



UWCM

University Women's Club of Montreal Inc.
Club des Femmes Universitaires de Montréal Inc.

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SEPTEMBER 2016 NEWSLETTER

DINNER MEETING – *Join in! Get to know us!* WEDNESDAY, SEPTEMBER 21, from 6:00 pm

This month's meeting showcases our interest groups — an important part of our club. It's also time to reconnect with members you haven't seen for a while. Better yet, bring along a friend you might like to introduce to members. Then feel free to sign up for one or more groups, and indicate if you could assist the convenor on occasion. During the dinner, various convenors will describe their groups' activities. Sign-up sheets for each group will be available. Join as many as your schedule can handle. See you there!

NEXT MONTH – OCTOBER 19

Dr. Jonathan L. Meakins:

Modern Hospitals and the Healing Environment



Dr. Meakins followed in the footsteps of his father and grandfather, who both held key appointments at the Royal Victoria Hospital and who dedicated their careers to transforming and improving health care. Dr. Meakins — who has served as surgeon-in-chief at the Royal Victoria Hospital, chair of the McGill Department of Surgery, and from 2002–2008 as Nuffield Professor of Surgery, Oxford University — is currently the Director of the MUHC Heritage Centre. His talk will address the principles surrounding the creation of a healing environment, with a focus on the Royal Victoria Hospital.

HOLD YOUR EVENT AT THE COACH HOUSE!

Don't have room at your place for a family reunion? Want to get some friends together to watch a movie? Need to host an evening to launch a new book or product? An added benefit to your membership entitles you to host one personal event for free in our Coach House.

Contact Valerie Markham to book your event today.

Reserve with Club Atwater by
Thursday, September 15.

Avoid any last-minute disappointment.
Email reception@clubatwater.ca or
call 514-935-2431.

SEPTEMBER 21 DINNER MENU

- Cream of pepper soup
- Grilled chicken breast forestière
- Chef's-style potatoes, market veggies
- Lemon meringue pie
- Coffee and tea

Our dinner meetings are held at
Club Atwater
3505 Atwater Avenue

Cocktails: 6:00 pm
Dinner: 7:00 pm

Member and her guest(s): \$31.04 each, including tax (wine extra), charged on member's account, PLUS a \$5 cover charge per guest, payable in cash at the door.

Unaccompanied non-members: \$50 (for meal and one glass of wine) payable by cheque to UWCM, at the door.

Cancellations made to the Atwater Club any later than 5:00 pm on the Monday before a dinner meeting will result in a 50-percent charge of the cost of the meal.

Mention any food allergies or dietary restrictions when you make your reservation.

**Don't forget your
name tag!**



PRESIDENT'S MESSAGE

Dear members,

The time has come to begin another season of the UWCM, where our activities and friendships will resurface after a few weeks' break. I trust that you all enjoyed the summer and do hope that you are as excited as I am about the coming year. Once again, we have a strong lineup of speakers for our monthly dinner meetings thanks to Elaine Bander's hard work. We also have various interest groups rolling and many of you have manifested interest in having stand-alone events. I encourage you to bring your ideas or organize social or advocacy activities. Don't forget that our Coach House is open for everyone to use! Valerie Markham remains available to give you access and guide you through organization efforts.

Over the summer, although most activities were halted, progress was not. Some board members remained active. I wish to extend a huge thank-you to Nicki Ayoub for fine-tuning the club's financial account structure, to Susan Ross for being on top of our publicity and being instrumental in now allowing website viewers to fill out an application form online, and to Anelia Wright for continuing to welcome new

members. Please join me as well in welcoming them to the UWCM family!

Some exciting news is that we have a returning member, Earlyn Sharpe, who has accepted the role of Social Media chair! As you know, this position has been vacant for some time and is so essential to our growth and exposure. Earlyn has experience with online media and I am confident that she will greatly benefit the Club.

Finally, due to the intricacy of the current debate between CFUW and GWI and as a result of my attendance at the national AGM, I will present a detailed update in a separate report. Please keep an eye out for any communications relating to the national and international entities, as we will surely be embarking on another year of debate. I recommend that everyone be as up-to-date and knowledgeable as possible so that we will continue to represent our club and its values in a most informed and rational manner.



With thanks and regards,
Maya Bergeron-Métivier
President

2015–2016 Foundation Financial Report

Each year the UWCM Foundation renews its challenging commitment to raise funds to support higher education, and women in need in our community. Thankfully, our members, friends and supporters continue to value this mission. Our main fundraising event, held June 3, proved to be both a financial and a uniquely entertaining success. We were truly captivated by the National Circus School of Canada graduates: tumblers, jugglers and clowns delighted us. Gravity-defying aerial performers mesmerized us. We all left TOHU in awe!

