



UWCM

University Women's Club of Montreal Inc.

Club des Femmes Universitaires de Montréal Inc.

3529 Atwater Avenue
Montreal, QC H3H 1Y2

E-mail: uwcm@uwcm.com

Web: www.uwcm.com



NOVEMBER 2018 NEWSLETTER



**WEDNESDAY, NOVEMBER 14, at
LE GLADSTONE, 4114 Ste-Catherine West
from 6:00 pm - Katarzyna Musiał,
Stella Musica Artistic Director: *Women in Music***

Polish-Canadian pianist Katarzyna Musiał is regarded by *Chicago Classical Review* as a "major talent, blessed with an astounding technique and an interpretive panache" and has performed as a concerto soloist, recitalist and chamber musician throughout Asia, Africa, Europe and North America. In addition to winning first prize at the Bradshaw & Buono International Piano Competition in New York, Katarzyna was also a prize winner at the Krzysztof Penderecki International Competition of Contemporary Chamber Music in Cracow, the Kay Meek Competition in Vancouver and the Alban Berg Prize for outstanding merit in Vienna. Her last CD, *Come Dance with Me*, received rave reviews and was played on over 100 radio stations. She holds a master's degree with high honours from the Academy of Music in Cracow, an Artist Diploma from the Vancouver Academy of Music, and a Diploma in Advanced Music Performance Studies from Montreal's Concordia University.

Katarzyna is a Steinway Artist and the founder and Artistic Director of the Stella Musica Festival, celebrating its fifth year in 2019. Join us this evening to learn all about why and how *Stella Musica* promotes women in music.

Our October dinner meeting was cancelled with regrets. We did not meet minimum attendance requirements. Register **with Donna** today!

The Relocation Committee is working hard...

to find a long-term solution for our meetings and dinners. The new Club Atwater owners might have other plans for the spaces we now occupy and, since our lease expires next September, we are evaluating possible venues along with our needs. We apologize for any negative experiences you had at the

September dinner and for the fact that we had to cancel our October dinner (due to not meeting Club Atwater's minimum attendance requirement). Remember: We have our **December dinner at Le Gladstone** with Hubert Lacroix speaking and more interesting speakers scheduled at Club Atwater in January, February and March 2019. We will keep you informed regularly of our progress.

NOVEMBER DINNER CHANGE OF VENUE

Le Gladstone

4114 Ste-Catherine Street West

Make your choice from the menu (below) and reserve a spot!

**Contact Donna Jensen before
Tuesday, November 6.**

**Reservations or cancellations
must be made through Donna.**

NOTE: Any cancellations after
November 6 will result in you being
charged for the full meal.

**Don't forget
your name tag!**

NOVEMBER 14 DINNER MENU

Choice of:

1. Leek and potato soup OR
2. Small green salad

Choice of:

1. Baby back ribs with homemade fries and coleslaw OR
2. Cod (cooked sous-vide) with mashed potatoes, veggies and salsa

Dessert (*petit pot vanille*), coffee/tea

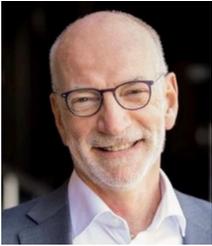
Cost: \$38 each, plus service/taxes (wine extra). Individual bills payable by cash, credit, or debit.

No cancellations after November 6 or payment in full will be required.

**Cocktails: 6:00 pm
Dinner: 7:00 pm**



NEXT MONTH: December dinner again at Le Gladstone



WEDNESDAY, DECEMBER 5, from 6:00 pm
Hubert Lacroix, President and CEO, CBC/Radio Canada
How Basketball at McGill Influenced My Values and Management Style

Hubert Lacroix has recently completed his term as the longest serving President and CEO of CBC/Radio-Canada. A lawyer by profession, he has had a long and diversified career in the fields of law, communications and sports. Please join us in December to learn how 12 years of experience gained as head coach of the McGill Martlets basketball team very early in his career (1978 to 1987) helped to mould and shape the values and management style that have brought him to where he is today.

Provincial Council Semi-Annual Meeting



Saturday, November 17, 9:00 am to 3:30 pm
Breakfast from 8:30 am

TMR Curling Club
5 Montgomery Avenue
Ville Mont-Royal, QC H3R 2B2

Cost: \$35 per person (includes continental breakfast, morning coffee break and lunch)
Parking is free. Registration form attached.

Guest Speaker: Nicole Pelletier from Herstreet/La Rue des Femmes — *The plight of homeless women in Montreal*

Take this chance to meet members from sister clubs and to hear our Shoebox for Shelters partner speak on the issue of homelessness.

Since UWCM is hosting this year, a solid turnout from our club members would be appreciated.

Foundation Events



Coming soon!
Click
CANADA HELPS
to donate!

A Day at the Museum

Join us at this mini-fundraiser! We are taking a guided tour of the permanent collection conducted by fellow member Andrea MacKenzie on Saturday, Nov. 3, at 10 a.m. Cost is \$30 plus the entrance fee (your museum VIP card counts). Only 15 places available — so register today with Andrea de Gosztonyi. You will receive a tax receipt in the amount of \$27.50.

