contenu fut apprécié! Notre fête de Noël fut magique, grâce à votre généreuse contribution. Du fond du cœur, de la part de toute l'équipe de La rue des Femmes et des femmes que nous accueillons, je vous remercie de votre soutien et de votre intérêt pour cette double cause de la santé relationnelle et des femmes en état d'itinérance. Nous partagerons des photos sur nos réseaux, pour exprimer pleinement notre vive reconnaissance.

- Léonie Couture, C.M., C.Q. Fondatrice et directrice générale





Foundation Facts

ANNUAL GIVING

A huge thank-you to all who have contributed to our campaign, thus far! To date, we have raised almost **\$4,300** – two-thirds of which has come in through our new and convenient “Canada Helps” initiative! So far, over 40 percent of our total membership has participated in reaching this total. This is an overwhelming confirmation of the club's support of our educational institutions and local charities. Anyone still wishing to contribute in our current fiscal year may do so until June 30th, 2019.

THEATRE PARTY FUNDRAISER

Date: Friday, March 22, 7:00 pm

Place: InfiniTheatre, Espace Knox-Crescent
 6215 Godfrey Avenue, NDG (near Grand Blvd.)

Tickets: \$40 (with \$20 tax receipt)

Reserve with: Elaine Bander before February 13 dinner meeting. Pick up that night. Only exact change or cheque (payable to “UWCM Foundation”).

The Foundation invites you to join other members (and to bring along your friends) for a theatre party. Street parking is available, and the 105, 103, and 162 buses pass nearby. Many fine restaurants are within a few steps of the theatre.

Fight On! Part Two, a brilliant new work by legendary Montreal writer and director Guy Sprung, has ironic commentary by Indigenous writer Drew

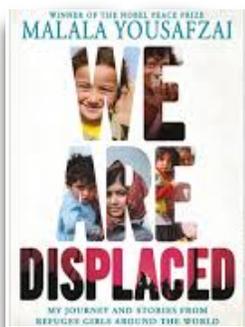
Hayden Taylor. Don't worry if you missed *Part One* last year: This imaginative, witty, inventive and thought-provoking production will engage and enlighten. Technically a workshop production, its theatrical values require no apologies.

Loosely based on the true story of Francis ("Frank") Jeffery Dickens, son of Charles Dickens, it tells of his arrival in Canada in 1874 with all the prejudices and presumptions of a white colonist/settler. After serving 11 years as a member of the North West Mounted Police and horrified by the mendacity that robbed Indigenous Peoples of their lands, Frank learns to respect the traditions and wisdom of First Nations culture and begins to understand the urgent need to live in harmony with Mother Nature.



Those who saw *Part One* last year were impressed by the high quality—and delights—of the production!

Interesting read



In her new book, Nobel Peace Prize winner Malala Yousafzai introduces some of the people behind the statistics of millions of people displaced worldwide. Malala's experiences visiting refugee camps caused her to reconsider her own displacement

as a child in Pakistan. In *We Are Displaced*, she shares personal tales of some of the girls who have lost their community, their relatives, and the only world they've ever known.

During this time of immigration crises and border conflicts, *We Are Displaced* is a reminder from one of the world's most prominent young activists that everyone deserves a home and basic human rights.



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Stella Musica and Les Olympes



This fifth edition, under the artistic direction of Katarzyna Musial (our November 2018 speaker), presents: *Musique au Féminin*
Théâtre Outremont
1248 Bernard Ave.W. (H2V 1V6)

March 21 (6 pm) Tickets \$15, Seniors/Students \$10
Held in the Petite Outremont (120 seats), this performance will be followed by a round-table discussion, led by Anne-Marie Trahan, with UWCM members and participants in Les Olympes competition about the UN Convention on the Rights of the Child, their struggles and the effect of music as a healing medium. A short networking reception with the panellists will follow.

March 22 (8 pm) Tickets \$39, Seniors \$29, Students \$12
(This date only, get a 40-percent discount with the promo code: **stellavip**)

The Grand Concert promises to be a deeply memorable evening under the sign of cultural diversity. Featured artists: Barbara Croall (musician and composer of the Odawa First Nations), Vanesa G.R. Montoya (choreographer and principal dancer of Les Grands Ballets de Montréal), Imperial Orchestra conducted by Lori Antounian, pianists Emily Oulousian (Virtuoso at Radio Canada winner) and Sarah Oulousian (Canadian Music Competition laureate), and dancers Anja Fanslau, Claire Campbell and Adrian Batt (l'École supérieure de ballet du Québec).

Box office: 514 495-9944, ext.1
<https://billetterie.theatreoutremont.ca/evenements.aspx?language=en&owner=198&desktop=1>

Share warmth with Chez Doris



This downtown women's day shelter is looking for frostbite protection in the form of winter boots, heavy mitts and large winter coats to help their disadvantaged clients, 30 percent of whom are homeless.
Call 514-937-2341, or click <https://interland3.donorperfect.net/weblink/weblink.aspx?name=E920202QE&id=1> to donate unused winter mitts, coats and boots now!

Renew membership

Due to unexpected circumstances, our usual November deadline for sending out invoices for 2019 membership renewal was missed. By now, you should have received them. If you have not, please contact Membership Chair Susan Button. We apologize for any inconvenience this delay might have caused.