The 2015–2016 Foundation Fundraising Committee raised a total of \$12,000 and the Foundation Trustees distributed funds as follows:

\$5,000 Concordia University	\$1,000 Betsy Barber Fund
\$1,000 Atwater Library	\$1,000 Auberge Madeleine
\$1,000 Auberge Shalom	\$1,000 Chez Doris
\$1,000 Elizabeth House	\$1,000 Native Women's Centre of Montreal

I wish to thank both the Fundraising Committee members and the Foundation Trustees for their enthusiasm and splendid work. And a heartfelt thank-you goes to all who contributed!

My best wishes to Liz Annesley and Donna Jensen, who will co-lead the 2016–2017 Foundation.

Sincerely,
Dominique Racanelli
2015–2016 Foundation President



INTEREST GROUPS

Welcome back!

As usual, the September dinner meeting will feature our interest groups – a vital aspect of the club. Sign-up sheets for each group will be available for you to enrol. Go for one or more!

You might also like to start a new interest group or organize a one-time activity. Do you play bridge? Read and enjoy sharing books? Want to know more about community affairs? Have some advice on getting back in shape? Do you have an interest or hobby that would appeal to other members? We would love to add new interest groups, and take advantage of our underutilized Coach House.

Being a convenor offers a way to meet and interact in a more intimate setting with others who have a common interest. You need only contact me to discuss a desired time and meeting place for the activity, then organize to meet, on average, once a month. Please call or email me today to get things started!

Valerie Markham
 Interest Group Coordinator

ARTS & ETC.

Thursday, September 15, 11:30 am

Miniaturized North American Trees

Botanical Gardens (we meet at the main entrance)

\$15.50 adults, \$14.50 seniors

\$4.00 discount with Montreal Access card

The miniature trees presented at Frédéric Back Tree Pavilion are, for the most part, native to North America. You will recognize some familiar species like crab apple, fir, weeping willow, grey pine, sumac and even Virginia creeper! Contact convenor Dominique Racanelli to register.

SUPPER CLUB

**CONVENOR
NEEDED!**

Someone needs to step into the shoes of long-time member Gloria Ménard, who is no longer available to organize this interest group. Each month for 13 years, Gloria found different interesting Montreal-area restaurants to patronize. It could help you get out, meet new people, and enjoy stimulating conversations. Why not be our convenor? Contact Valerie Markham today!

TRAVELS WITH MY AUNT

Wednesday, September 28, 7:00 pm (Coach House)

We will meet as usual, this time to share — or hear — stories about travels in Croatia. Convenor: Valerie Markham

Women's Canadian Club of Montreal

Tuesday lectures monthly, Victoria Hall, Westmount
 Light lunch \$5: 11:15 am Lecture \$10: 12:30 pm

September 20 *Volunteerism: Local and Global*

Beth Symansky, Centre Greene Executive Director,
 and Diane Bussandri, Habitat for Humanity
 Team Leader

October 18 *History and Reconciliation:*

Some Lessons from Duncan Campbell Scott



Mark Abley, poet, journalist, editor and
 non-fiction writer

November 15 *There Are Drones in Your Future*

Matthew Zoern, Director/Founder, FPV Montreal



EVENTS CALENDAR – SEPTEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4		6	7	8	9	10
11	12	13	14 BOD meeting	15 Arts & Etc.	16	17
18	19	20	21 Dinner meeting	22	23	24
25	26	27	28 Travels With My Aunt	29  Centraide's March of 1000 Umbrellas	30	

WINE TASTING
Monday, October 17

MCW/CFM

Woman of the Year

The Montreal Council of Women invites you to nominate a woman who:

- has contributed to bringing awareness to the problem of suicide
- has contributed through her actions and initiatives toward the prevention of suicide
- has helped to identify risk factors for prevention
- has been a source of inspiration and motivation to her community

Submission deadline: October 22, 2016

For more information, contact Isabelle Godefroy.

Treating Cancer Survivors

Treating Vulnerable Populations of Cancer Survivors: A Biopsychosocial Approach,
Tanya R. Fitzpatrick, Ph.D., MSW, RN (ed.)

One of our newer members, Tanya Fitzpatrick has published a book that presents conceptual and practical information on treating cancer survivors at risk of being underserved.

Spotlighting a diverse group of ethnic and other demographic populations surviving diverse forms of cancer, this book models the assessing of needs and the developing of strategies to meet them.



