



UWCM

University Women's Club of Montreal Inc.

Club des Femmes Universitaires de Montréal Inc.

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MARCH 2016 NEWSLETTER

DINNER MEETING: WEDNESDAY, MARCH 16, from 6:00 pm — *Dr. Joe Schwarcz*



McGill science professor, author, radio-show host
Celebrity Science: From Suzanne Somers to Dr. Oz

Is it sound science or quackery? When it comes to health advice dispensed by celebrities, it may be hard to tell: Suzanne Somers offers opinions on cancer treatment, Jenny McCarthy rails against vaccinations, Jamie Oliver serves up nutritional advice, and then there is the enigma

of Dr. Oz! What we have here is a fascinating blend of sense and nonsense. Time to separate the wheat from the chaff.

Dr. Joe is director of the McGill University Office for Science and Society, which is dedicated to demystifying science. He is well known for his informative and entertaining public lectures on topics ranging from the chemistry of love to the science of aging. Professor Schwarcz has received numerous awards for teaching chemistry and for interpreting science for the public. He is the only non-American ever to win the American Chemical Society's prestigious Grady-Stack Award. He hosts "The Dr. Joe Show" on Montreal radio, has appeared hundreds of times on television, and is the author of fourteen bestsellers. Also an amateur conjurer, he often spices up his presentations with a little magic.

HOME DINNERS — April 14, 20, 21

Contact: Valerie Markham

Again this year, "Home Dinners" replace our usual monthly Club Atwater dinner. This is a chance to instead get together with a smaller group of members in a member's home, and enjoy a friendly potluck dinner. Usually a welcomed change of pace, this also helps new members get to know other members.

If you wish to host a potluck dinner, simply choose one of the above dates and decide how many guests you can handle. If you wish to attend a dinner, please mention any food or mobility restrictions. Sign-up sheets will be at the March dinner meeting (or contact Valerie Markham directly). Final lists will appear in the April newsletter and your assigned hostess will let you know what dish she would like you to bring. For all concerned, please understand that changes must be kept to a minimum.

Reserve with Club Atwater

Avoid any last-minute disappointment: reserve by Thursday, March 10.

Email reception@clubatwater.ca
or call 514-935-2431.

MARCH 16 DINNER MENU

- Leek and pear soup
- Leg of lamb, rice and vegetables
- Chocolate cake, raspberry coulis
- Coffee and tea

Our dinner meetings are held at:
Atwater Club
3505 Atwater Avenue

Cocktails: 6:00 pm
Dinner: 7:00 pm

Member cost: **\$31.04, incl. tax**
Non-members: **\$50.00,**
including a glass of wine
(by cheque payable to UWCM)
Guest cover charge: **\$5.00**

Cancellations made any later than 5:00 pm on the Monday before a Wednesday meeting will result in a 50-percent charge of the cost of the meal.

Psst...
NAME TAGS!!

Mention any food allergies or dietary restrictions when you make your reservation.



PRESIDENT'S MESSAGE

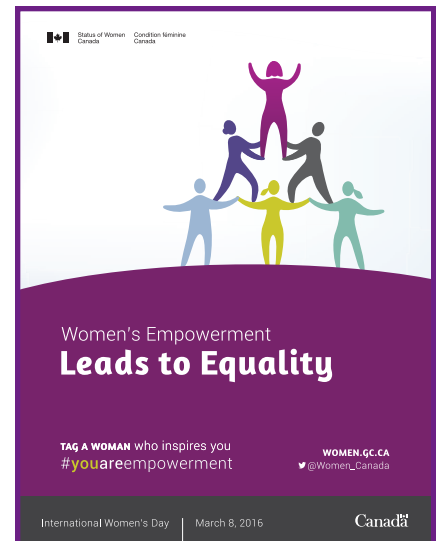
Dear Members,

We have just completed our membership month and the renewal period for the club. I am pleased to see that almost all of our members have decided to remain a part of this amazing group. Unfortunately, we have lost a few members for various reasons; some of them have relocated. It is always sad to realize that this will make it that much harder to stay connected with cherished friends. Nonetheless, these ladies have been part of the UWCM story and share in memories and smiles. That being said, I would ask each of you to continue to share some of your stories and moments with others around you. I know that there are plenty of women who are looking for a place to gather and call their own — a safe place to exchange ideas, to socialize, and to even give back to the community.