Annual Giving Campaign

Since 2012, the Foundation has been conducting its Annual Giving Campaign to supplement the monies raised through its major fundraising events. Running until June 30, 2019, this fundraising method allows members to donate, as they wish, without leaving the comfort of their own home! The campaign alone has raised some \$25,000. You will soon be receiving a letter asking for your participation. We sincerely appreciate your generosity, and the community is most grateful for the commitment of UWCM to better the lives of women in need.



INTEREST GROUPS

DINING IN

Tuesday, Nov, 27, 6:30 pm - Flavours of India
 Hostesses: Carmelita Rasquinha & Rahila Bootwala

The next dinner promises to be a casual, fun-filled evening of delicious food, camaraderie and laughter. First come, first served. Alert her of any food allergies or intolerances. We will decide on the theme and date for the next dinner that night.

Convenor: Elizabeth Wirth

LADIES WHO LUNCH

Tuesday, November 13, 12:15pm
 (RSVP 06 November)

Restaurant La Société Montréal
 1415 rue de la Montagne (Peel metro)

The deadline to reserve is noon on November 6.

Convenor: Laurretta Alexander

RESTO REVIEW

The Ladies Who Lunch are happy to recommend last month's lunch spot: Restaurant Beatrice. A charming ambiance, excellent service and divine food.

Most enjoyable.

STAGE & SOIRÉE

Saturday, November 17, 7:30 pm - Viennese Ball
 Marriott Hotel Château Champlain

Dance the night away in Old World European style and New World Canadian fun while supporting worthy causes. Join me. All welcome! Tickets online at (balviennoisdemontreal.org)

Convenor: Elizabeth Wirth

OUTDOOR LADIES

Sunday, November 18, 11 am
NDG homes in the 18th, 19th and 20th centuries



We will meet outside the Villa-Maria metro station and end our walk on Sherbrooke at Girouard (for those who might want to park in between). We will discuss the history of some homes and buildings you may have walked or driven past many times without noticing. The walk will be downhill and we may end at Chalet BBQ. Please let me know if you are coming so we will wait for you. Convenor: Carly Pepler

WINE TASTING

Monday, November 26, 7:00 pm (Coach House)
Fun with hybrid varietals. Confirm attendance before November 22. We need at least 8 participants. This time we will concentrate on hybrid varietals (like French American) — the kind of grapes that grow easily in our very cool climate. Is their resilience worth it? Reservations a must!
 Convenor: Linda Snell

TRAVEL CLUB

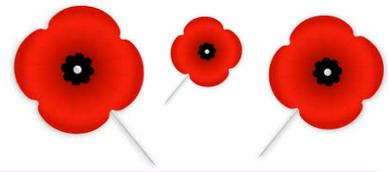
Tuesday, November 6, 7:00 pm (Coach House)
The Mysteries of Malta

Join us to travel with Carly Pepler to the beautiful and historical island of Malta. All welcome!
 Convenor: Andrea de Gosztonyi

A new idea for an interest group!

Would you like to travel in a small group with other members to Toronto, Ottawa, Stratford, Quebec City, the Laurentians? We need someone who's a good organizer and happy to be a travel companion with like-minded women. Contact Annette Rudy.

Newsletter editor: Donna Jensen
 Copy-editing and proofreading services:
 Zofia Laubitzi



Foundation Facts

Structure

The UWCM Foundation was created in 1985 through a set of bylaws adopted by that year's UWCM board of directors. It was set up to issue tax receipts for donors in compliance with CRA guidelines governing charitable organizations. The trustees (usually six) who govern the Foundation are appointed each year by the UWCM board of directors in consultation with the Foundation president.

Traditionally, the Foundation president has been the most recent past president of the UWCM. She serves

a two-year term. This has not been the case for the last few years. The current club president is also a trustee and thus becomes the link between the UWCM board and the Foundation.

At the Foundation year end (June 30), the trustees must disburse at least 80 percent of the annual donations (of which 50 percent must be directed to educational institutions) leaving a small balance for incidental expenses for the next year.

The Foundation welcomes club members to volunteer in assisting the trustees to fundraise.

EVENTS CALENDAR – NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Foundation fundraiser: MMFA tour
4	5	6 Travel Club	7 BOD meeting	8	9	10
11 	12	13 Ladies Who Lunch	14 ★ Monthly dinner at Le Gladstone	15 Newsletter deadline	16	17 Prov. Council meeting / Viennese Ball
18 Outdoor Ladies	19	20	21	22	23	24
25	26 Wine Tasting	27 Dining In	28	29	30	Coming up Dec. 9: TEDxWomen

“Social interaction, social responsibility and growth of women in all areas of life”



The Wright Way

This October 12, member Anelia Wright [DIP (PTH), B.Sc. (P&OT)] received the McGill University Alumni Award of Merit from the School of Physical & Occupational Therapy. Nellie is semi-retired, still helping her clients remain autonomous, and spends many hours volunteering for our club as well as for the McGill Book Fair, the McGill Women's Alumnae Association, her own class reunions, and the McGill Major Gifts unit. In the past, Nellie was an associate director of a campaign for the Montreal Children's Hospital and the Montreal Neurological Institute, and worked at the Montreal Museum of Fine Arts.