CFUW AGM 2016



CFUW Certificate of Recognition awarded to the UWCM for recently having one of the top three resolutions passed. Accepting the award from Terry Shaw (left), CFUW VP of Advocacy, is Brenda Shanahan (centre) and Dominique Racanelli (right).



From left: Past president Dominique Racanelli (new CFUW VP for Quebec), Lakeshore's Jane Cowell Poitras (new English Regional Director for Quebec) and our new Vice-President, Saôde Savary.

This year's national annual general meeting took place from June 23 to 25 in St. Catharines, ON. Our club was represented by Maya Bergeron-Métivier, Saôde Savary, Brenda Shanahan and Dominique Racanelli. At the meeting, the proposed amendment (discussed at our AGM in May) to withdraw from Graduate Women International (GWI), formerly known as International Federation of University Women (IFUW), as a National Federation or Association (NFA) member was defeated.

A detailed report will be coming from Maya and Saôde, but essentially all attendees engaged in thoughtful and vigorous debate over the amendment put forward initially by CFUW St. Thomas. The amendment failed, with 55 percent voting to withdraw (a two-thirds majority was required to pass).

However, a motion regarding directives for CFUW delegates to the August GWI Triennial in Cape Town, South Africa, was presented and passed by an 81-percent vote of support. The motion was as follows:

1. The voting delegation will support the candidates nominated by CFUW.
2. The voting delegates will support CFUW positions.
3. The delegation will reject the resolution, as written, for the fee increase.
4. The CFUW President and VP International Relations will be given authority to caucus with delegates.
5. The CFUW Delegation, operating with the caucus direction, will be given discretionary leeway to vote collectively in the best interests of CFUW.

Summer Garden Tea Party

I climbed the stairs
 In frock and hat
 To sit on a terrace
 For a friendly chit-chat.

From elegant china
 I sipped my tea
 Poured from a silver pot
 With a long history.

Midst flowers galore
 A breeze on my face
 I felt I was in
 A heavenly place.

Thank you, Pam, for hosting
 UWCM members.

Miriam Roland



Standing from left:
 Miriam Roland,
 Carmelita Rasquinha,
 Marsha Sklar, Judy Mowat

Seated from left:
 Lauretta Alexander,
 Bev Rowat, Liz Annesley,
 Johanne Desrochers

Front from left:
 Pam Georges, Zofia Laubit

Newsletter Editor:
 Donna Jensen

Copy-editing and
 proofreading services:
 Zofia Laubit



MEMBERSHIP

Say "Hello" to someone you don't know! At this month's dinner meeting, after catching up with fellow members and friends, please also give a warm welcome to a new or unfamiliar face.

Be a friend, bring a friend! You might know someone who would like to join our club, and the September meeting is an ideal time to introduce her to our program, our activities and our members.

Ask past members to come back! Contact past members to suggest that they might like to rejoin. You can be our best recruitment tool!

Membership Directory has been sent out. All members were emailed an updated Membership Directory last June (hard copies were mailed to those few members who do not own a computer).

Important: Please take note of changes mentioned in newsletters throughout the year, as another updated directory will not be sent out until next June.



Let's do this right!

Anelia Wright
 Membership Chair

Advocacy and Community Affairs



**March of 1000 Umbrellas —
 Thursday, September 29, 11:30 am**

Centraide will launch its annual fundraising campaign with the March of 1,000 Umbrellas through downtown Montreal. We hope that you will join us when we meet at 11:30 am on the southwest corner of McGill College and de Maisonneuve to demonstrate our commitment to the fight against poverty. Don't forget your UWCM umbrella!

Missing, Murdered Aboriginal Women and Girls

The federal government recently announced the details of its two-year inquiry, to commence on September 1st at a cost of more than \$50-million. It will examine the root causes why 1,181 indigenous women and girls ended up missing or murdered in Canada and will study how to end this violence. Five commissioners will head the inquiry, with Marion Buller (British Columbia's first female First Nations judge) being chief commissioner. It is hoped this will bring justice, healing and closure.

Rhonda Schanfield
 Advocacy and Community Affairs

Membership Directory

Please give a warm welcome to new member:

- JANE GLENN

And a warm welcome back to:

EARLYN SHARPE

UPDATE YOUR DIRECTORY TODAY!

Highlights of latest board meetings

- Decided this year's tasks, duties, signing officers and distributed Coach House keys.
- Discussed CFUW St. Catharines AGM.
- Set dinner and board meeting dates.
- Discussed publicity requirements and our social-media presence.