I am very excited at some of the progress we have made regarding our advocacy and community outreach. Rhonda Schanfield has been very active in suggesting and introducing our group to various activities around the city. The club is also connecting better with social-media publicity. Should anyone wish to become more involved in the website or social-media platforms, this would be the time to step up.

I would like to remind you of the upcoming Provincial Council annual general meeting, which our club will be hosting at the Atwater Club on Saturday, April 23. It will feature Wanda Bedard, president of 60 Million Girls Foundation, as guest speaker. Please reach out to Vice-President Zoya Duba if you wish to attend. This is a good way for you to understand the work that the CFUW does, and it also is an amazing opportunity to meet women from our four sister clubs across the province. I hope to see some of you there!

Kindest regards,
*Maya
Bergeron-Metivier*
President



Board Meeting Highlights

- Directory to be updated and distributed in April.
- Discussed graphic presentation of publicity posters.
- Coach House refrigerator and stove issues have yet to be resolved.
- Board strategic planning meeting scheduled for April 6.
- Decision made to again offer coupon to members for use of Coach House for one personal event this year.

WEBMASTER WANTED




Savvy with social media?
Comfortable with computers?
Willing to learn about social networking?
Contact Maya Bergeron-Metivier today.

DINNER RESERVATIONS MADE EASY

Click the link to the Atwater Club (see Page 1) and send an email. You will receive a reply, usually in the same day, confirming the reservation. This way, you reserve at any time of the day or night without having to find time during your busy day to phone. It takes only seconds — try it this month!



EVENTS CALENDAR — MARCH 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8 INTERNATIONAL WOMEN'S DAY	9 BOD meeting	10	11	12
13	14 Wine Tasting	15	16  Dinner meeting	17  Stage & Soirée	18 Stage & Soirée	19 Stage & Soirée
20 St. Patrick's Day parade	21	22	23 Arts & Etc.	24	25	26
27  EASTER	28	29 Supper Club	30	31		

FOUNDATION

The Foundation's Annual Giving campaign runs until June 30 of this year. So far, it has raised \$2,345 from only 26 members. Please think about making a contribution (and receive a tax receipt) to help us support local women's groups and funding education for women in need.



This year's big fundraising event on June 2 will be a spectacular performance by the **National Circus School of Canada** held at TOHU Arts Theatre (on Jarry near Papineau). Friends, neighbours, grandchildren and others who are young at heart will delight in seeing these talented graduates perform graceful and outstanding acrobatic feats! Help support women in all areas of life — and have fun being entertained at the same time. Tickets are now on sale: \$65 adults (\$35 for 12 and under). For details, contact me or a member of the fundraising committee today!

Dominique Racanelli
UWCM Foundation President

ADVOCACY / COMMUNITY

Tuesday, March 8 - A gathering to celebrate *International Women's Day* will take place at Cabot Square (corner of Atwater Avenue and Saint-Catherine St. West) at 6:00 pm.

Please join me and other UWCM members to show your support. Contact me for further information.

Rhonda Schanfield
Advocacy and Community Affairs

TUESDAY, MARCH 8
INTERNATIONAL WOMEN'S DAY



INTEREST GROUPS

WINE TASTING

Monday, March 14, 7:00 pm (Coach House)

"Something old, something new..." Join us to see whether an aged wine is better than a young one of the same varietal. What is the cachet of a more mature wine? Please reserve your spot!

Convenor: Linda Snell

STAGE & SOIRÉE

March 17-19, 7:30 pm

Pollack Hall, 555 Sherbrooke St.W.

Opera McGill - Handel's *Rodelinda*

March 17: opening performance with reception.

March 18, 19: evening performances.

Tickets: \$31 adults, \$19 seniors and students

www.mcgill.ca/music

SUPPER CLUB

Tuesday, March 29, 7:00 pm (we meet at 6:45 pm)

Restaurant Machiavelli (Italian - BYOB)

2601 Centre Street

(corner of Charlevoix — Charlevoix Metro)

Reservations a must!!

Call Judy Mowat before 6:00 pm, March 22.

One place reserved for a new member until reservation deadline.

ARTS & ETC.

Wednesday, March 23, 1:30 pm

Pointe-à-Callière, 350 Place Royale

Investigating Agatha Christie

Showcasing the famous novelist through her work, her imagination and her passion for archaeology, this is one of the major international events planned to mark the 125th anniversary of her birth. Please register with convenor by March 18.

