



University Women's Club of Montreal Inc.

Club des Femmes Universitaires de Montréal Inc.

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## INTEREST GROUPS

### 2017 — 2018

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3529 Atwater Avenue  
Montreal, QC H3H 1Y2  
[uwcm@uwcm.com](mailto:uwcm@uwcm.com)  
[uwcm.com](http://uwcm.com)

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### À LA CARTE

Would you like to organize a one-time event that can be enjoyed by members? Maybe you would like to teach (or learn) about Facebook, Twitter or smartphones, visit Stratford or Ottawa, discuss books, cuisine, culture, politics or current events. Call the Interest Group Chair to set it up. Details of such events will be mentioned in future newsletters.

### DINING IN

A resurgence of the old "Skinny Gourmet" group, this features good dining, good conversation and good company at members' homes. Dinner themes are decided at the previous dinner, and members choose their contributions. Cost of each item is tallied and the total is divided by the number of guests, so cost is reasonable and fair. We always ensure there's enough wine to make a merry evening! As more of us have smaller dining areas, sometimes we will eat buffet style, and we limit numbers to 10 or 12 per meal. But the group can consist of at least 20 members, as not everyone is available every month. Dates (and many other aspects) can always be changed to accommodate members. Reservations are greatly appreciated!

### LADIES WHO LUNCH

Finally, a daytime activity for those members who have some free time and prefer to venture out during the day. We will meet for lunch, four or five times a year, at a different restaurant each time. Enjoy delightful food, ambiance, conversation, laughter and wit. Dates will be announced in the newsletter. Deadline to reserve is one week prior to the date of the lunch.

### OUTDOOR LADIES

The ladies are going to meet once a month on a Sunday morning to explore various parks, markets and neighbourhoods, a different one each month. And we will have lunch at a local restaurant after our walk. Exercise is an important part of daily life. What better way to not only improve your health, but socialize as well, with your fellow UWCM members. Please let us know if you will be coming. Hope to see you there!

**Important: Please  
confirm with each  
Interest Group convenor  
when you plan  
to attend a session.**

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## **STAGE & SOIRÉE**

Our aim is to enjoy evenings out with some camaraderie and good cheer at monthly LIVE events, including plays, concerts, parties and even a formal ball with other members – don't miss a terrific outing due to lack of company. Optional drinks or meals are often part of the evening. You may call me or any member of the group for company to an event not on the calendar, i.e. this is to give you a circle of friends who enjoy going out, and you can access the group for a film buddy too. Partners and friends are also welcome. There is no need to commit to monthly attendance, and there's nothing to bring but you yourself.

## **TRAVEL**

Visit the most exotic places on earth without ever leaving Montreal. Presentations will take you to the far corners of the earth. Ride Bengal tigers on a safari or enjoy the splendour of the Taj Mahal. Vicarious pleasure awaits you if you join this dynamic group. Come for one session or enjoy the series. This group, which normally takes place at the coach house, is open to all.

## **WOMEN'S ISSUES**

We will meet the first Monday of the month to discuss topics that align with our mission of empowering women through education. Sessions will be led by various members, using Ted talks as a starting point. Other formats such as movies, academic reports, news articles, CFUW action items, or local, provincial, national or international issues might be tried as well. Members will share with the group and could be used to populate our new blog, suggest guest speakers, or encourage potential members to join. The success of this group depends not only on your willingness to participate but to animate a session or two as well. You don't have to be very knowledgeable on the subject as the Ted talk provides the necessary information. Please reserve your spot and let us know if you wish to animate a session.