This diminutive ball of energy, who studied comfortably among stocky football and hockey players, feels most fortunate to have been trained with both physical and occupational therapy

skills. "You learned about the condition, you learned how to heal the muscles and then how to rehabilitate it with functions," she explains.

A pediatrics specialist with the MCH and the Mackay Centre, Nellie was widowed at a young age. While raising her two children, she worked as a part-time physiotherapist with private physicians. At the Mackay Centre, she treated children with spina bifida, cerebral palsy and muscular dystrophy. "I found the Mackay Centre...really helps the children function well." She also worked with nutritionists, neurologists, speech therapists and other caregivers. (*McGill Faculty of Medicine* online magazine, October 1, 2018)

Nellie is a tirelessly loyal and hard-working member and former membership chair of the UWCM.

Membership Directory Updates

CORRECTION

Our new member, announced in the September newsletter, **Gawaher Atif**, has an **M.A.** (not a B.A.) from the American University in Cairo.

GIVE A WARM WELCOME TO OUR NEW MEMBERS:

- **Noran Ahmed**, Independent graduate course work (McGill), International Diploma for Teachers and Trainers (Cambridge), B.S. (Cairo University)
- **Bitar Arabsalmanabadi**, Ph.D. Candidate Electrical Engineering (École de technologie supérieure)
- **Namita Arora**, B.A. (Punjab University)
- **Rachel Baker**, B.A. (McMaster), B.A. (University of Victoria), M.A. (McGill)
- **Isabelle Schulte-Tenckhoff**, Ph.D. (University of Lausanne)
- **Dianne Theoret-Major**, Inter-discipline Biology/Geography Environmental Studies (Carleton), Associate Degree, Biotechnology (Bruce Technology Institute, Canberra, Australia)

PLEASE UPDATE YOUR DIRECTORY TODAY.



SHOEBOXES FOR SHELTERS

Make a woman in need feel special!

A year-long project, **Shoebboxes for Shelters** is unique during the Christmas season where it hopes to make the holidays a bit brighter for some Montreal women.

Partnering with Herstreet/La Rue des Femmes, UWCM hopes to provide holiday shoeboxes to one of the three Herstreet shelters, Maison Jacqueline on Jeanne-Mance. Our club provided Herstreet with practical supplies for their dispensary in June when members donated such necessities as toothbrushes, toothpaste, shampoo and sanitary napkins.

This time, however, the shoeboxes should contain special treats and items to lift spirits. We suggest that each box have an approximate value of \$40, and a \$10 gift card from Tim Hortons, McDonald's or Dollarama (all located near the shelter).

Boxes should be regular shoebox size, not oversized boot boxes or undersized child shoeboxes — no gift bags, please! Dollarama has appropriate sturdy Christmas boxes that only need to be filled then securely tied with a bright ribbon. If you use a regular shoebox, please wrap it in seasonal holiday paper and tie it with ribbon.

Consider **content choices** carefully. Think of items that you would give to a friend as well as mitts, scarves, hats, gloves, slippers and socks (especially if they are in pretty or festive colours).

Here are more suggestions:

- Chocolates, nuts, hard candy
- Diaries, journals, notepads, adult colouring books
- Fine-line multi-coloured markers, pens — metallic, glitter, neon...
- Costume jewelry: bracelets, necklaces, brooches... the more sparkle, the better
- Purse-size flashlight
- Nail products (files, polishes) and hand cream
- Makeup: lipstick, mascara, facial masks, eyeshadow
- No bath products as there is usually no access to tubs
- No hotel-room toiletries, no candles

Shopping alternative: If you are unable to shop, simply send a cheque made out to UWCM (indicating "Shoebox Project") for \$50 — or more! — to Nicki Ayoub, UWCM Treasurer, 115 Charnwood Road, Beaconsfield, QC H9W 4Z5.

Volunteers will shop and prepare a box on your behalf.

The shoeboxes will be collected at our December 5 dinner (to be held at Le Gladstone restaurant) or at the Coach House. More details to follow.

Do not hesitate to contact me if you have any questions.

Judith McTavish
Communications Chair





REGISTRATION
QUEBEC COUNCIL of CFUW CLUBS
Fall Meeting
Saturday, November 17, 2018

Name

Telephone _____ Email _____

Club

Club position if applicable

Do you have any food allergies?

To reserve, please return this registration form with a cheque for \$35 (payable to UWCM Inc.) by November 9, 2018.

Please mail your cheque to Dominique Racanelli.

A confirmation by email of the number of members of your Club who will attend would be greatly appreciated before November 9. This will help us plan for the event.