Convenor: Dominique Racanelli



Festival Stella Musica Women in Music

Saturday March 12, 8 pm

Tickets: \$39 (Seniors \$34, Students \$18), incl. taxes

VIP tickets: \$100 — includes exclusive seating

(centre orchestra – rows C, D, E, F) and a post-concert reception with the performing artists

Theatre Outremont Box Office

1248 Bernard Ave. W., Outremont,

(Monday-Saturday, 12-6 pm; Sunday 10-4 pm)

Phone: 514-495-9944, ext.1

Online: <https://billetterie.theatreoutremont.ca>

Call for Nominations

The Nominating Committee (comprising Carly Pepler, Zofia Laubitz and Dominique Racanelli) announces that, for the 2016–2017 period, the following board positions are open for nomination:

- Vice President
- Treasurer
- E-Media Chair

Any member interested in serving on the UWCM Board is asked to contact a Nominating Committee member for additional information.

Dominique Racanelli
Nominating Committee Chair

Newsletter editor: Donna Jensen

Copy-editing and proofreading services:
Zofia Laubitz



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The Montreal Council of Women, 120 Years and Counting... A Retrospective is a book about the kaleidoscope of women's organizations that have been formed in Montreal over the past 120 years. The cover, beautifully designed by well-known accomplished artist Cheryl Braganza, offers a panoramic view of some of the city's oldest groups, a treasure trove of information relating to these women.

Copies can be purchased (\$20 each) by emailing info@montrealcouncilwomen.ca, or by contacting B. Destounis or S. Gyles.



GRANNIES FOR GOOD

Bring any used clothing, in excellent condition—as well as belts, scarves, jewellery—to the March dinner meeting.



At the February dinner, we learned that “Grannies for Good” is part of the Stephen Lewis Foundation Grandmothers to Grandmothers Campaign, which raises funds and awareness for African grandmothers caring for their orphaned grandchildren due to the AIDS pandemic.

It has raised over \$11.9-million to support grassroots projects these African women have created to keep their grandchildren alive and secure. Sub-Saharan women are particularly vulnerable to HIV/AIDS because of gender inequality and have advocated for their orphaned granddaughters, insisting they be given their full rights to education and protection.

For details: Joanne Gormley or Bev Price.

Please be generous! A representative will be at the sign-in table to collect your donations.

CFUW QUEBEC COUNCIL

On Saturday, April 23, our club will be hosting the annual general meeting of the Quebec Council of University Women's Clubs / Conseil québécois des associations des femmes diplômées, from 9 am to 3:30 pm at Club Atwater, 3505 Atwater Avenue, Montreal.

The guest speaker will be Wanda Bedard, president of the 60 Million Girls Foundation, which promotes education of girls in the developing world. All five CFUW Quebec clubs are invited to attend, so this will be a great chance to meet members of our sister clubs.

The price — still to be determined by the Atwater Club — for the all-day event will appear in the next newsletter along with other details still being finalized. Please contact Zoya Duba to reserve your spot!

COACH HOUSE VOUCHER

Back again this year! An added benefit to your membership, this voucher entitles you to host one personal event — for free — in the Coach House.

Member name: _____ Member # _____

Event Date: _____ Time (start / end): _____

Please contact Valerie Markham to make your claim.



MEMBERS IN MOTION



Outdoor Ladies Adeline Beaulac, Zofia Laubitz, Carly Pepler, Carmelita Rasquinha and Donna Jensen (not shown) enjoyed an invigorating stroll over the Mountain last December — before there was any snow!

WHAT HAVE YOU BEEN DOING?

Send photos to Donna Jensen.



The UWCM's very own Brenda Shanahan (centre) was sworn in as MP in Ottawa last November surrounded — and supported — here by fellow UWCM members Gloria Ménard, Suzanne Crawford, Dominique Racanelli, and Roxane Stanners.



Arts & Etc. at the Vankleek Hill Christmas Home Tour on a cold day in November. Fron left: Dominique Racanelli, Linda Swanston, Donna Jensen, Zofia Laubitz, and Mica Faciu.



From the Past to the Future

In 2013, member Lorraine Gosselin created McGill's Louis Gosselin

Scholarship in Law as well as the Albert Gosselin Scholarship in Engineering in honour of her great-uncles. By including support for these scholarships also in her will, she ensures a lasting memorial to her great-uncles while at the same time benefiting future students.